

## **Module 3 – Supporting Transition with Person-Centered Planning Part One**

### **Handout: Authentic PCP Versus PCP as Commonly Practiced**

#### **PCP as it is Commonly Practiced**

- It consists of a single meeting.
- It is dominated by professional staff.
- The focus person has no role in determining meeting processes, agenda and who will attend.
- Focus is on what is wrong with the person.
- Purpose is to affirm need for existing services.
- There is no tension between *what is* and *what can be*.
- A single process is mandated for everyone with the focus often being on filling out the correct forms.

#### **Authentic PCP**

- It is an ongoing process.
- The focus person, family members, friends and community members all contribute.
- The focus person is actively involved in determining ground rules, agendas, and who will be invited.
- Focuses on person's strengths, accomplishments, and interests.
- Purpose is to identify what supports will be needed to help the person achieve their goals.
- The individual and the team explore new ways of helping the person to achieve their dreams.
- The process is unique for everyone.