

CHILD PORTION MENU INSTRUCTIONS NEW MEAL PATTERN

1. Document the type of milk served using the abbreviations listed under milk in the far left hand column. (e.g. UWM means unflavored whole milk and FSM means flavored skim milk).
2. Specify the cereal that is served (e. g. corn flakes).
3. One grain item per day must be whole grain rich. Write the letters WG beside of the whole grain rich item.
4. Children 1 and 2 years of age are in Category A, and the meal pattern for that group is listed in the minimum serving / 1 and 2 years column.
5. Children 3 through 5 years of age are in Category B, and the meal pattern for that group is listed in the minimum serving / 3 to 5 years column.
6. Children 6 through 12 years of age are in Category C, and the meal pattern for that group is listed in the minimum serving / 6 to 12 years column.
7. List the number of children in each category that were served each component.
8. There is a box (in the row below the days of the week) for monitors/menu reviewers to check if a provider serves meat/meat alternate to replace the entire grain component at breakfast more than 3 times per week.