SERVING SIZE: 1 wrap

2 oz eq grain, 1oz eq m/ma, ½ cup fruit

**Breakfast Sushi from: forwardfood.org**

**BREAKFAST**

YEILD: 50 Servings

**Ingredients and Instructions**

**Whole Grain Tortillas (2 oz eq) 50 Each**

**Nut or Seed Butter 1.5 Quarts**

**Bananas 50 Each**

**Granola (optional) 3 1/8 Cups**

**1. Spread 2 Tbsp of nut/seed butter on each tortilla**

**2. If using granola sprinkle 1 Tbsp over the nut/seed butter**

**3. Place one whole peeled banana at the end of the tortilla and roll the banana in the tortilla**

**4. Cut into sushi style coins**