## **Eligible Local Foods**

Maine Department of Education, Child Nutrition

		Eligible:		
		LFF (State)	LFS (Fed)	
Category	Food	Grown <b>OR</b>	Grown <b>AND</b>	Both LFF and
,	1000	Produced in	Produced in	LFS
		ME	ME	2.0
Dairy	Value-added dairy (Cheese, yogurt, sour cream)		=	
Dairy	Fluid milk	Х		Х
Grain	Pizza dough		Х	Х
Grain	Rice, pasta			
Other	Beans & legumes			
Other	Honey & maple syrup			
Other	Marinara			
Other	Processed and value-added foods	***	X	X
Produce	Minimally processed foods			
Produce	Fruits and vegetables (whole, cut, pureed)			
Produce	100% Juice (pasturized)			
Protein	Apple cider (pasturized)			
Protein	Tofu & tempeh		X	X
Protein	Livestock (whole animals for slaughter) ^		X	X
Protein	Beef and pork (ground, patties, steaks) ^			
Protein	Processed meat (hot dogs, sausages) ^	***	X	X
Protein	Poultry (Boneless or bone-in) ^			
Protein	Fresh or frozen fish			

## Key:

\*\*\* eligible if it is on approved processor list

eligible product

ineligible product

^ All meat and poultry must be slaughtered in a USDA or State inspected slaughterhouse.

This is not an exhaustive list.

Please reach out to

Katie.Knowles@maine.gov

with any questions!