



CHILD NUTRITION PROGRAMS **FARM & SEA TO SCHOOL**

Presented by:

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Farm & Sea to School Coordinator



Agenda

- ✓ Harvest of the Month
- ✓ Fishermen Feeding Mainers
- ✓ Additional F&STS Resources



Where can schools purchase local foods?

- Directly from the farmer/producer
- Cooperative
- Food Hub
- Local food processor
- Food distributor

Make sure you are sourcing from a reputable producer!



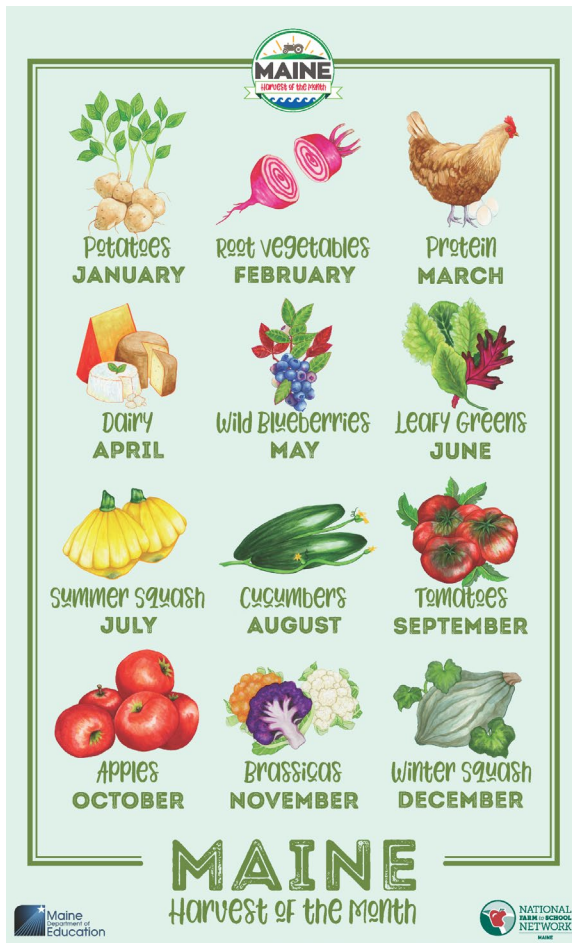
CHILD NUTRITION PROGRAMS **HARVEST OF THE MONTH**



Maine Harvest of the Month



Harvest of the Month (HOM) is a nationwide marketing campaign that promotes the use of seasonally available, local products in schools. Each month, a different local product is highlighted, and participating schools pledge to serve the product and promote it through educational materials and activities.



Join Maine Harvest of the Month (HOM)!

You are pledging to:

- Serve the local HOM product at least 2x per month
- Display HOM materials provided by DOE Child Nutrition
- **Encouraged:** HOM themed/related events: taste tests

In return you receive:

- Monthly Toolkits including:
 - Posters
 - Fact and recipe sheets
 - Stickers
- Monthly Newsletter email
- Additional resources & support from Farm & Sea to School Coordinator

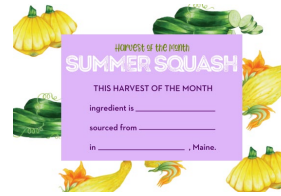
HOM Toolkits



Posters!



Source cards!



Fun fact sheets with recipes!



Plus, stickers!



Maine Harvest of the Month

- Great way to promote locally sourced ingredients throughout the school year!
- Engage with students/families
- Low barrier introduction into Farm & Sea to School
 - Serve local ingredient only twice a month!

Printable HOM Materials

On our [Farm & Sea to School Webpage!](#)



Harvest of the Month Resources

Recipes Resources
[Gulf of Maine Research Institute Sea to School Toolkit](#)
[Vermont's New School Cuisine Cookbook](#)

Educational Resources
[Curriculum Materials](#) | [Maine Ag in the Classroom](#)

For Harvest of the Month recipes and culinary videos
visit [Recipes and Videos from the Culinary Classroom](#)



Milk
[Maine Dairy Poster](#)
[Maine Dairy Fact Sheet](#)
[Maine Dairy Recipes \(at-home yield\)](#)
[Maine Dairy Recipes \(school yield\)](#)
[Maine Dairy Meal Tray](#)
[Maine Dairy Source Card](#)
[Maine Dairy Social Media Promotion 1](#)
[Maine Dairy Social Media Promotion 2](#)



Blueberry
[Maine Wild Blueberry Poster](#)
[Maine Wild Blueberry Fact Sheet](#)
[Maine Wild Blueberries Recipes \(at-home yield\)](#)
[Maine Wild Blueberries Recipes \(school yield\)](#)
[Maine Wild Blueberries Meal Tray](#)
[Maine Wild Blueberries Source Card](#)
[Wild Blueberry Social Media Promotion](#)
[Wild Blueberry Social Media Promotion 2](#)



Leafy Greens
[Maine Leafy Greens Poster](#)
[Maine Leafy Greens Fact Sheet](#)
[Maine Leafy Greens Recipes \(at-home yield\)](#)
[Maine Leafy Greens Recipes \(school yield\)](#)
[Maine Leafy Greens Meal Tray](#)
[Maine Leafy Greens Source Card](#)
[Maine Leafy Greens Social Media Promotion 1](#)
[Maine Leafy Greens Social Media Promotion 2](#)
[Italian Pizza Roll-ups](#)

Pledge Today!

- [Fill out our pledge form](#)



MAINE Harvest of the Month School Year 2025

THESE CHILD NUTRITION PROGRAMS HAVE MADE THE PLEDGE TO HARVEST OF THE MONTH!

- Auburn Public Schools
- Blue Hill Public Schools
- Brunswick Public Schools
- Cherryfield Public School
- Community Concepts
- Community Regional Charter School
- Easton Public Schools
- Ellsworth Public Schools
- Glenn Stratton Learning Center
- Harmony Elementary School
- Kittery Public Schools
- Lewiston Public Schools
- Lisbon Schools
- Love and Laughter Daycare
- Madawaska Public Schools
- Maine Academy of Natural Sciences
- Milestones Preschool and Childcare
- Mis Primeros Pasos
- MSAD 1/RSU 78
- MSAD 27
- MSAD 33
- MSAD 52
- MSAD 75
- Playful Pines
- RSU 10
- RSU 11
- RSU 12
- RSU 14
- RSU 19
- RSU 2
- RSU 3
- RSU 38
- RSU 49
- RSU 57
- RSU 60
- RSU 67
- RSU 89
- RSU 9
- Sanford School Department
- SeDoMoCha
- South Portland Public Schools
- Wells-Ogunquit CSD
- West Bath Public Schools
- Westbrook Public Schools
- York County Community Action Corp. Head Start and Early Head Start
- York Public Schools





CHILD NUTRITION PROGRAMS **FARM & SEA TO SCHOOL**

Fishermen Feeding Mainers

Fishermen Feeding Mainers



- **Fishermen Feeding Mainers (FFM)** is a program that is coordinated in partnership with Maine Coast Fishermen's Association.
- FFM provides direct financial relief to fishermen by helping them supply schools and families in need with healthy Maine seafood.



How the program works:

- FFM provides schools and CACFP sponsors with **FREE** Maine caught fish!
 - Flaky white fish (i.e. hake, monkfish, cod)
 - Received frozen
- Pickup is in Portland– sometimes at short notice!
- You can sign up to be notified when free fish is available via email by visiting the [Farm and Sea to School Child Nutrition webpage.](#)

Child Nutrition Farm & Sea to School Webpage

- Includes recipes, videos, and additional HOM resources



Farm & Sea to School

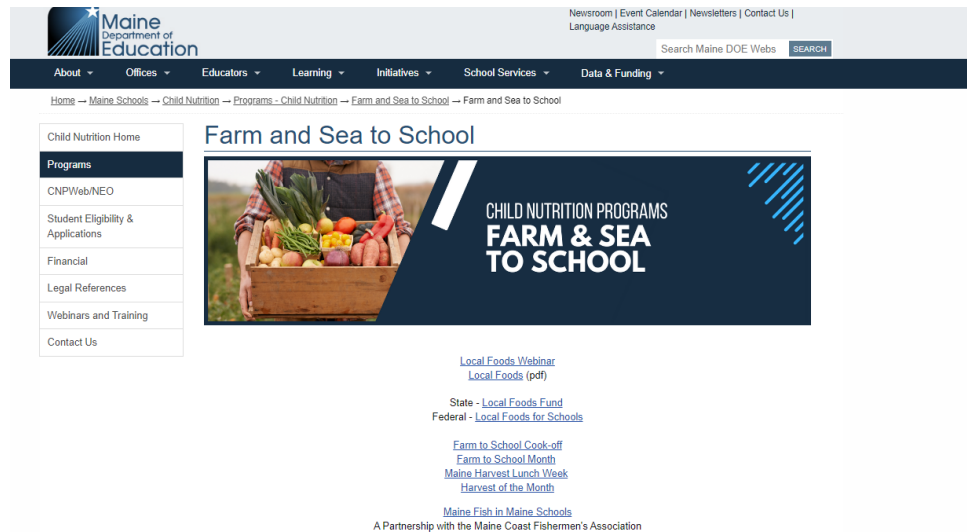
The Farm and Sea to School Program promotes the use of Maine-grown, raised, and caught ingredients in delivering meals to students throughout the state. Harvest of the Month program information is found [here](#).

[State Local Foods Fund](#)

[Federal Local Foods Fund](#)

[Maine Fish in Maine Schools](#)

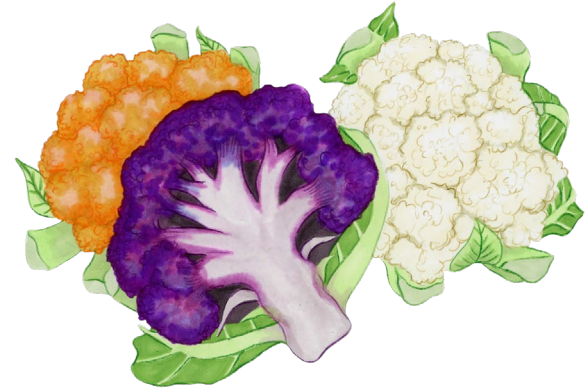
[Farm & Sea to School](#)



The screenshot shows the official website for the Farm and Sea to School program. At the top is the Maine Department of Education logo and a navigation bar with links like 'About', 'Offices', 'Educators', 'Learning', 'Initiatives', 'School Services', and 'Data & Funding'. Below the navigation bar is a breadcrumb trail: 'Home — Maine Schools — Child Nutrition — Programs — Child Nutrition — Farm and Sea to School — Farm and Sea to School'. The main content area features a large banner with the text 'CHILD NUTRITION PROGRAMS FARM & SEA TO SCHOOL' over an image of a vegetable crate. To the left of the banner is a sidebar menu with links: 'Child Nutrition Home', 'Programs', 'CNPWeb/NEO', 'Student Eligibility & Applications', 'Financial', 'Legal References', 'Webinars and Training', and 'Contact Us'. Below the banner, there are several links for resources: 'Local Foods Webinar', 'Local Foods (pdf)', 'State - Local Foods Fund', 'Federal - Local Foods for Schools', 'Farm to School Cook-off', 'Farm to School Month', 'Maine Harvest Lunch Week', 'Harvest of the Month', and 'Maine Fish in Maine Schools'. At the bottom, it states 'A Partnership with the Maine Coast Fishermen's Association'.

Other Farm & Sea to CACFP Resources

- [Maine Farm to Early Care & Education](#)
 - Free Online Training!
- ASPHN
 - [Farm to ECE Monthly Update](#)
 - Monthly Farm to ECE Webinars



Questions?

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