

SCHOOL _____

STUDENT TRAINING PLAN FOR COOPERATIVE EDUCATION

INSTRUCTOR _____ PHONE NUMBER _____

STUDENTS NAME:

ADDRESS:

TOWN: STATE: Me. ZIP:

SOCIAL SECURITY NO:

PARENTS NAME:

CIP CODE: 51.1614 Nurse Assistant

GENERAL GOALS FOR THE STUDENT LEARNER: AN INSTRUCTIONAL PROGRAM THAT PREPARES INDIVIDUALS TO PERFORM ROUTINE TASKS UNDER THE SUPERVISION OF A REGISTERED OR LICENSED PRACTICAL NURSE IN PROVISION OF PERSONAL CARE TO INDIVIDUALS WHO ARE RECEIVING NURSING CARE.

OBJECTIVES TO BE COMPLETED BY THE STUDENT LEARNER:

THE CNA POSITION IS ONE WHICH REQUIRES A BASIC PREPARTATION TO PERFORM ASSISGNEED PATIENT CARE ACTIVITIES AND RELATED NON PROFESSIONAL SERVICES THAT ASSIST REGISTERED PROFESSIONAL AND LICENSED PRACTICAL NURSES TO CARE FOR THE PERSONAL NEEDS AND COMFORT OF PATIENTS.THE CNA IS EXPECTED TO MEET STANDARDS OF QUALITY DELIVERY OF CARE, CLINICAL COMPETENCE, COST EFFECTIVENESS, AND PERSONAL COMPETENCE.

SKILLS THE STUDENT LEARNER SHOULD ACQUIRE DURING HIS/HER TRAINING PROGRAM:

1. MEETS ALL THE MANDATORY EDUCATION REQUIREMENTS
2. UTILIZES PROPER BODY MECHANICS
3. ANSWER SIGNAL LIGHTS AND BELLS PROMPTLY.
4. BATHES AND CARES FOR PATIENTS PERSONAL NEEDS WITH LINEN CHANGES.
5. SERVES MEALS, NOURISHMENT, AND SNACKS, INCLUDING POSITIONING PATIENTS.
6. PASSES FRESH WATER AND FEEDS PATIENT.
7. HELPS TO TRANSPORT AND DISCHARGE PATIENTS.
8. TAKES VITAL SIGNS-TPR, BP. ALERTS RESPONSIBLE R.N. ON VARIATIONS.
9. PERFORMS BACK CARE, RUBDOWNS, ETC. AS DIRECTED.
10. INITIATES ADMISSION
11. ASSIST PATIENTS TO DANGLE, OOB, ON TO STRETCHER, COMMODE OR CHAIR AND AMBULATE.
12. MEASURE AND RECORD INTAKE AND OUTPUT, TOTAL EACH TO INCLUDE FOLEY CATHETER AND HEMOVACS.
13. OBTAIN SPECIMENS-URINE, STOOL, VOMITUS, AND SPUTUM.
14. ASSISTS WITH ISOLATION PROCEDURES.
15. HELP WITH DYING PATIENTS AND AFTER CARE.
16. CLEANS DISCHARGE UNITS.
17. WEIGH AND MEASURE PATIENT.
18. RESPONSIBLE FOR GENERAL CLEANLINESS OF THE UNIT.

SAFETY FEATURES THE STUDENT SHOULD KNOW ABOUT HIS/HER PLACE OF
EMPLOYMENT:

1. PROPER USE AND LOCATION OF PROTECTIVE EQUIPMENT (GLOVES, MASKS, GOWNS)
2. FIRE EXTINGUISHERS
3. FIRE DOOR EXITS
4. HOW TO DIAL MAINE GENERAL MEDICAL CENTER EMERGENCY PHONE NUMBER. (21222)
5. MISC. EMERGENCY PHONE NUMBERS
6. PHYSICAL REQUIREMENTS:

LIFTING, TWISTING, BENDING AND ENERGY REQUIREMENTS ARE MODERATE AS DEFINED
BY JOB INTERPRETATION REPORT. GROSS DEXTERITY WITH INFREQUENT FINE MOTOR
MOVEMENT. FREQUENT EXPOSURE TO INFECTION. ABILITY TO SEE, HEAR, AND SPEAK
CLEARLY. MODERATE LIKELIHOOD OF TRAUMATIC INJURY AND TOXIC EXPOSURE.