

# Researching Recipes, & Cookbooks



Standards: ELA.SL.CC.PS.1 - 3 ELA.SL.PKI.PS.1 - 3 ELA.IT.S.PS.1 - 3 ELA.IT.I.PS.1 - 2 ELA.IT.LTC.PS.1 ELA.RF.PC.PS.1 - 1c



#### Materials:

- The Little Red Hen Makes a Pizza
- cookbooks
- sample recipes

## Vocabulary:

- Cookbook
- recipe: directions for cooking
- ingredient: things that are mixed together
- chef: a person who cooks food
- research: to find information about something
- record: to save information
- procedure: how to do something
- Utensil: tool

#### **Preparation:**

## Add a variety of cookbooks and recipes

<i>Intro to Centers:</i> "In <i>The Little Red Hen Makes a Pizza</i> , the hen <b>baked</b> a delicious pizza! What do you notice?"	Show illustration. Children respond.
"Sometimes people use a <i>recipe</i> when they are preparing a meal. A <i>recipe</i> lists the <i>ingredients</i> the things you <i>combine</i> , or put together, to <i>create</i> your food. <i>Recipes</i> also describe how much of an <i>ingredient</i> you need, how long you should cook the food, and if you need any special kitchen <i>utensils.</i> "	Show sample recipes.
"Today in Library and Listening, you can <b>research</b> find information about <b>recipes</b> in <b>cookbooks.</b> A <b>cookbook</b> is a collection of <b>recipes</b> ."	Show cookbook(s).

## During Centers:

Guide children to notice the elements of recipes, i.e., ingredients, procedure, etc. Emphasize sequential language/ ordinal numbers, i.e., *first, second, third*. Support children in writing letters, words, and numbers from recipes. In addition to books, encourage children to do research on the internet, i.e., bookmarked websites.

Compare and contrast how a cookbook is similar to or different from expert books, using children's *How To* books in Unit 1

#### **Guiding Questions during Centers:**

- How do you prepare the food you eat at home?
- What are the tools or utensils that chefs use when they are cooking?
- How are tools used to measure ingredients?
- How could a recipe, cookbook, and/or menu be helpful to the characters in the Read Alouds, e.g., Hen (pizza), Matthew or Tilly (lemonade).

*Thinking & Feedback:* Invite children to share their processes. Encourage children to describe the challenges they might have encountered.

**Documentation:** Take photographs of children during the activity and display them with captions of the children's words describing their process.

*Provocation:* Speak to the cafeteria manager about a "behind-the-scenes" tour of where food is prepared. Invite experts, i.e, family members who work in restaurants, to the classroom for children to interview.