



Teaching Skills that Matter for Success in Life and Work

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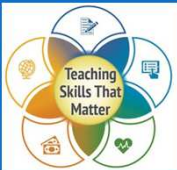
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Objectives



Content:

- Explore the 9 central skills for success in life and work
- Hear an overview of the Teaching Skills that Matter project and related toolkit
- Explore how toolkit lessons emphasize central skills and can be adapted for multiple levels of learners

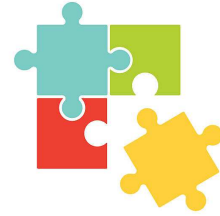
Social:

- Work with a partner to define the central skills and discuss why they are important to life and work.
- Work together to adjust a TSTM lesson to emphasize specific central skills

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Warmup: Around the Room

- Draw a **Central Skill** card and move to that flip chart.
- Introduce yourself (name, role, school).
- Choose a notetaker and reporter.
- With your partner, discuss...
 - What does the skill mean?
 - Why is it an important skill for life and work?
 - What are some examples of application of the skill in life and work?



7 minutes

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What is it?



Federal initiative– Office of Career Technical and Adult Education

Research-based toolkit designed by adult educators

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Components of TSTM: 9 Central Skills



- Adaptability & willingness to learn
- Communication
- Critical thinking
- Interpersonal skills
- Navigating systems
- Problem solving
- Processing & analyzing information
- Respecting differences & diversity
- Self-awareness

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Components of TSTM: 5 Topic Areas



- Civics education
- Digital literacy
- Financial literacy
- Health literacy
- Workforce preparation

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Components of TSTM: 3 Approaches



- Integrated & contextualized learning
- Problem-based learning
- Project-based learning

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Teaching Skills that Matter

WHAT IT IS...

- A resource to support the integration of the skills that matter into instruction
- High-quality lessons
 - Able to be modified
 - Relevant and authentic topics
 - Using evidence-based approaches
- Aligned with CCRS and ELPS

WHAT IT IS NOT...

- A complete curriculum
- Intended to be taught in order and "as is"





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Teaching the Skills That Matter Toolkit


The TSTM Toolkit was developed by adult education experts to support teachers in using approaches that work to help students gain the skills that matter. The toolkit has seven sections:

- The Overview section introduces the key toolkit components;
- Five topic-based sections each including an issue brief, a case study, lesson plans, and an annotated bibliography; and
- The Other Tools and Resources section, which has additional tools and resources to support the integration of the skills into your instruction.







[Overview](#)




[Civic Education](#)
(Tab 1)




[Digital Literacy](#)
(Tab 2)




[Financial Literacy](#)
(Tab 3)



[Health Literacy](#)
(Tab 4)




[Workforce Preparation](#)
(Tab 5)



[Other Tools and Resources](#)
(Tab 6)

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Health Literacy: What is Good Health? Lesson Plan

NRS Level(s): Low Beginning ESL

<p>Lesson Title: What is Good Health?</p> <p>Instructional Objective <i>(written in teacher language primarily derived from content standards and includes evidence of mastery):</i> By the end of this lesson, the students will be able to:</p> <ul style="list-style-type: none"> Identify several healthy activities and less healthy activities. Talk about ways to stay healthy as well as barriers to good health, using key phrases to clarify meaning and to extend polite conversation. Write (as time and proficiency allow) about healthy activities. Begin thinking about healthy living in terms of categories (nutrition, lifestyle, health care, etc.). <p><small>FI A/Mathematics/FI P FI A/Mathematics/FI P</small></p>	<p>Approximate Length of Lesson: 2 hours</p> <p>Learning Target Statements <i>(written in student-friendly language and helps learners reflect on what they are able to do as a result of the lesson) for learners' exit tickets, learning logs, or reflection:</i></p> <ul style="list-style-type: none"> I can talk about healthy and unhealthy activities with my classmates. I can name something that's good to do "in moderation." I can name categories of health. I can write about my healthy activities. I can find trustworthy health information on the internet.
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Adapting Lessons

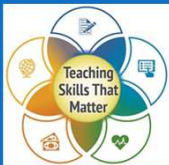
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What is Good Health?

Classroom Context

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What is Good Health?



Original Lesson

- Students generated ideas for “What is healthy?”
- Practiced vocabulary through series of activities with partners
- Mingle grid with two general questions about health
- Class concept map with results of mingle activity

Adapted Lesson

- Provided prompts and photographs
- Practiced vocabulary through activities with whole group
- Learners interviewed each other with more specific information
- Charted responses and discussed– practiced asking and answering questions

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Your Turn! First Amendment Rights

- Identify a notetaker, timekeeper, and reporter.
- Review your groups section of the lesson.
- Identify what central skills are addressed and how the lesson teaches those skills.
- Discuss how you might include practice with a one of the other skills in that part of the lesson.
- Whole group sharing

8 minutes



The logo for 'Teaching Skills That Matter' is a circular emblem with a central yellow circle containing the text 'Teaching Skills That Matter'. Surrounding this center are five colored segments (blue, green, orange, red, purple) each containing a white icon representing a different skill: a book, a heart, a house, a person, and a gear.

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Wrap Up



- Adult Education Training for Teachers
- Awareness Campaign
- “How to Be a Learner Course”

