Sponsor Site Monitoring Form for Adult Day Centers

Date of visit	Time of visit	Un	Unannounced? Yes No	
1. Center Name				
2. Address				
3. List any problems				
4. License #				
5. Capacity	6. Days/Hours	of Operations		
7. "And Justice For A	all" flyer posted? Yes No			
8. Meals served: (circ	cle all that apply) Breakfast -	AM Snack - Lunch - PM Snack	- Supper - Evening Snack	
9. Daily dated menu	posted? Yes No 10. 1	Meal Patterns meets USDA requ	nirements? Yes No	
11. Meal Observed (c	rircle/fill in meal observed)			
Breakfast	Lunch	Snack (AM, PM, E)	Supper	
12. Observed meal m	atches posted menu? Yes No			
13. Meal served at tin	me listed on Application? Yes	No		
14. Portion Menus co	impleted before meal was prepar	red and served? Yes No		
How did the c	cook know how much to prepare	?		
Was there eno	ough food prepared to meet the c	quantities needed for all participa	ants? Yes No	
15. Complete IEF's/	Enrollments up to date/on file fo	or each participant, including R/	E? Yes No	
16. Medical statemen	ts on file for all food substitution	ns related to medical/special die	tary needs? Yes No	
17. Are written reque	ests on file for milk substitutions	s related to special dietary needs	? Yes No	
18. Was an accurate I	Point of Service meal count take	en at this Center meal? Yes No)	
19. Number of partici	ipants served at meal observed_	Number claimed	_ (if different)	
20. Insert /Complete	a 5 - day reconciliation sheet			

21. Do the meal counts for the previous 5 days appear reasonable when compared to today's count? Yes No						
22. The last three monitoring visits were dated: and						
23. Was training in CACFP related requirements completed in the past year for all applicable staff? Yes No						
Last training date:						
24. Was fat free or 1% milk served? Yes No						
25. Was potable water made available to participants? Yes No						
26. Are all meals, services and facilities available to all enrolled participants without regard to race, color, national origin, sex, age, or handicap? Yes No						
Food Safety:						
27. Appropriate hand washing procedures followed by staff? Yes No						
28. Sanitary procedures followed in all aspects of food service? Yes No						
a. Kitchen kept clean at all times? Yes No b. Garbage cans covered and emptied regularly? Yes No						
c. Describe procedure for sanitizing dishes and utensils						
d. Cold storage 40 degrees or below? Yes No e. Freezer storage 0 degrees or below? Yes No						
f. Hot food checked for correct temperatures before serving? Yes No						
g. Meal areas and surfaces cleaned before the meals? Yes No						
h. Are meals served proportioned or family style? Yes No						
Meal Pattern Requirements:						
1. Was whole grain specified on the menu and served at least 1 time per day? Yes No (WG foods must contain 100 percent whole grains or at least 50 percent whole grains and the remaining grains in the food are enriched)						
2. Was the type of milk specified on the menu? Yes No						
3. Were grain-based desserts served? Yes No						
4. Did all cereal meet the 6 grams or less of added sugars per dry ounce requirement? Yes No						
5. Was one fruit and one vegetable or two vegetables served at lunch and supper? Yes No						

- 6. Was protein served more than three times per week in place of grain at breakfast? Yes No
- 7. Did all yogurt meet the 12 grams or less of added sugars per 6 ounces serving requirement? Yes No
- 8. Was juice served more than one time each day? Yes No

Ounce Equivalents (Oz. Eq.) Requirements:

- 1. Has the center implemented the use of Oz. Eq. to measure grains? If the answer is "yes", answer all questions below. Yes No
- 2. How many different grain items were/will be served during the day of the monitoring visit?
- 3. List the name of each <u>different</u> grain item served during the day of the monitoring visit. Include the entire product name (e.g., "Pepperidge Farm Whole Grain 100% Whole Wheat Bread, 24 oz. Loaf"), the number of servings per container/package from the Nutrition Facts Label (e.g., "14 servings"), the serving size and weight from the Nutrition Label (e.g. "1 slice; 49 grams"), and the amount served.

Date	Product Name	Servings/package	Serving size/weight	Amount served/age group
E.G. 3/18/22	Hannaford Whole Grain 100% Whole Wheat Bread 24 oz	16 servings	1 slice=43g	1 ½ - 2 slices [In this example, 1 (43g) slice of bread provides 1.5 oz eq grains. Therefore, ½ slice= ¾ oz eq grains.]

Explain grain item disallows and technical assistance provided:	
List any problems/findings/ found on this Center visit:	
Based on these findings, is a follow-up visit warranted? Yes No	
Sponsor/Monitor Signature:	Date:
Center/Director Signature:	Date: