

Earn **FREE** contact hours for your upcoming certification renewal

MAINE YOUTH THRIVING

Supporting Children, Families, and Communities to Thrive:
Promoting Positive Childhood Experiences and Resilience

Early Child Care and Public/Private-School Educators Caring for Children Birth-8

Maine Youth Thriving is hosting free in-person and virtual (via ZOOM) professional development for Early Child Care, Pre-K, and Public/Private-School providers across Maine. *Supporting Children, Families, and Communities to Thrive: Promoting Positive Childhood Experiences and Resilience* will bring together Early Childhood, Pre-K and Public/Private-School Educators to participate in programs during 2023-2025.

Two contact hours are available for each session.



The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development

Join this training to gain a comprehensive understanding of how both adverse and positive childhood experiences sculpt the foundation of individual development and uncover the transformative potential of PCEs in nurturing the children you work with.



Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers

Join this training to explore stress impact and address compassion fatigue by developing strategies that promote resilience and reconnect you with the "why" of your work.



Please contact Maine Youth Thriving (MyT) at training@maineresilience.org if there is interest to partner with MyT to plan an in-person professional development program for educators and early child care providers serving birth to eight years old in your communities or county.

maineresilience.org



Scan to Register

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**REGISTER
NOW**

maineresilience.org

Date/Time	Program and Registration Link
Monday March 10, 6-8pm	<u>Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers</u>
Wednesday May 9, 6-8pm	<u>The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development</u>
Wednesday May 28, 6-8pm	<u>Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers</u>
Tuesday October 7, 6-8pm	<u>The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development</u>
Tuesday October 21, 6-8pm	<u>Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers</u>



FREE virtual professional development for Early Child Care, Pre-K, and Public/Private-School providers serving children across Maine.

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THE IMPACT OF EXPERIENCE

COMPASSION FATIGUE

may 7 6-8pm
oct 7 6-8pm

mar 7 6-8pm
may 28 6-8pm
oct 21 6-8pm



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