

Center:		50 SNACK IDEAS			
All juices served are 100% juice. All hot dogs/luncheon meat is 100% meat. NOTE: Raisins and nuts can be a choking hazard to young children					
<b>AM , PM or EVENING</b>	milk	peanut butter	mandarin oranges	biscuits	milk
<b>SUPPLEMENTS:</b>	dry cereal	toast	raisin bran mini muffin	peanut butter & jelly	1/2 bagel with cream cheese & blueberry spread
<b>CHOOSE TWO FROM</b>	milk	string cheese	pretzels	turkey with	Day Care Party Mix
<b>THE FIVE GROUPS:</b>	canned pears	100% apple juice	carrot sticks w/ ranch dressing	lettuce & tomato rollup	(raisins/Chex cereal)
<b>FLUID MILK</b>	melted cheese	grapes	Ritz	apples	Ants on a Log
	oven fried potatoes	banana bread	cucumbers	peanut butter	raisins, peanut butter & celery
<b>FRUIT</b>	yogurt	peaches	banana	frozen grapes	cheese & bean
	strawberries	graham crackers	crushed corn flakes	animal crackers	quesadillas
<b>VEGETABLE</b>	tortilla chips	pumpkin bread	Graham Smackers	cheese bread sticks	fruit and cheese kabobs
	black bean salsa	raisins	(graham crackers, peanut butter & fruit slices)	baby carrots	
<b>MEAT/MEAT ALTERNATE</b>	sweet potato oven fries	blueberries	pasta with	bean dip	pancakes
	milk	yogurt	broccoli trees	taco chips	applesauce
<b>BREAD</b>	cheese and pizza sauce	deviled eggs	string cheese	tuna salad	orange slices
	on 1/2 English muffin	Wheat Thins	apple slices	celery sticks	cheese cubes
	cinnamon toast	1/2 cheese sandwich	pineapple chunks	granola	peaches
	fruit cocktail		mini muffin	banana slices	rice with cinnamon
	oatmeal	Monkey Roll-up	soft pretzels	cottage cheese	raisin toast
	raisins	(tortilla, peanut butter & banana)	orange juice	Saltines	pear slices
	hot dog	milk	vegetable kabobs	tuna wrap	macaroni
	hot dog bun	baked apple	cornbread	melon	pasta sauce

