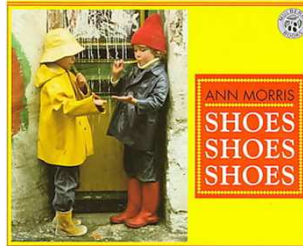
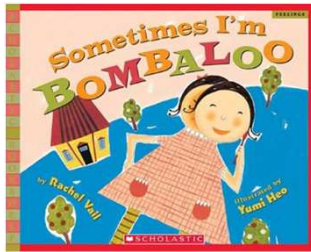




Small Groups: Exploring Fasteners

Medium Support



Materials:

- children's shoes
- clothing with a variety of fasteners, i.e., shirts, jackets, pants, etc.

Vocabulary:

- zipper
- Velcro
- tie
- shoelace
- practice
- independent
- assistance

Preparation: Set up materials.

Procedure:

Refer to *Sometimes I'm Bombaloo* and point out examples of Katie being **independent**--being able to do something by herself. Refer to the illustration of "I can Velcro my own shoes". Discuss how getting dressed **independently** is something that children learn to do.

Explain that **fasteners** are a challenging part of getting dressed. Show shoes/clothing with **Velcro, zippers, shoelaces**, etc. and encourage children to explore and **practice** with each kind of **fastener**.

Guiding Questions:

- What kinds of things can you do **independently**- by yourself- and what things do you need **assistance**--help--with from a parent or other family member?
- How do you **assist** other family members?
- Why is **Velcro**, a **zipper**, etc. a good **fastener** for _____? (i.e., Velcro might be good if you want to fasten your shoes quickly.)
- Which kind of fastener do you find the most/least challenging? Why?
- How did you learn how to do _____ **independently**- by yourself?