Good Morning!

Please remember to mute your mics when you enter the meeting.

Thank you very much.
COVID-19 Guidance

Maine DOE
Office of Special Services
Updated 4/2/2020
Agenda
2/2/2020

Contact Hours Available for Participation in this Zoom Meeting

• Introductions
• High School
• Transition Planning
• New Resources
• What's Next
New Resource - Middle/High School

Vocational Rehabilitation

Libby Stone-Sterling, Director
Division of Vocational Rehabilitation

What can we do now?

- Help youth identify their needs and develop strategies to meet those needs.
- Improve decision making, goal setting and goal attainment.
- Enhance communication and relationship skills.
What can we do now...

• Develop the ability to celebrate success and learn from reflecting on experiences.

• Help youth identify information they would like to share with the educational team.
How can we help youth...

• Use Teachable moments:
  – Use real life situations
    • Making choices
    • Reasonable level of risk
    • Living with the consequences

Ex. Cooking a family meal.
NTACT Resource List

How can we help youth...

• Provide a routine/schedule for learning:

<table>
<thead>
<tr>
<th>Choice Board - Career Exploration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Complete the ‘Navigate Your Career’ topic on the website for Khan Academy Careers Videos</td>
</tr>
<tr>
<td>Go on a virtual field trip at the Ford Motor Company in the AG Explorer. Complete the Activity #1: You be the Designer Challenge in our Student Handout packet</td>
</tr>
<tr>
<td>Complete the Photo Career Quiz Interest Inventory and choose two careers to learn more about. Low Tech: Make a copy of the Career Clusters Interest Survey</td>
</tr>
<tr>
<td>Practice Job Interviewing Skills in person with a family member or online with a friend. Worksheet: 12 Typical Job Interview Questions</td>
</tr>
<tr>
<td>Complete Part 1: Employability Skills in the Explore Work: Workplace Readiness Module</td>
</tr>
<tr>
<td>Choose one Career Topic from Khan Academy Careers Videos that matches one of the careers you’re interested in learning about.</td>
</tr>
<tr>
<td>Download the CareerOneStop mobile app. Open the app and from the Career Tools, select the</td>
</tr>
<tr>
<td>Learn if you’re an</td>
</tr>
</tbody>
</table>

Maine Department of Education
**How can we help youth...**

- Provide a routine/schedule for learning:

**Ex. Week at a glance**

<table>
<thead>
<tr>
<th>IEP - MAG 1</th>
<th>IEP - MAG 2</th>
<th>IEP - MAG 3</th>
<th>IEP - MAG 4</th>
<th>IEP - MAG 5</th>
<th>IEP - MAG 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading Comprehension</td>
<td>Writing Proofreading</td>
<td>Time management/Task completion</td>
<td>Money budgeting/financial understanding</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Summarizing &amp; Identifying Supporting Details</td>
<td>and self-correcting of errors</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Post-Secondary Transition Goals**

<table>
<thead>
<tr>
<th>IEP - MAG 1</th>
<th>IEP - MAG 2</th>
<th>IEP - MAG 3</th>
<th>IEP - MAG 4</th>
<th>IEP - MAG 5</th>
<th>IEP - MAG 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post-Secondary Education</td>
<td>Employment</td>
<td>Independent Living</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Complete a post-secondary vocational training program in auto body repair</td>
<td>Competitive Integrated Employment in an auto body repair shop</td>
<td>Live independently in own apartment</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
How can we help youth...

- **Week at a glance:**

<table>
<thead>
<tr>
<th>Monday Morning</th>
<th>Activities</th>
<th>Supports Needed to Complete Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>30 min. Planet Fitness Recorded Youtube workout</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Read and discuss from online newspaper with dad today’s updates regarding the Corona Virus</td>
<td></td>
</tr>
<tr>
<td>Monday Afternoon</td>
<td>Write an email to grandma Jean use the SCOPE proofreading strategy to check the email for any needed edits before sending</td>
<td>Mom will double check email before I send</td>
</tr>
<tr>
<td>Monday Evening</td>
<td>Complete the online Budget Your Life activities</td>
<td>Discuss with mom what I discovered from doing this activity</td>
</tr>
</tbody>
</table>
How can we help families....

https://www.ffcmh.org/resources-parentsandcaregivers
How can we help families....

https://d19feca0-eced-41a5-87d8-6715b9022c27.filesusr.com/ugd/49bf42_f13ce821f3944b6e8b4a3aa83b3d3641.pdf

FEELINGS & EMOTIONS

Mental Health 101:
Talking With Kids
How can we help families....

https://d19feca0-eced-41a5-87d8-6715b9022c27.filesusr.com/ugd/318d31_8ae6e193bd7e4b018cfd0441c1a0a1ef.pdf

Describe the perfect girl/boyfriend - husband/wife - mother/father. Why?

If you could write a book, what kind of book would it be?

Would you rather be rich or happy? Explain your choice.
New Resources:

NTACT – Monitoring Student Progress for Transition

NTACT – Choice Board Career Exploration

NFCMH – National Federation of Families for Children’s Mental Health
https://www.ffcmh.org/resources-parentsandcaregivers

Make Time to Listen, Take Time to Talk
https://d19feca0-eced-41a5-87d8-6715b9022c27.filesusr.com/ugd/318d31_8ae6e193bd7e4b018cfd0441c1a0a1ef.pdf

Feelings and Emotions – Mental Health 101: Talking with Kids
https://d19feca0-eced-41a5-87d8-6715b9022c27.filesusr.com/ugd/49bf42_f13ce821f3944b6e8b4a3aa83b3d3641.pdf
Where do I go for Current Updates?

Federal government documents:

OCR Fact Sheet (03/16/2020)

FERPA Guidance (03/12/2020)

OSEP Guidance (03/21/2020)
Supplemental Fact Sheet
Where do I go for Current Updates?

Maine Department of Education Special Services Website: https://www.maine.gov/doe/learning/specialed

State Director, Erin Frazier, has updated questions/answers, which can be found in the Director's Corner on the Maine Department of Education website:

https://www.maine.gov/doe/learning/specialed/director
Ongoing Resource List:

Council of Administrators of Special Education
https://cec.sped.org/COVID19forAdministrators

University of North Carolina - Autism Resources
https://ed.unc.edu/2020/03/19/unc-team-creates-online-toolkit-for-those-supporting-individuals-with-autism-during-covid-19-epidemic/?fbclid=IwAR2lW3IfalyvK0bSa-yoPhdbwkJfzKAKs3PzNphkRahv8W_x-iUbNIMEe3k

Libby Stone-Sterling, Director Division of Vocational Rehabilitation

Transition Assessments and Activities
http://www.sped.sbcsc.k12.in.us/ppm/transitionplanning/transitionassessments.html

Random Acts of Kindness

E-Learning and Differentiated Learning
Ongoing Resource List continued:

PBIS – A library of resources for social stories and graphics to create digital social stories.  

Visual Schedules Created on a Digital Platform  
https://www.pbisworld.com/tier-2/individual-visual-schedules/

Visual Schedules Created from Google Suite  

Sensory Processing  

Autism  
https://www.eschoolnews.com/2015/09/02/strategies-students-autism-842/
Ongoing Resource List continued:

TEACCH
https://teacch.com/resources/

Afirm – Autism Focused Intervention Resources and Modules
https://afirm.fpg.unc.edu/

Autism Speaks

Do2Learn – A resource for individuals with special needs
https://do2learn.com/

School Clinical Mental Health “Office Hours”
https://zoom.us/j/975637699
Remember...

What resources do you need?
What questions do you have?

Please know that MDOE is here to support you and will continue to provide you with the most updated information as we receive it.
Code for Contact Hours

- transitionfun42
Who’s Who at MDOE

- **Pender Makin** – Maine State Commissioner of Education
- **Erin Frazier** – State Director of Special Services B-20
- **Ann Belanger** – Deputy Director for Special Services
- **Roberta Lucas** – Federal Programs Coordinator
- **Mary Adley** – Coordinator of State Agency Programs and Special Projects
- **Roy Fowler** – State Director Child Development Services
- **Barbara McGowen** – Finance Coordinator
- **Shawn Collier** – Data and Research Coordinator
- **David Emberley** – Due Process Consultant
- **Tracy Whitlock** – Special Education Consultant/Special Projects
- **Colette Sullivan** – Special Education Consultant
- **Leora Byras** – Special Education Consultant
- **Anne-Marie Adamson** – Special Education Consultant
- **Colene O’Neill** – Secretary Specialist
- **Julie Pelletier** – Secretary Associate
Contact Information

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Colette Soldati-Sullivan – Special Education Consultant
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Weekly Schedule

- **Monday** - Here are some of the questions from the week. Ann Belanger to participate/facilitate.
- **Tuesday** - Accessibility/engagement - ANNE-MARIE
- **Wednesday** - Elementary/Middle school - COLETTE
- **Thursday** – High school/transition - LEORA
- **Friday** - Recap all from the week