



commitment

noun

<https://aurora.edu/academics/undergraduate/coaching/index.html>

10 Good Reasons to Buy Locally Grown

- 1 Locally grown food tastes and looks better.**
Crops marketed close to home are picked at their peak and usually sold within 24 hours of harvesting. Food imported from far away must travel on trucks or planes and then it is stored in warehouses.
- 2 Local food supports local families.**
The wholesale prices that farmers get for their products are usually very low, sometimes not more than the cost of producing them. Local farmers who sell directly to consumers cut out the middleman and can get full retail price for their food—which helps farm families be able to afford to continue farming their land.
- 3 Local food builds trust.**
With all the issues related to food safety and homeland security, there's an assurance that comes from looking a farmer in the eye at the farmers' market, or driving by the fields where your food comes from.
- 4 Local food builds community.**
When you buy direct from a farmer, you're engaging in a time-honored connection between eater and grower and you're supporting a local business. Getting to know folks who grow your food helps you know more about the place you live. In many cases, it gives you access to a place where you can go to enjoy nature and the seasons, and to learn more about how food grows.
- 5 Local food preserves open space.**
When farmers get paid more for their products from nearby shoppers, they're less likely to sell farmland for development.

local

adjective

<https://www.mass.gov/orgs/massachusetts-grownand-fresher>

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organization

noun

<https://bostoncyclistsunion.org/bike-repair-programs/biketomarket>



plot

noun

<https://www.npr.org/sections/thesalt/2017/08/17/543421360/how-my-little-community-garden-plot-went-from-flop-to-flourish>

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public

adjective

<https://www.bostonglobe.com/arts/2014/03/01/east-boston-library-inspired-blended-community-serves/9dmvGE7knE85Np3q5Xi6RK/story.html>



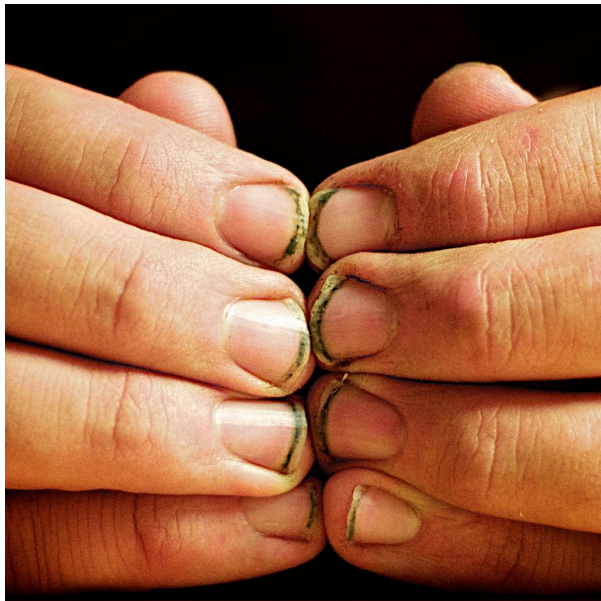
restore

verb

<http://rowiewalker.com/restore-old-buildings/>, <https://www.segrasslands.org/seedbanking>

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trace

noun

<https://laidbackgardener.blog/2016/06/22/for-clean-fingernails-when-you-garden/>



wildflower

noun

<https://altnature.com/gallery/dandelion.htm>,
<https://www.sierraclub.org/sierra/roadsides-are-refuges-for-declining-pollinators>

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