

Outdoor Learning Opportunities:

Migrate, Activate, Hibernate Game

Standards: PHD.GM.PS.1 SED.SD.BRC.PS.1 S.LS.PS.4

Materials:

• No materials needed, just a trail to hike.

Vocabulary:

- Migrate
- Hibernate
- Stay active

Play a game on the trail with the children where they start to discriminate between the ways that animals prepare for winter. Some animals migrate, others hibernate, and still others stay active.

As the children hike, the leader says either "migrate", "hibernate", or "stay active". When the leader says "migrate", the children flap their arms. When the leader says "hibernate", the children pretend to sleep by putting their head on their hands. When the leader says "stay active", the children run in place.

Extension: An alternate way to play the game is to name an animal and the children decide if the animal migrates, hibernates, or stays active. The children can move like the animal named if it stays active.

Guiding Questions:

- What animals migrate? Why do they migrate?
- What animals hibernate? Which are deep sleepers and which are light sleepers?
- Which animals stay active the winter? How do they stay warm?