

Aioli Dips



Chef Mike Flynn of Maine's RSU 12 created these fantastic dips to serve with baked fish. Try them with other baked proteins including chicken, tofu, or breaded veggies! These aioli dips would also make an excellent spread on buns for burgers or other sandwiches.

Sriracha Aioli Ingredients:

- 1/4 cup mayonnaise
- 1 clove minced garlic
- 1 dash salt
- 1/4 tsp lemon juice
- 1/4 tsp olive oil
- 1/2 tsp Sriracha sauce

Lemon Parsley Aioli Ingredients:

- 1/4 cup mayonnaise
- 1 clove minced garlic
- 1 dash salt
- 1/4 tsp lemon juice
- 1/4 tsp olive oil
- 1/4 cup chopped fresh parsley

Directions:

1. Put all ingredients in bowl and whisk to combine
2. Serve as dipping sauce for baked protein (fish, chicken, tofu...)