

# Please put the following information in the Chat Box:

- What is your name?
- What is your role?
- Which site do you work with?
- Do you have any questions or concerns you want us to consider throughout this training?



*hello!*

# **Please note –**

**When you enter the meeting,  
your mics will automatically be muted.**

**Please leave them muted to cut back on distracting  
background noise.**

**However, please feel free to unmute yourself and ask  
questions as they come up**

***or***

**drop any questions in the Chat Box.**

# **Thank You!**





# **Office of Special Services**

**CDS**

**Data Collection: ABC – Extended**

**Zoom Meeting Date:**

**Thursday 7/16/2020**



# Team Members

**Roberta Lucas – Federal Programs Coordinator**

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**Leora Byras – Special Education Consultant:** Worked as Special Educator in an SPPS for 25+ years. Taught all grades over the course of that time in a self-contained classroom. Has been with the MDOE since September 2018.

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**Anne-Marie Adamson – Special Education Consultant:** Special educator public K-12 resource room and SPED coordinator for 12 years. Facilitated CDS transition meetings during that time. Taught Pre-K and K in private sector for 10 years. At the MDOE since March 2020.

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**Colette Sullivan – Special Education Consultant:** Worked as a Special Education teacher for 30 years, primarily with students with Autism. Also worked at CDS York for 3 years, in a variety of roles, and have been with MDOE since August 2018.

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<b><u>Data: Where to Begin –</u></b> Tuesday 7/14/2020	<b><u>Data: ABC</u></b> Wednesday 7/15/2020	<b><u>Data: ABC – Extended</u></b> Thursday 7/16/2020
<b><u>Data: Duration/Frequency</u></b> Tuesday 7/21/2020	<b><u>Data: Duration/Frequency – Extended</u></b> Wednesday 7/22/2020	<b><u>Data: Duration/Frequency – Exemplars and Practice</u></b> Thursday 7/23/2020
<b><u>Data: Latency</u></b> Tuesday 7/28/2020	<b><u>Data: Latency – Extended</u></b> Wednesday 7/29/2020	<b><u>Data: Latency – Exemplars and Practice</u></b> Thursday 7/30/2020
<b><u>Data: Interval</u></b> Tuesday 8/4/2020	<b><u>Data: Interval – Extended</u></b> Wednesday 8/5/2020	<b><u>Data: Intervals – Exemplars and Practice</u></b> Thursday 8/6/2020
<b><u>Data: IEP Training</u></b> Tuesday 8/11/2020	<b><u>Data: IEP Training</u></b> Wednesday 8/12/2020	<b><u>Data: IEP Training</u></b> Thursday 8/13/2020
<b><u>Autism and Developmental Delay –</u></b> Tuesday 8/18/2020	<b><u>Autism and Developmental Delay – Considerations and Practice</u></b> Wednesday 8/19/2020	<b><u>Autism and Developmental Delay – Present Level and Goals</u></b> Thursday 8/20/2020



**This 7 Week training session was requested by Erin Frazier, State Director of Special Services B-20, in an attempt to align all Part B Programming.**

**All material has been prepped, but will be modified and adapted based on your feedback.**

**This is intended to be Foundational Learning and each session will be built upon the session prior.**

**Please consider a student you work with that has Autism or DD.**

**Be prepared to share the child's initials and DOB on Week 5.**

**We will review in CINC and choose 2 as Case Studies. We will discuss programming specific to those children.**



**Caregiver Input**

**Evaluations/  
Observations**

**CHILD**  
**Centered IEP**

**LRE**

**Data**

# Use of Data

## Data should be used to:

- ✓ assist in program effectiveness
- ✓ determining the need for change



# ABC Recording

**ABC Recording** – a form of direct, continuous observation in which the observer records a descriptive, temporally sequenced account of all behavior(s) of interest and the antecedent conditions and consequences for those behaviors as those behaviors occur in the client's natural environment; also called *anecdotal observation*.



Cooper, John O., Timothy E. Heron, William L. Heward.

*Applied Behavior Analysis 2<sup>nd</sup> Edition*, Columbus: Pearson, 2007.



# ABC Recording

- **Antecedent (A)**: Record events or interactions that happen DIRECTLY BEFORE the behavior occurs.
- **Behaviors (B)**: Should include only OBSERVABLE. Do not include guesses at internal states as emotions. Be as Specific as possible.
- **Consequences (C)**: What occurs DIRECTLY AFTER the behavior, including verbal interactions from staff/peers, physical interactions from staff/peers, and any type of prompting.

<https://pro.psychcentral.com/child-therapist/2017/07/abcs-of-behavior-antecedent-behavior-consequence/>



# ABC Recording

**Reinforcement** – a stimulus change that ***increases*** the future frequency of behavior that immediately precedes it.

→ Can be Positive **OR** Negative.

**Punishment** – a stimulus change that ***decreases*** the future frequency of behavior that immediately precedes it.

→ Can be Positive **OR** Negative.



**Positive Reinforcement** – *increases* the likelihood of a response occurring because it involves a **reward** for the behavior.

**Negative Reinforcement** – *increases* the likelihood of a response occurring because it involves the **removal of, or escape from**, unpleasant consequences

**Positive Punishment** – consequence is **receiving something unpleasant** which *decreases* the likelihood of the response being repeated

**Negative Punishment** – the consequence is **removing something desirable** which *decreases* the likelihood of the response being repeated

<https://www.slideshare.net/Jjanpsychology/behaviourist-oprant-conditioning>



## **Data should be used to:**

- ✓ assist in program effectiveness
- ✓ determining the need for change

**“To make the most of our time we want to make sure that the data that is being collected is the data that we actually need to use and that will help us figure out what to do. Taking data to have data is not what we are after—it has to help us figure out the function.”**



**It is important to find  
what works for You.**

**So...**

**choose data sheets that  
you can maintain.**



# ABC Recording

## Remember to Consider –

Understanding HOW consequences shape behavior can help drive programming and figure out what replacement behaviors you might try to teach.

Possible Function of Behavior  
and How the Consequence Shapes the Behavior

### SEAT

S – Sensory

E – Escape

A – Attention

I – Tangible



# **ABC Video**

**[https://youtu.be/4G\\_4U\\_6IB1U](https://youtu.be/4G_4U_6IB1U)**

**All related info can be found at:**

**[www.behaviorbabe.com](http://www.behaviorbabe.com)**

## **Functions of Behavior**

**Behavior is communication.  
Behavior happens for a reason.  
Behavior happens in patterns.  
Behavior can be changed.**



# Sensory

tastes good  
smells good  
looks good  
feels good  
sounds good



# Sensory

So...

- Is the behavior calming to the individual?
- Is there a time and place where it's okay for the behavior to occur?
- Does the behavior isolate or stigmatize the individual?
- How long does the behavior last?
- What happens if you interrupt the behavior?



# **Escape**

**certain people  
demands  
setting  
noises  
aversive stimuli**



# Escape

So...

- Establish rapport
- Increase access to reinforcers
- Decrease task difficulty – break into smaller steps
- Provide alternative ways to escape
- Teach task initiation and expand task tolerance



# **Attention**

**peer attention**

**adult attention**

**positive attention**

**negative attention**

**Attention is Attention**



# Attention

So...

- Teach alternative ways to gain attention – raise hand, say excuse me, walk over, etc.
- Reinforce those behaviors immediately – initially EVERY time they occur
- Ignore undesired behavior
- Never ignore the individual, only the behavior



# Tangible

**access to an item or activity**



# Tangible

So...

- Be sure to expand interests – limited rewards and reinforcers can increase the intensity of Behavior.
- Make preferred items and activities a part of daily life – enrich the environment
- Teach learners to ask “when” questions which helps with waiting and accepting “No”

# Chat Box Check In





# Positive Behavior Interventions and Supports (PBIS)

**If a child doesn't know how to read, we teach.**

**If a child doesn't know how to swim, we teach.**

**If a child doesn't know how to multiply, we teach.**

**If a child doesn't know how to drive, we teach.**

**If a child doesn't know how to behave, we... teach? ...punish?**

**Why can't we finish the last sentence as automatically as we do the others?**

**~ Tom Herner NASDE President 1998**

*In 1997, an amendment of the Individuals with Disabilities Education Act (IDEA) included the language, "Positive behavior Interventions and Supports," which described methods used to identify and support desired behaviors in the school setting.*

[https://www.pbisrewards.com/blog/what-is-pbis/?msclkid=c763daa0b01a11e142fd846dc2087f41&utm\\_source=bing&utm\\_medium=cpc&utm\\_campaign=Internal%20PBISR%20Search%20Only&utm\\_term=positive%20behavior%20intervention%20system&utm\\_content=PBIS%20General%20-%20Search\\_Behavior](https://www.pbisrewards.com/blog/what-is-pbis/?msclkid=c763daa0b01a11e142fd846dc2087f41&utm_source=bing&utm_medium=cpc&utm_campaign=Internal%20PBISR%20Search%20Only&utm_term=positive%20behavior%20intervention%20system&utm_content=PBIS%20General%20-%20Search_Behavior)

# Positive Interactions = Positive Reinforcement of Behavior

"When used schoolwide, PBIS changes the focus of discipline from punitive measures to positive interactions between students and staff. The positive interactions transfer into stronger relationships between the student and teacher and thus a better learning environment for all students."

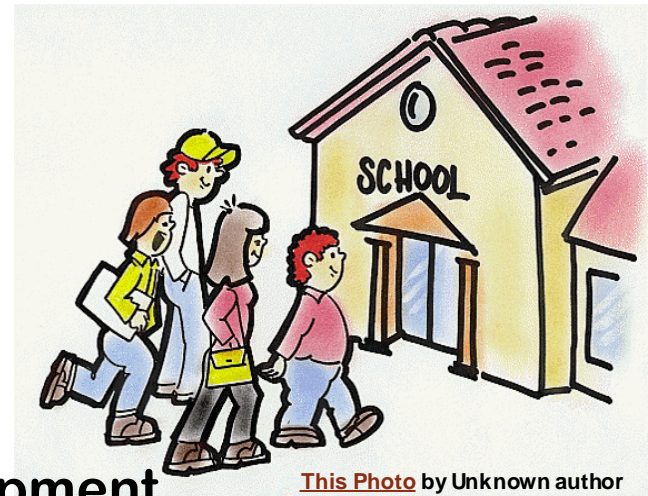


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[https://www.pbisrewards.com/blog/what-is-pbis/?msclkid=c763daa0b01a11e142fd846dc2087f41&utm\\_source=bing&utm\\_medium=cpc&utm\\_campaign=Internal%20PBISR%20Search%20Only&utm\\_term=positive%20behavior%20intervention%20system&utm\\_content=PBIS%20General%20%20Search\\_Behavior](https://www.pbisrewards.com/blog/what-is-pbis/?msclkid=c763daa0b01a11e142fd846dc2087f41&utm_source=bing&utm_medium=cpc&utm_campaign=Internal%20PBISR%20Search%20Only&utm_term=positive%20behavior%20intervention%20system&utm_content=PBIS%20General%20%20Search_Behavior)

# Benefits to PBIS

- Improves school culture
- Builds social skills
- Increases instructional time
- Improves social and emotional development
- Improves school safety
- Increases student engagement
- Increases family involvement
- Improves faculty retention
- Improves classroom management



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## **\* Maine Department of Education \*** **Initiative**

<https://www.mainepbs.org/>

[https://www.pbisrewards.com/blog/what-is-](https://www.pbisrewards.com/blog/what-is-pbis/?msclkid=c763daa0b01a11e142fd846dc2087f41&utm_source=bing&utm_medium=cpc&utm_campaign=Internal%20PBISR%20Search%20Only&utm_term=positive%20behavior%20intervention%20system&utm_content=PBIS%20General%20-%20Search_Behavior)

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# PBIS

## (Positive Behavior Interventions and Supports) Remote Learning Opportunities

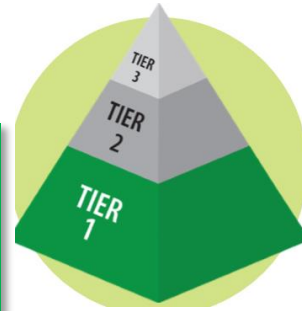
### FIRST:

- Assess the situation with the student and parents. Make a positive contact. Let the parents know you are there to help their child learn and to be supportive during this difficult time.
- Ask how the student is doing generally, check on basic needs including safety, and importantly, try to listen to the parent and student.
- Strengthen/establish a positive relationship with the family. During this unprecedented time, the primary focus should be on student's physical and emotional well-being, as well as staying connected to school via the positive contacts.

<https://resources.finalsite.net/images/v1587471785/resanet/je8suymeyysf7pyl0pv5/WRESAFrameworkforPBISDuringCOVID-19042020.pdf>

# PBIS Remote Learning Opportunities

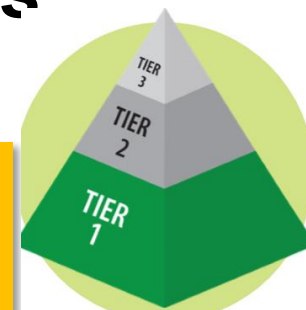
## TIER 1



1. Establish Daily Routines.
2. Set a regular time for doing schoolwork but be flexible.
3. Create a space for schoolwork: few distractions, comfortable.
4. Regular positive greetings from school staff.
5. Break work into small parts – short breaks – use timers.
6. Use Grandma's Rule – "First work, then play."
7. Schedule exercise daily.
8. Develop a set of expectations and go over them.
9. Use high rates of praise/encouragement - 4 positives to every 1 correction. Provide affirmations for students. Let students and parents know they are appreciated.
10. Project-based learning – make it interesting and fun. Encourage choice-making, planning, and independence.
11. Play interactive games: board games, cards, etc. – practice social skills.
12. Avoid power struggles: positive correction, brief time-outs if necessary

# PBIS Remote Learning Opportunities

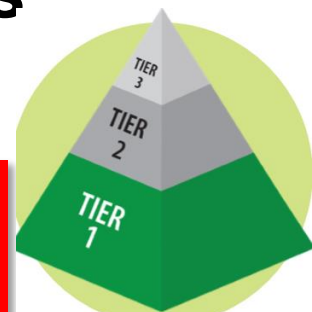
## TIER 2



- Develop a stress reduction plan. Set up a calming space.
- Develop a structured reward system – daily/weekly/tokens/points.
- Small group or individualized social skills instruction/counseling.
- Virtual mentor (with consent).
- Virtual clubs (with consent).
- Specific plan of consequences for problem behavior/use a restorative approach.

# PBIS Remote Learning Opportunities

## TIER 3



1. Check for safety of the student and others in the home, especially for those students with a history of dangerous behaviors. If appropriate, work with the parent to develop a safety plan. Consult with a behavior specialist, SSW, or other school personnel, as necessary.
2. Assist family in obtaining Mental Health supports as appropriate.
3. For very severe situations consider virtual Tier 3 Wraparound meetings every few weeks.

# A Four Step Plan for Handling Behaviors Remotely

- "Talking about responding to problem behaviors might be overwhelming right now. We're all figuring out how to use technology to do our jobs and sometimes we don't have enough patience left to address one more thing. The thing is, responding to behavior is something you're already doing every day. Documenting what you do only helps get you and your students the additional support necessary to get through this time a little more smoothly."

<https://www.pbisapps.org/community/Pages/A-4-Step-Plan-for-Handling-Problem-Behavior-Remotely.aspx>



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# A Four Step Plan for Handling Behaviors Remotely

## Step 1: BREATHE

1. When student behaviors occur as your teaching remotely, the first step to responding is to stop, take a breath and collect yourself.
2. Taking a few seconds to do this, puts you in a better position for what comes next.



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<https://www.pbisapps.org/community/Pages/A-4-Step-Plan-for-Handling-Problem-Behavior-Remotely.aspx>

# A Four Step Plan for Handling Behaviors Remotely

## Step 2: RETEACH EXPECTATIONS

1. Up until March, students used technology in a very informal manner. It's important to teach expectations for distance learning.
2. When behaviors occur, take the time to reteach those expectations, just as you would in the classroom.



<https://www.pbisapps.org/community/Pages/A-4-Step-Plan-for-Handling-Problem-Behavior-Remotely.aspx>

# A Four Step Plan for Handling Behaviors Remotely



## Step 3: GET CURIOUS

1. Considering a student's motivation for the behavior makes any intervention more effective. Remote locations carry the same types of motivations as their physical counterparts: To get or to avoid something.
2. Use this sentence: *During [insert routine], when [insert trigger], the student [insert observable behavior] and as a result [insert consequence].*
3. EX: During **our circle time meeting**, when I **sang a song with the class**, Alan **stood up and jumped in circles** away from his **computer** and as a result **other students reacted with the same movement**. (Perhaps Alan is trying to get attention from his classmates)
4. Students may need different supports remotely

# A Four Step Plan for Handling Behaviors Remotely

## Step 4: DOCUMENT

1. Behaviors look very different in a distance learning platform
2. Each problem behavior needs a definition that all staff can access
3. Try and categorize these behaviors by your existing behavior definitions from brick and mortar



Major Problem Behavior	Definition	Observed Distance Learning Behavior
Abusive Language/ Inappropriate Language/ Profanity (Inapp Lan)	Student delivers verbal messages that include swearing, name calling, or use of words in an inappropriate way.	<ul style="list-style-type: none"> <li>• Obscene language in chat or voice</li> <li>• Obscene physical gestures</li> <li>• Obscene images on camera</li> </ul>
Bullying (Bullying)	The delivery of direct or technology-based messages that involve intimidation, teasing, taunting, threats, or name calling.	<ul style="list-style-type: none"> <li>• Repeated teasing or taunting in chat or video</li> </ul>
Defiance/ Insubordination/ Non-Compliance (Defiance)	Student engages in refusal to follow directions or talks back.	
Disrespect (Disrespect)	Student delivers socially rude or dismissive messages to adults or students.	
Disruption (Disruption)	Student engages in behavior causing an interruption in a class or activity. Disruption includes sustained loud talk, yelling, or screaming; noise with materials; horseplay or roughhousing; and/or sustained out-of-seat behavior.	<ul style="list-style-type: none"> <li>• Repeated distracting gestures, distracting virtual backgrounds,</li> <li>• Persistent yelling out when supposed to be muted</li> <li>• Continual chat that bothers others</li> </ul>
Harassment (Harass)	The delivery of disrespectful messages in any format: gender, ethnicity, sexual, race, religion, disability, physical characteristics, or other protected class. <i>These subtypes are based on documentation from the U.S. Office of Civil Rights.</i>	
Other Behavior (Other)	Student engages in problem behavior not listed.	
Skip Class (Skip)	Student leaves or misses class without permission.	<ul style="list-style-type: none"> <li>• Skips online instructional session (not due to technology or access problem)</li> </ul>
Tardy (Tardy)	Student is late (as defined by the school) to class or the start of the school day (and Tardy is not considered a minor problem behavior in the school).	
Technology Violation (Tech)	Student engages in inappropriate (as defined by school) use of cell phone, pager, music/video players, camera, and/or computer.	<ul style="list-style-type: none"> <li>• Unauthorized use of another device (cell phone, gaming device) during instruction</li> <li>• Joining an online meeting that isn't yours</li> <li>• Surfing to inappropriate sites</li> </ul>
Truancy (Truan)	Student receives an 'unexcused absence' for 1/2 day or more.	

<https://www.pbisapps.org/community/Pages/A-4-Step-Plan-for-Handling-Problem-Behavior-Remotely.aspx>

Minor Problem Behavior	Definition	Observed Distance Learning Behavior
Defiance (M-Defiance)	Student engages in brief or low-intensity failure to follow directions or talks back.	
Disrespect (M-Disrespect)	Student delivers low-intensity, socially rude or dismissive messages to adults or students.	
Disruption (M-Disruption)	Student engages in low-intensity, but inappropriate disruption.	<ul style="list-style-type: none"> <li>• Unnecessary, off-topic chat</li> <li>• Spamming chat channels with dozens of messages</li> <li>• Unmuting and saying something inappropriate</li> </ul>
Inappropriate Language (M-Inapp Lan)	Student engages in low-intensity instance of inappropriate language.	<ul style="list-style-type: none"> <li>• Low-level inappropriate language in chat or video</li> </ul>
Other (M-Other)	Student engages in any other minor problem behaviors that do not fall within the above categories.	
Tardy (M-Tardy)	Student arrives at class after the bell (or signal that class has started).	
Technology Violation (M-Tech)	Student engages in non-serious, but inappropriate (as defined by school) use of cell phone, pager, music/video players, camera, and/or computer.	



# Data → Goals

## Remember,

- Data is used to drive programming so consider it in the development of your IEP.
- Data must be in the Present Level.
- Data must be considered when writing goals.

Also, it is often necessary to focus on Behavior first.

Otherwise, the child may not be available for academics and learning.

**Behavior: Crying** – Any instance in which XXX engages in a vocalization louder than is used for communication, lasting 3+ seconds, which may or may not include tears.

(Non-Example: laughing/giggling, crying as a result of hurting himself)

<u>Date</u>	<u>Antecedent</u>	<u>Behavior</u>	<u>Consequence</u>
5/6/2020	Child was asked to join circle time	<input checked="" type="radio"/> Yes <input type="radio"/> No	Child was given choice of seating
5/8/2020	Child was asked to sit at table with peers	<input checked="" type="radio"/> Yes <input type="radio"/> No	Child was allowed to work on the floor
5/10/2020	Child was in independent work area	<input type="radio"/> Yes <input checked="" type="radio"/> No	Child was not disturbed

**Look at the data...**

**Why MIGHT the Child Be Crying?**

**Put responses in Chat Box.**

# Data → Goals

Child's Name:

Date of Birth:

**FUNCTIONAL/DEVELOPMENTAL PERFORMANCE** refers to how the child is managing daily activities in *cognitive, communicative, motor, adaptive, social/emotional* and *sensory areas*. **Developmental performance (ages 3-5)** refers to how the child is performing developmentally (comparable to same age/grade peers) in physical, cognitive, communicative, social, emotional, and/or adaptive areas.

**Present Levels of Functional/Developmental Performance** (MUSER IX.3.A.(1)(a)(i) & (ii):

**Currently XXXXX is crying an average of 5 minutes during circle time.**

**Measurable Goal** (MUSER IX.3.A.(1)(b) & (c)

**Progress:**

By date, given service, child's name will skill as measured by evidence.

**By June 10, 2020, given specially designed instruction during circle time, XXXXX will decrease crying to an average of 1 minute during circle time, as measured by data collection, teacher observation or similar.**

**Objective(s)** required? ☐ Yes ☒ No

By date, given service, child's name will skill as measured by evidence.

# Avoid Writing Outcomes

Use your Data Collection to help you identify skills that will facilitate a change in any outcome.

THEN write your goal around the replacement behavior you are teaching NOT the outcome.

Child's Name:	Date of Birth:
<b>FUNCTIONAL/DEVELOPMENTAL PERFORMANCE</b> refers to how the child is managing daily activities in <i>cognitive, communicative, motor, adaptive, social/emotional</i> and <i>sensory</i> areas. <b>Developmental performance (ages 3-5)</b> refers to how the child is performing developmentally (comparable to same age/grade peers) in physical, cognitive, communicative, social, emotional, and/or adaptive areas.	
<b>Present Levels of Functional/Developmental Performance</b> (MUSER IX.3.A.(1)(a)(i) & (ii): <b>Currently XXXXX is crying an average of 5 minutes during circle time.</b>	
<b>Measurable Goal</b> (MUSER IX.3.A.(1)(b) & (c) By <u>date</u> , given <u>service</u> , <u>child's name</u> will <u>skill</u> as measured by evidence. <b>By June 10, 2020, given specially designed instruction during circle time, XXXXX will decrease crying to an average of 1 minute during circle time, as measured by data collection, teacher observation or similar.</b>	<b>Progress:</b>
<b>Objective(s)</b> required? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No By <u>date</u> , given <u>service</u> , <u>child's name</u> will <u>skill</u> as measured by evidence.	

# Section 5: Functional/Developmental Performance – Goals



- Avoid writing Outcomes.
- Focus on Skill Deficits.
  - What skills are interfering with the child's ability to reach those outcomes we expect for all children?
  - What skills are you teaching?

**So...**

**What skills could you teach that might address the challenges identified above?**

**Please enter thoughts into the Chat Box**



- ✓ Remember, crying is an Outcome.
- ✓ We used ABC data to hypothesize WHY the child was crying.
- ✓ The WHY speaks to the distinctly measurable and persistent gap.
- ✓ The replacement behavior will be taught so that crying is reduced.
- ✓ Teaching Take a Break will decrease crying.
- ✓ Write your goal around the replacement behavior you are teaching NOT the outcome – crying.

Child's Name:

Date of Birth:

**FUNCTIONAL/DEVELOPMENTAL PERFORMANCE** refers to how the child is managing daily activities in *cognitive, communicative, motor, adaptive, social/emotional and sensory areas*. **Developmental performance (ages 3-5)** refers to how the child is performing developmentally (comparable to same age/grade peers) in physical, cognitive, communicative, social, emotional, and/or adaptive areas.

**Present Levels of Functional/Developmental Performance (MUSER IX.3.A.(1)(a)(i) & (ii):**

**Currently XXXXX is able to use a BREAK card with support with 82% accuracy.**

**Measurable Goal (MUSER IX.3.A.(1)(b) & (c)**

**Progress:**

By date, given service, child's name will skill as measured by evidence.

**By June 10, 2020, given BREAK card, specially designed instruction, and when presented with situations that will necessitate a break, XXXXX will follow the task analysis to complete the steps necessary to independently exchange a BREAK card, and leave area, across 3 consecutive sessions, as measured by data collection and teacher observation.**

**Objective(s) required?** ☐ Yes ☒ No

By date, given service, child's name will skill as measured by evidence.

**Behavior: Requesting Break** – XXXXX will follow the task analysis, documented below, to independently complete the steps to exchange a BREAK card.

<u>Date</u>	5/11	5/12	5/13	5/14	5/15	5/18	5/19	5/20
%age								
XXXXX will reach for the BREAK card.	-	-	-	-	-	+	+	+
XXXXX will pick up the BREAK card.	-	-	+	+	-	+	+	+
XXXXX will exchange the BREAK card with an adult.	+	-	+	+	+	M	M	M
XXXXX will leave the area.	+	+	+	M	M	M	M	M

**So...**

**Step 1 – Mastered 5/20/2020**

**Step 2 – Mastered 5/20/2020**

**Step 3 – Mastered 5/15/2020**

**Step 4 – Mastered 5/13/2020**

**Behavior: Crying** – Any instance in which XXX engages in a vocalization louder than is used for communication, lasting 3+ seconds, which may or may not include tears.

(Non-Example: laughing/giggling, crying as a result of hurting himself)

<u>Date</u>	<u>Time Behavior Began</u>	<u>Time Behavior Ended</u>	<u>Length of Time Behavior Lasted</u>	<u>Activity</u>
5/12/2020	9:06	9:14	8 mins	Circle Time
<b>STARTED TEACHING TAKE A BREAK</b>				
5/13/2020	9:10	9:20	10 mins	Circle Time
5/14/2020	11:31	11:33	2 mins	Circle Time
5/15/2020	9:06	9:07	1 min	Circle Time
5/18/2020	-----	-----	0	Circle Time
5/19/2020	-----	-----	0	Circle Time
5/20/2020	-----	-----	0	Circle Time

**If BREAK card is a support, supplemental aid or modification that XXXX now needs to be successful, make sure it is added the Section of the IEP.**

**6. SUPPLEMENTARY AIDS, SERVICES, MODIFICATIONS, AND/OR SUPPORTS (MUSER IX.3.A.(1)(d) & (g))**

In addition to ongoing classroom supports and services, supplemental aids, and modifications, include a statement of any individual appropriate accommodations that are necessary to measure the academic achievement and functional performance of the child on State and district-wide and classroom assessments (MUSER IX.3.A.(1)(f)(i)).

A. Supplementary aids, modifications, accommodations, services, and/or supports for SAU personnel		Location	Frequency	Duration Beginning/End Date
Break Card	<input checked="" type="checkbox"/> Classroom Instruction	Special Education And Regular Education	As Needed	6/11/2019 - 6/10/2020
	<input checked="" type="checkbox"/> Classroom Assessment			
	<input type="checkbox"/> District-wide Assessment			
	<input type="checkbox"/> State Assessment			



# **Georgia State University Center for Leadership in Disability**

## **BBQuIP – Brief Behavior Questionnaire and Intervention Plan**

**<https://www.research.net/r/BBQuIP>**



## **BBQuIP** –

# Brief Behavior Questionnaire and Intervention Plan

Updated Brief Behavior Questionnaire & Intervention Plan (BBQuIP)

Click [HERE](#) to access the updated version of the BBQuIP

Next



## **BBQuIP** –

# Brief Behavior Questionnaire and Intervention Plan

All questions and response options in this form are copyrighted. Please direct questions about the use of this form to [egraybill1@gsu.edu](mailto:egraybill1@gsu.edu)

This questionnaire helps family members, teachers and related services personnel to develop a plan of action for a child's frequent behavior problems. Part 1 asks about the child's progress in terms of strategies that have been previously implemented and Response to Intervention. Part 2 asks a series of questions that help to describe the child in positive terms, and also help us to understand why the child continues to engage in the behavior. Part 3 asks about ways to prevent the behavior from occurring. It also helps to pinpoint the skills the child needs to learn to replace the problem in the long run. The last page provides a format for a one-page plan that can be used as an overview of the positive behavior support plan.

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

\* 1. Please list the child's initials:

GS

\* 2. Is the child receiving special education services?



Yes



No



Unsure

\* 3. What is your first name or initials?

Grayson

4. Is the child male or female?



Male



Female

\* 5. What grade is the student currently enrolled?

First



## BBQuIP –

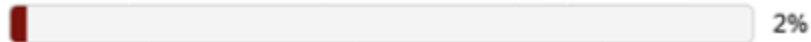
# Brief Behavior Questionnaire and Intervention Plan

6. Has the student ever repeated a grade?

- ☐ Yes
- ☒ No
- ☐ I don't know

7. Please select the category that most appropriately describes you.

- ☒ Teacher/School Services Personnel
- ☐ Childcare Provider
- ☐ Community Agency
- ☐ Support Staff



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# BBQuIP – Brief Behavior Questionnaire and Intervention Plan

Part I - Response to Intervention

\* 8. What Tier I (school-wide) interventions are in place? If your student is in special education, please list the services he/she receives (e.g., continuum of services, related services).

Self Contained Autism Program

\* 9. How has GS responded to Tier I interventions or to special education services if he/she receives special education services?

G is responding well to services.

\* 10. What Tier II interventions have been attempted in the past? If your child/student is receiving special education services, please check "other" and note that he or she is receiving special education services.

☐ Check In- Check Out

☐ Small group counseling

☐ Academic Interventions – Classroom

☐ Academic Interventions – Small Group

☐ Daily Behavior Form

☐ Counselor Referral

☐ Teaching Skills (social skills, coping strategies, conflict resolution, relaxation techniques)

☒ Other (please specify)

Currently receiving special education services

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

**\* 11. What areas of intervention development and implementation do you find most challenging? Please select two or three.**

- ☐ Defining the target behavior
- ☒ Determining the function of the behavior
- ☒ Determining appropriate replacement behaviors
- ☐ Team consensus regarding intervention
- ☐ Developing an accurate intervention
- ☐ Implementing the intervention
- ☐ Data collection
- ☐ Determining appropriate reinforcements
- ☐ Other (please specify)

**\* 12. When you are implementing an intervention on your child/student, typically what are the main reasons for the intervention's lack of success? Select all that apply.**

- |  |   |
|--|---|
| <input type="checkbox"/> Progress Monitoring – lost data                   | <input type="checkbox"/> Not enough time                          |
| <input checked="" type="checkbox"/> Intervention not implemented correctly | <input type="checkbox"/> Student absence                          |
| <input type="checkbox"/> Insufficient time allocated for intervention      | <input type="checkbox"/> Multiple interventions occurring at once |
| <input type="checkbox"/> Inaccurate target behavior                        | <input type="checkbox"/> Reinforcement was ineffective            |
| <input type="checkbox"/> Poor documentation                                | <input type="checkbox"/> Not implemented across multiple settings |
| <input type="checkbox"/> Lack of home support                              |   |
| <input type="checkbox"/> Other (please specify)                            |   |

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Part 2 - Understand

\* 13. What two or three activities or situations does GS enjoy the most?

G enjoys reading and library.

\* 14. What activities or situations does GS dislike?

G does not like lunch.

6%

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# BBQuIP –

## Brief Behavior Questionnaire and Intervention Plan

**Personality**

**\* 15. How would you describe GS's personality? Select the one word that is the best fit.**

<input type="radio"/> Loving	<input type="radio"/> Shy
<input type="radio"/> Happy	<input type="radio"/> Engaging
<input checked="" type="radio"/> Affectionate	<input type="radio"/> Energetic or Active
<input type="radio"/> Good sense of humor	<input type="radio"/> Curious
<input type="radio"/> Other (please specify) POSITIVE TRAITS ONLY	

**\* 16. How would you describe GS's learning style?**

☒ Visual

☐ Verbal

☐ Auditory

☐ Physical (Kinesthetic)

☐ Logical (Mathematical)

☐ Other (please specify)

**\* 17. What activities or situations frighten or upset GS?**

G does not like loud activities or loud places.

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

\* 18. What does GS do when "G does not like loud activities or loud places." occurs?

She elopes or cries.

\* 19. Which of the following is most effective to help GS calm down when frightened or upset?

- ☐ Distract him or her
- ☐ Ignore
- ☐ Give in
- ☒ Remove from setting
- ☐ Place in time-out
- ☐ Give a favorite toy or object
- ☐ Talk it through
- ☐ Other (please specify)

10%

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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

**Communication and Learning**

**\* 20. How does GS express him/herself? Select the form of communication that is most frequently used.**

<input checked="" type="radio"/> Speaks in sentences	<input type="radio"/> Repeats what was said
<input type="radio"/> Single words	<input type="radio"/> Makes sounds
<input type="radio"/> Sign language	<input type="radio"/> Uses "scripts"
<input type="radio"/> Augmentative device	<input type="radio"/> Leads by hand
<input type="radio"/> Gestures (i.e., pointing)	<input type="radio"/> Makes eye contact
<input type="radio"/> Picture system	
<input type="radio"/> Other (please specify)	

**\* 21. Name several new things that GS has learned recently.**

She's reading chapter books.

12%

# BBQuIP –

## Brief Behavior Questionnaire and Intervention Plan

Behavior

\* 22. What behavior(s) are creating a problem for GS and you? Choose only those that apply.

<input type="checkbox"/> Hurting himself/herself (e.g., scratching, pinching, biting, pulling hair, hitting, kicking, slapping)	<input type="checkbox"/> Using profanity/curse words	<input checked="" type="checkbox"/> Leaving room or assigned area without permission
<input type="checkbox"/> Hurting others (e.g., scratching, pinching, biting, pulling hair, punching, kicking, slapping)	<input type="checkbox"/> Calling out during classroom instruction without permission	<input type="checkbox"/> Running away from or avoiding peers
<input type="checkbox"/> Attempting to cause any form of physical harm to another person	<input type="checkbox"/> Taking things from others without permission	<input type="checkbox"/> Running away from adults
<input type="checkbox"/> Making verbal threats or comments to cause physical harm to another person	<input type="checkbox"/> Breaking things	<input checked="" type="checkbox"/> Doing other things (e.g., putting head on desk, saying "no") when instruction given by an adult
<input type="checkbox"/> Teasing others (e.g., making negative comments to peers)	<input type="checkbox"/> Throwing things	<input type="checkbox"/> Talking to other students during classroom work time
<input type="checkbox"/> Spitting on others	<input type="checkbox"/> Rolling/falling on the floor	<input type="checkbox"/> Repetitive vocalizations above conversational level
<input type="checkbox"/> Yelling/screaming	<input type="checkbox"/> Spitting	<input type="checkbox"/> Repetitive hand and body movements (e.g., hand flapping, waving arms)
<input checked="" type="checkbox"/> Crying	<input type="checkbox"/> Walking around the room or area without permission	
<input type="checkbox"/> Other (please specify what the behavior looks like)		

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

\* 23. Select the one behavior that will be the focus of this plan.

Leaving room or assigned area without permission

\* 24. Why did you select this behavior?

☐ harms him or her

☐ is getting worse

☐ harms others

☐ interferes with learning

☐ damages property

☐ is a problem in the community

☐ interferes with social-emotional development

☒ negatively impacts his/her quality of life

☐ Other (please specify)

15%

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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Input and Data Collection

**\* 25. Which sources were used in order to gather information about this behavior? (Check all that apply)**

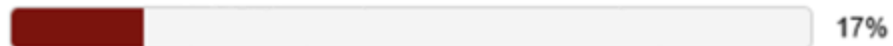
- ☒ Teacher/Staff Interviews
- ☒ Parent Interviews
- ☐ Student Interview
- ☒ Rating scales completed by teacher/staff
- ☐ Rating scales completed by parent
- ☒ Record Review
- ☐ School-wide sources (i.e., ODRs/ISS/OSS Data)
- ☒ Direct Observation
- ☐ FBA Team Meetings
- ☐ Other (please specify)

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# Brief Behavior Questionnaire and Intervention Plan

\* 26. Have you collected baseline data on GS's behavior of "leaving room or assigned area without permission"? If yes, when?

- ☒ This week
- ☐ Within the last month
- ☐ More than a month ago
- ☐ We have not collected baseline data on this behavior
- ☐ Other (please specify)



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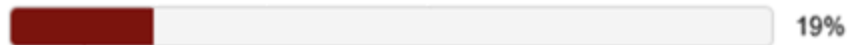
## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Frequency of Occurrence

**\* 27. Which phrase best describes how frequently GS engages in "leaving room or assigned area without permission"?**

- ☐ There isn't a minute that goes by that GS isn't engaging in the behavior.
- ☐ At least once per hour.
- ☒ At least once a day, but not hourly.
- ☐ At least once a week, but not everyday.
- ☐ At least once a month, but not every week.



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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Rate per day

28. On average, how often does GS engage in this behavior per day?

☐ At least 1x per day

☐ At least 2x per day

☒ At least 3x per day

☐ At least 4x per day

☐ At least 5x per day

☐ At least 6-10x per day

☐ At least 11-25x per day

☐ At least 26-50x per day

25%

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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Frequency of Occurrence

29. How do you know this? (Select all that apply)

☒ Direct Observation (e.g., frequency/duration/ABC data)

☐ Progress monitoring

☐ Videotapes

☐ Best guess

☐ Other (please specify)

31%

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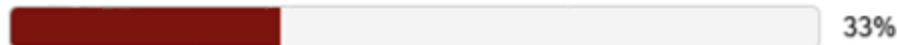
## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Time spent responding to the behavior

\* 30. When the behavior of leaving room or assigned area without permission occurs, I spend:

- ☒ an amount of time per incident dealing with the behavior
- ☐ an amount of time across the day dealing with the behavior
- ☐ an amount of time across the week dealing with the behavior
- ☐ an amount of time across the month dealing with the behavior



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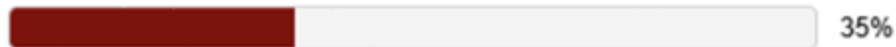
## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Duration per incident

**\* 31. On average, how much time is spent dealing with this behavior?**

- |  |  |
|--|--|
| <input type="radio"/> <5 minutes per incident              | <input type="radio"/> 1-2 hours per incident |
| <input checked="" type="radio"/> 5-15 minutes per incident | <input type="radio"/> 2-3 hours per incident |
| <input type="radio"/> 15-30 minutes per incident           | <input type="radio"/> 3-4 hours per incident |
| <input type="radio"/> 30-60 minutes per incident           | <input type="radio"/> 4-5 hours per incident |
| <input type="radio"/> 1 hour per incident                  | <input type="radio"/> >5 hours per incident  |



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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

**Response Duration**

**\* 32. How do you know this? (Select all that apply)**

☒ Direct Observation (e.g., frequency/duration/ABC data)

☐ Progress monitoring

☐ Videotapes

☐ Best guess

☐ Other (please specify)

44%

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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Times and Places

**\* 33. At which time is GS most likely to engage in the behavior of "leaving room or assigned area without permission"?**

- ☐ between 7am-9am
- ☐ between 9am-11am
- ☒ between 11am-1pm
- ☐ between 1pm-3pm
- ☐ between 3pm-5pm
- ☐ mornings
- ☐ afternoons
- ☐ any time of day

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

34. Which situation or activity makes the behavior of "leaving room or assigned area without permission" MORE likely to occur?

- |   |  |
|---|--|
| <input type="radio"/> having difficulty sleeping at night         | <input type="radio"/> around particular peers  |
| <input type="radio"/> he/she did not take medication              | <input type="radio"/> parent/guardian is not present in the home (e.g., deployment, incarcerated, traveling) |
| <input type="radio"/> changes are made to medication              | <input checked="" type="radio"/> in a particular environment (e.g., loud, crowded, unstructured)             |
| <input type="radio"/> feeling sick (e.g., allergies, constipated) | <input type="radio"/> something or someone triggers a memory of a traumatic event                            |
| <input type="radio"/> feeling hot/cold                            | <input type="radio"/> teacher is not present (e.g., stepped out of the room, substitute teacher)             |
| <input type="radio"/> feeling hungry/thirsty                      | <input type="radio"/> on menstrual cycle   |
| <input type="radio"/> in pain (e.g., headache, stomach ache)      | <input type="radio"/> there are unexpected changes in routine  |
| <input type="radio"/> left alone for a period of time             | <input type="radio"/> no one event seems to "sets the stage" for this behavior                               |
| <input type="radio"/> in small/large group instruction with peers |  |
| <input type="radio"/> Other (please specify)                      |  |

35. When is the behavior of "leaving room or assigned area without permission" LEAST likely to occur and/or when are you more likely to observe GS engage in appropriate behavior?

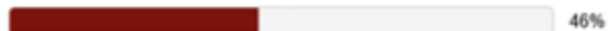
during quiet, less stimulating activities

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

\* 36. Do any of the following seem to be a "fast trigger" for this behavior? (i.e., the antecedent) Select the antecedent that most frequently occurs immediately before the behavior.

- |  |   |
|--|---|
| <input type="radio"/> given an instruction   | <input type="radio"/> told to "wait" or is expected to wait   |
| <input type="radio"/> completing a difficult task or activity (e.g., puzzles, tying shoes, worksheet/assignment) | <input type="radio"/> told to work with a peer or in a group  |
| <input type="radio"/> peers make a negative comment or gesture   | <input type="radio"/> a transition begins   |
| <input type="radio"/> teachers or adults are talking to others   | <input type="radio"/> peers laugh   |
| <input type="radio"/> peers are talking to others  | <input type="radio"/> peers enter the room  |
| <input type="radio"/> told can't have preferred item or activity   | <input type="radio"/> adults or teachers enter the room   |
| <input type="radio"/> a preferred item or activity is taken away   | <input type="radio"/> peers take preferred items away   |
| <input type="radio"/> told "no" or to stop doing something   | <input type="radio"/> peers ask a question or makes a request   |
| <input type="radio"/> teachers or adults give positive attention (verbal or gesture)                             | <input checked="" type="radio"/> loud noises or sounds are heard (e.g., bell rings, announcement, fire drill) |
| <input type="radio"/> peers give positive attention (verbal or gesture)  |   |
| <input type="radio"/> Other (please be as specific as possible)  |   |



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# BBQuIP –

## Brief Behavior Questionnaire and Intervention Plan

How others respond

\* 37. What usually happens most often after the behavior occurs?:

<input type="radio"/> giving a different work task	<input type="radio"/> placing the student in "time-out"
<input type="radio"/> giving positive verbal attention (e.g., consoles/soothes)	<input type="radio"/> removing peers from the room or assigned area
<input type="radio"/> giving the preferred item, activity, or privilege	<input type="radio"/> removing the student from the room or assigned area
<input type="radio"/> giving negative verbal attention (e.g., scolds/reprimands)	<input type="radio"/> sending the student to the office, counselor, or administrator
<input type="radio"/> giving positive physical attention (e.g., pat on the back, hi-five)	<input type="radio"/> taking away the preferred item, activity, or privilege
<input type="radio"/> ignoring the behavior	<input type="radio"/> talking to the student
<input type="radio"/> offering an alternative preferred item or activity	<input type="radio"/> telling the teacher or adult what happened
<input checked="" type="radio"/> physically guiding to complete the task	<input type="radio"/> withdrawing the request
<input type="radio"/> physically guiding to stop the behavior from occurring	<input type="radio"/> engaging in physical aggression towards the student
<input type="radio"/> Other (please specify)	

48%

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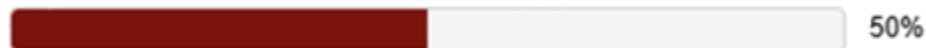
### Brief Behavior Questionnaire and Intervention Plan

\* 38. Who typically provides the response of "physically guiding to complete the task" to GSs behavior of "leaving room or assigned area without permission"?

☐ peers/other students

☒ teachers/adults

☐ peers and adults



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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Why do you think the behavior is occurring?

The information written below is based on your responses.

The behavior of "leaving room or assigned area without permission" most often happens during the following times: "between 11am-1pm" when GS is "in a particular environment (e.g., loud, crowded, unstructured)" and when "loud noises or sounds are heard (e.g., bell rings, announcement, fire drill)". It was reported that "teachers/adults" respond to the behavior of "leaving room or assigned area without permission" by "physically guiding to complete the task".

The four functions of behavior explained:

Escape/Avoid - to stop or delay something/to get away from something or someone

Attention - to get access to any form of social or physical attention/reaction from others

Tangible - to gain access to preferred items or activities

Sensory/Automatic - for some form of self-stimulation - to access/gain OR to remove/decrease specific stimulation (this behavior will continue to occur even when the individual is by themselves)

\* 39. What do you think is the purpose of GS's behavior of "leaving room or assigned area without permission" based on this information?

- ☒ to escape or avoid
- ☐ to access attention
- ☐ to access tangibles
- ☐ for sensory stimulation/automatic reinforcement

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Escape

\* 40. From which situation/activity would GS most likely engage in the target behavior of "leaving room or assigned area without permission" to escape or avoid?

- ☐ difficult tasks
- ☐ lengthy tasks
- ☐ any instruction
- ☐ certain peers
- ☐ certain adults
- ☐ attention/social interaction
- ☐ certain activities
- ☒ loud noises or sounds
- ☐ certain areas/environments
- ☐ Other (please specify)

54%

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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Hypothesis

- \* 41. Below is a summary of your efforts at understanding GS's behavior written as a hypothesis. The information written below is based on your responses.

GS engages in the behavior of "leaving room or assigned area without permission". This behavior "negatively impacts his/her quality of life" and it occurs "at least 3x per day". When the behavior of "leaving room or assigned area without permission" occurs, "5-15 minutes per incident" is spent dealing with the behavior. The behavior of "leaving room or assigned area without permission" most often happens during the following times: "between 11am-1pm" when GS is "in a particular environment (e.g., loud, crowded, unstructured)" and when "loud noises or sounds are heard (e.g., bell rings, announcement, fire drill)". It was reported that "teachers/adults" respond to the behavior of "leaving room or assigned area without permission" by "physically guiding to complete the task". It is possible that the function of GS's behavior of "leaving room or assigned area without permission" may be "to escape or avoid loud noises or sounds".

Do you agree with this hypothesis?



Yes



No, (if no, you will be redirected to revise your answers)



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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Create a Brief Behavior Intervention Plan

You will now create a plan based on your hypothesized function of the target behavior. You will choose function-based strategies to prevent the target behavior and function-based replacement behavior(s) to teach the child to allow their need to be met in more appropriate ways.

**\* 42. What was the hypothesized function of GS's behavior of "leaving room or assigned area without permission"?**

- ☒ Escape/Avoid
- ☐ Attention
- ☐ Tangible
- ☐ Sensory Stimulation/Automatic Reinforcement



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## **BBQuIP** –

# Brief Behavior Questionnaire and Intervention Plan

The behavior of "leaving room or assigned area without permission" most often happens during the following times: "between 11am-1pm" when GS is "in a particular environment (e.g., loud, crowded, unstructured)" and when "loud noises or sounds are heard (e.g., bell rings, announcement, fire drill)".

Below are a few strategies that adults can implement to modify the trigger for escape-maintained behavior:

### **Difficult and/or lengthy tasks and assignments:**

1. Pre-teach the information or task.
2. Chunk the assignment by dividing longer tasks into shorter sections and allow short breaks in between.
3. Set a timer for a short time interval and explain how long expected to work on assignment.
4. Offer more breaks throughout the assignment.
5. Sit with or stay near the student when giving the assignment to provide help.
6. Remind the student that an adult is available to help.

### **Working with peers in groups:**

1. Allow student to make the choice of who to work with.
2. Preferential or assigned seating next to preferred peer(s).
3. Assign preferred peer(s) to work the student.
4. Give a warning prior to group assignments.

### **Instructions/Demands:**

1. Fade in demands by giving one simple instruction and immediately giving a break for compliance. Gradually increase the number of demands as compliance increases.
2. Use behavioral momentum by placing 3-4 quick and easy instructions that you know the student will do and then ask the target instruction.
3. Use novel or preferred staff to give the instruction.
4. Decrease the overall number of instructions given at one time.
5. Tell the student what to do instead of what not to do ("walk" vs "don't run").

# **BBQuIP** –

## Brief Behavior Questionnaire and Intervention Plan

### **Social interaction/Attention:**

1. Make peer attention enjoyable by pairing/associating the student's preferred items and activities with peer(s). Avoid aversive interactions (e.g., teasing, taking things away).
2. Make adult attention enjoyable by pairing/associating student's preferred items and activities with adult(s). Avoid aversive interactions (e.g., demands, reprimands).
3. Allow student to make the choice.

### **Loud sounds/noises:**

1. Provide noise cancelling headphones before transitions or entering areas that are loud.
2. Warn student that loud sound or noise is about to occur (e.g., fire drill, bell ringing).
3. Reduce the number of announcements in rooms the student is in.

### **Certain locations:**

1. Modify the environment and remove or reduce aversive stimuli.
2. Make the environment enjoyable by pairing/associating preferred items, peers, adults, and activities with that location.
3. Avoid the location altogether.

### **Certain activities:**

1. Make activity fun by pairing/associating preferred items, peers, and adults with that activity. Avoid aversive interactions (e.g., placing demands).

### **Painful stimulation:**

1. Ask parent or guardian to take student to the doctor to rule-out medical issues.

# BBQuIP –

## Brief Behavior Questionnaire and Intervention Plan

### Replacement Behavior (Escape)

Below are a few examples of behaviors that a student can learn to replace problem behavior that is used to escape or avoid undesirable activities, people, or environments:

Asking for a break  
Asking for help  
Indicating "all done" or "finished"  
Following an activity schedule  
Identifying and expressing feelings appropriately (e.g., "I'm scared")  
Setting goals for himself/herself

44. What specific skill will you teach GS that will be focus of the plan and make the behavior of "leaving room or assigned area without permission" unnecessary?

Indicating "all done" or "finished"  
Following an activity schedule  
Identifying and expressing feelings appropriately

45. Why did you select this as the skill to teach GS.

I want G to be able to tolerate busier, louder areas.



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## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Instructional Plan

Now that you've chosen a replacement behavior, you will need to develop an instructional plan to teach the student this new skill.

- \* 46. What strategies will you use to engage/establish rapport with GS? What will motivate the student to learn the new skill? (UDL Engagement)**

pre-teaching and modeling paired with visual supports

- \* 47. How does GS learn best? (UDL Representation)**

- ☐ The student seems to learn best by practicing/rehearsing the behavior
- ☐ The student seems to learn best by observing teachers or peers modeling the behavior
- ☐ The student seems to learn best by observing himself/herself doing the behavior (e.g., watching a video)
- ☒ The student seems to learn best by being told what to do using verbal instructions
- ☐ The student seems to learn best by following visual images, diagrams, or charts
- ☐ The student seems to learn best by reading written instructions
- ☐ Other (please specify)

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

\* 48. What method do you think would be best for teaching GS the new skill of "indicating "all done" or "finished" following an activity schedule identifying and expressing feelings appropriately "?

- ☐ **Direct instruction** – Identify all the steps in completing the skill, teach one step at a time by asking clearly and directly, reward correct responses – or closer and closer responses. Begin by modeling and prompting the skill at times the student usually does well. Fade prompts. You may start with the student alone and then add in others.
- ☐ **Social Story** – Construct a story with pictures and words in which the student confronts a difficult situation and demonstrates the desired behavior, including self-reminders the student may use. The story can be read at a regularly scheduled time, as well as in preparation for situations expected to be difficult.
- ☐ **Incidental Teaching** – Find (or create) teaching opportunities by setting up high interest activities for the student interests that motivate his or her engagement, respond always to self-initiated behaviors.
- ☐ **Pre-teaching** – Preview tasks or situations before they occur so that student can practice correct responses, then prompt use of the skill in a real-life setting.
- ☒ **Behavioral Skills Training (4 Steps)**- 1. Instruction: Explain to the student what the skill is, what to do, and why it is important to use the skill. 2. Modeling: Demonstrate to the student exactly what that skill looks like. Recruit a peer or adult to help during this step, if necessary. 3. Rehearsal: The student must practice the skill. 4. Feedback: Provide immediate and descriptive praise for correct implementation of the skill. Provide corrective feedback for incorrect implementation of the skill. (Be sure to practice BST outside out of context and then practice within the natural context.)
- ☐ Other (please describe in detail)



83%

# BBQuIP –

## Brief Behavior Questionnaire and Intervention Plan

Instructional Strategies

\* 49. Who is the best person to teach GS the new skill?

☒ Teacher

☐ Assistant Teacher

☐ Counselor

☐ Academic Coach

☐ Other (please specify)

\* 50. When is the best time or situation to teach the new skill of "indicating "all done" or "finished" following an activity schedule identifying and expressing feelings appropriately " to GS?

during lunch and other areas of concern

\* 51. How will you reinforce the new skill of "indicating "all done" or "finished" following an activity schedule identifying and expressing feelings appropriately " that will result in the same outcome to escape or avoid loud noises or sounds?

reinforce with preferred items

\* 52. How will you know that GS has learned the new skill? (UDL Action & Expression)

☐ He/she will demonstrate the replacement behavior at 80% proficiency in the practice context

☒ He/she will demonstrate the replacement behavior at 80% proficiency in the natural context (i.e., in the location that the challenging behavior occurs)

## BBQuIP –

### Brief Behavior Questionnaire and Intervention Plan

**\* 53. What can you do to ensure that the new skill will generalize or "carry-over" so that GS will "indicating "all done" or "finished" following an activity schedule identifying and expressing feelings appropriately " in multiple settings and with other people?**

- ☐ Teach with peers
- ☐ Use multiple teachers
- ☒ Teach in multiple settings
- ☐ Use multiple examples
- ☐ Other (please specify)



85%

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Despite our best hopes and intentions to prevent problem behaviors, they are still likely to occur. When this happens, we want to respond to the behavior in a way that avoids reinforcing the behavior. Always remember to consider the function of the behavior. That is, if the problem behavior is a way of gaining attention, try to minimize the amount of attention given. Similarly, if the behavior is a way of getting out of demands, try to return to the original demand as soon as possible.

**54. How will you respond to the behavior of "leaving room or assigned area without permission" if/when it occurs?**

- ☒ Use least-to-most prompting to complete the task. Example -- tell the student what to do, show the student what to do, gently prompt the student to engage in the appropriate behavior.
- ☐ Provide minimal attention to the behavior and use a prompt or gesture to redirect the student to the task or activity.
- ☐ Ignore the behavior, then provide reinforcement for any appropriate behavior the student engages in.
- ☐ Block the behavior from occurring.
- ☐ Block or prevent access to the preferred item or activity.
- ☐ Redirect the student to items or activities that are available.

**55. Is there a need for a crisis plan for GS's behavior of "leaving room or assigned area without permission"?**

- ☐ Yes
- ☒ No

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

Progress monitoring of Target Behavior

\* 56. How often will data be collected on the occurrence of "leaving room or assigned area without permission" following implementation of this plan?

daily

\* 57. What method of data collection will be used?

☐ Frequency/Rate

☐ Duration

☐ ABC data

☒ Other (please specify)

ABC Data paired with duration

\* 58. Who will collect these data?

All Teaching Staff

92%

Prev Next

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

- \* 59. How often will data be collected GS's use of the new skill of "indicating "all done" or "finished" following an activity schedule identifying and expressing feelings appropriately " following implementation of this plan?

daily

- \* 60. What method of data collection will be used?

- ☒ Frequency/Rate  
☐ Duration  
☐ ABC data  
☐ Other (please specify)

- \* 61. Who will collect these data?

All Teaching Staff



Prev

Next

# BBQuIP – Brief Behavior Questionnaire and Intervention Plan

Integrity/Fidelity data on Plan Implementation

62. How often will data be collected on this plan being implemented as outlined?

daily

63. Which method of data collection will be used?

☒ Direct observation while using a fidelity checklist

☐ Assessing permanent products of each component of the plan

☐ Self-report fidelity checklist

☐ Rating Scales

☐ Interview

☐ Other (please specify)

64. Who will collect these data?

All Teaching Staff

96%

Prev Next

## BBQuIP –

# Brief Behavior Questionnaire and Intervention Plan

### Review

65. What is today's date?

5/27/2020

66. When will progress monitoring and fidelity data be reviewed?

6/27/2020

67. Please write the names of the people who will review the data and the plan to ensure it is carried out as outlined.

Susie Q

98%

Prev

Next



## **BBQuIP –**

### Brief Behavior Questionnaire and Intervention Plan

**The following is an outline for GS.**

**Note, this information is based on the information you provided in your responses to the questions in this survey. The goal of this plan is to develop a profile that will serve as a guide to what might happen with the GS every day. Hopefully, even people meeting GS for the first time will understand better how to teach and respond to GS. The plan offers some specific ways of preventing behavior problems and reacting to them if they do occur. It also highlights teaching skills that will help the student in the long run.**



## **BBQuIP** –

### Brief Behavior Questionnaire and Intervention Plan

#### **Background Information for GS**

Favorite activities: G enjoys reading and library.

Disliked/less preferred activities: G does not like lunch.

Personal characteristics: Affectionate.

Behavior when upset:

Routine or responses that aid in calming: Remove from setting.

Regular mode of communication: Speaks in sentences.

Recent goals mastered: She's reading chapter books.



## BBQuIP –

### Brief Behavior Questionnaire and Intervention Plan

#### Hypothesis Statement:

GS engages in the behavior of Leaves room or assigned area without asking permission during the following time: "Afternoon" and when the following situation is occurring "in a particular environment (loud, unstructured)" and when the following happens "loud unstructured times". The typical consequence for the behavior includes the following "we try to distract him/her." GS is trying to say "I want to escape" through the behavior, which suggests that this is the function of the behavior.



## **BBQuIP** –

### Brief Behavior Questionnaire and Intervention Plan

#### **Behavior Intervention Plan:**

**Prevention:** The following strategy(ies) "Use a timer" have been identified as ways to make the behavior of "leaves room or assigned area without asking permission" less likely to occur.



## BBQuIP –

### Brief Behavior Questionnaire and Intervention Plan

#### Behavior Intervention Plan:

**Replacement:** "managing self" has been identified as a skill to increase.

A good way to teach this would be through the use of "Direct instruction – Identify all the steps in completing the skill, teach one step at a time by asking clearly and directly, reward correct responses – or closer and closer responses. Begin by modeling and prompting the skill at times the student usually does well. Fade prompts. You may start with the student alone and then add in others."



## BBQuIP –

### Brief Behavior Questionnaire and Intervention Plan

**Skills Instructor(s):** The following person/people  
"Teacher" would be the best person to teach this skill.  
A good time to teach this would be at the following time or  
during the following activity: "all activities."



## BBQuIP –

### Brief Behavior Questionnaire and Intervention Plan

**Generalization:** To increase generalization of the newly learned skill, adults should do the following: "Use multiple teachers."

In the event of a behavioral incident problem, we will use the following strategy: "Use least-to-most prompting."

Example -- tell the child what to do, show the child what to do, gently prompt the child to engage in the appropriate behavior."



## BBQuIP –

### Brief Behavior Questionnaire and Intervention Plan

#### Commitment:

Grayson developed this plan on 5/27/2020.

The team will review it on 6/27/2020.

Teacher will ensure that this plan is carried out as outlined.



# **Remember...**



**We are glad you are here with us.**

**Thank you for joining and for the feedback that has been offered.**

**Please continue to let us know how we can be supportive.**



## **Disclaimer:**

**The links and websites shared in this PowerPoint are for information and reference only and are not endorsed in any way by the Maine Department of Education.**



# Ongoing Resource List:



# Maine DOE is offering Contact Hours for each Special Services Zoom meeting you view.

## Please follow these steps:

1. Email Leora Byras at [leora.byras@maine.gov](mailto:leora.byras@maine.gov) at **the completion of the Training** with the codes for each Zoom meeting you viewed. You may have up to 21 codes.
2. You **may** re-watch both Zoom meetings that have been previously recorded.
3. Allow at least **5 business days** to receive your certificate of participation.

## Code for Contact Hours

- Code will be shared in Chat Box



# Team Members

**Roberta Lucas – Federal Programs Coordinator**

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**Leora Byras – Special Education Consultant:** Worked as Special Educator in an SPPS for 25+ years. Taught all grades over the course of that time in a self-contained classroom. Has been with the MDOE since September 2018.

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**Anne-Marie Adamson – Special Education Consultant:** Special educator public K-12 resource room and SPED coordinator for 12 years. Facilitated CDS transition meetings during that time. Taught Pre-K and K in private sector for 10 years. At the MDOE since March 2020.

**[anne-marie.adamson@maine.gov](mailto:anne-marie.adamson@maine.gov)**

**Colette Sullivan – Special Education Consultant:** Worked as a Special Education teacher for 30 years, primarily with students with Autism. Also worked at CDS York for 3 years, in a variety of roles, and have been with MDOE since August 2018.

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# Who's Who at MDOE

- **Pender Makin** – Maine State Commissioner of Education
- **Erin Frazier** – State Director of Special Services B-20
- **Roberta Lucas** – Federal Programs Coordinator
- **Mary Adley** – Coordinator of State Agency Programs and Special Projects
- **Roy Fowler** – State Director Child Development Services
- **Barbara McGowen** – Finance Coordinator
- **Shawn Collier** – Data and Research Coordinator
- **David Emberley** – Due Process Consultant
- **Tracy Whitlock** – Special Education Consultant/Special Projects
- **Colette Sullivan** – Special Education Consultant
- **Leora Byras** – Special Education Consultant
- **Anne-Marie Adamson** – Special Education Consultant
- **Colene O'Neill** – Secretary Specialist
- **Julie Pelletier** – Secretary Associate