

Aaladda Horey-uga-Baarista Cudurka COVID-19 ee Loogu Talagaly Ka Xaadirka Dugsiga



24kii saac ee la soo dhaafay gudahhood miyay qandho ku qabatay (100.4 iyo wixii ka sarreeya*) ama ma isticmaashay daawo qandhada jabisa?

Haa = (calaamadda isla-egta)



Ma ku hayaa midkoodna astaamaha badanaa lagu yaqaan? (eeg liiska astaamaha COVID-19)

Haa = (calaamadda isla-egta)



Ma la yeelatay xiriir dhow qof qaba COVID-19?

Haa = (calaamadda isla-egta)



Miyaad u safartay meel ka baxsan gobolka 14kii maalmood ee la soo dhaafay?

Haa = (calaamadda isla-egta) La Xiriir Dugsigaaga

Guriga joog haddii aad jawaab HAA ah ka celisay midkoodna su'aalaha kore AMA laba ama in ka badan kuwa "kale" ama "aan inta badan lagu aqoon" ee ku taxan dhinaca midigta.

Dugsiga aad markay jawaabahaaga oo dhani yihiin MAYA. Wac ama arag kalkaalisada dugsiga ama qof kale oo u magacaaban dugsiga haddii aad wax su'aalo ah qabto.

Astaamaha badanaa lagu yaqaan Covid 19:

Qufac

Neef ku yaraan

ama neefsashada oo dhib noqota

Qandho (100.4 ama ka badan)*

Astaamaha Kale

Qadhqadhyo

Murqo xanuun

Cune xanuun

Ka tagid dhadhan ama wax urin oo cusub

Astaamaha Aan Badnayn:

Lalabbo ama matagid

Calool xanuun

Shuban

Daal

Madax xanuun

Firiiric

Barar ama casaan ah gacmaha/cagaha

Indhaha casaan/indhaha oo da'a

Laabta ama sanko oo xirma/

sanko oo siinku ka dareero

**Qandhada oo noqota 100.4 goobtay doonto ha laga cabbire (afka, dhafoorka).*