

Module 3

Person-Centered Planning Homework

1. Select one of the following tasks:
 - Identify some dreams for the future for your family member.
 - Describe an ideal day for your family member.
 - Identify “what works” and “what doesn’t work” with your family member.
2. Complete the task, involving your family member as much as possible in the activity.
3. After you have completed the task, take some time to consider:
 - What kind of support the person for whom you are doing the planning (focus person) would need to contribute more to this process?
 - Who else could contribute to this activity (people who know the focus person well or who could help them develop or explore interests)?