

## Approaches to Learning (Indicators for 34 - 48 months)

### Mindset

#### a. Engagement

- ☐ Eagerly chooses to be involved in a variety of tasks and activities.
- ☐ Has capacity to maintain involvement and concentration for a meaningful period of time.

#### b. Persistence

- ☐ Engages in a variety of activities through a play period.
- ☐ During times of distraction, maintains concentration with increased focus.
- ☐ Can increasingly work through challenges and frustrations in play with adult support.
- ☐ Sees simple tasks through to completion.
- ☐ Begins to set goals, develop plans, and complete tasks.

#### c. Initiative

- ☐ Shows interest in how and why others do things
- ☐ Assists adults with daily tasks.
- ☐ Expresses interest in a widening range of topics and ideas.
- ☐ Demonstrates ability to make independent choices.

#### d. Curiosity

- ☐ Begins to discover and investigate ideas, task, experiences that interest and amaze them.
- ☐ Uses senses to gather information and understanding about materials and ideas.
- ☐ Asks questions "What would happen if..."
- ☐ Tries new ways to accomplish tasks.
- ☐ Describes what has learned from an activity.
- ☐ Explores a variety of materials and experiences.

### Executive Function

#### a. Reflection

- ☐ Notices changes and accomplishments from experimentation and trial and error.
- ☐ Increasingly applies learning from prior experiences and understanding to new learning situations.
- ☐ Makes predictions about what will happen next.
- ☐ Explains part or all of the problem and the exploration to adults or peers.

#### b. Problem- Solving

- ☐ Recognizes when something might be a problem or challenge.
- ☐ With prompting and support begins to solve a problem.
- ☐ Begins to use appropriate communication or action when conflict arise.



### **c. Flexibility**

- ☐ Generates and shares ideas during social interactions and dramatic play.
- ☐ Accepts more than one solution to a question, task, or problem.
- ☐ Seeks guidance from adults and/or accepts suggestions to try different approaches and solutions to tasks, problems and interactions with peers.
- ☐ Can adjust emotions and behavior to changes.

## **Creativity, Invention, and Imagination**

### **a. Visual Arts**

- ☐ Uses self-selected materials to engage in art experiences.
- ☐ Shares art materials and space. Begins to work collaboratively with peers on artworks.
- ☐ Uses color, lines and shapes to represent and express ideas.
- ☐ Uses and explores art materials to stimulate the senses. Uses sensory information to create works of art.
- ☐ Explores a variety of art elements and materials to represent creative thought, life experiences and real things in the environment.
- ☐ With support talks about creative process.
- ☐ Begins to identify artwork to be shared with others.
- ☐ With support begins to make comments or share observations of the art expression of others.
- ☐ Explores multicultural art styles and materials.

### **b. Movement and Dance**

- ☐ Participates in a variety of rhythmic and creative movement experiences.
- ☐ Develops increasing body control, body awareness during creative movement.
- ☐ Begins to connect body movements to music, song or creative ideas.
- ☐ Begins to participate in group movement/dance.

### **c. Music**

- ☐ Claps hands to keep the beat to a song.
- ☐ Participates in slow and fast tempo as well as low and high sounds.
- ☐ Participates with simple songs that have a rhythm and pattern.
- ☐ Imitates sounds that demonstrate musical awareness.
- ☐ Experiments with a variety of musical instruments.

### **d. Dramatic Play and Expression**

- ☐ Begins to use inanimate objects to represent real life objects (e.g., uses banana as a phone).
- ☐ Begins to role play real life experiences (e.g., pretend to listen to your heart).
- ☐ Mimics: movement, sounds and expressions of real-life experiences.
- ☐ Imitates repeated verses in stories.

