

# Fruit Smoothie

Breakfast

SERVING SIZE: 3/4 Cup

NUMBER OF SERVINGS: 100

MEAL PATTERN CONTRIBUTION: 1/2 oz eq M/MA + 1/2 cup Fruit

## Ingredients and Instructions

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Yogurt

12 Pounds 8 Ounces

Fruit, IQF frozen, thawed

3 Gallons 2 Cups

Vanilla, optional

To Taste

1. Combine all ingredients in a large container
2. Using an immersion blender mix until smooth and creamy
3. Portion into cups for service

**\*\*CACFP Operators: Fruit and vegetable smoothies may be credited only once per day toward a reimbursable meal or snack in the CACFP because the fruit and vegetable in the smoothies credits as juice, which may only be served once per day in reimbursable CACFP meals and snacks.**