

Center for Community Inclusion and Disability Studies

# Family-Centered Transition Curriculum: Achieving Better Outcomes for Students with Intellectual and Developmental Disabilities

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## Module 3 – Supporting Transition with Person-Centered Planning Part One

# Handout: Authentic PCP Versus PCP as Commonly Practiced

### PCP as it is Commonly Practiced

- It consists of a single meeting.
- It is dominated by professional staff.
- The focus person has no role in determining meeting processes, agenda and who will attend.
- Focus is on what is wrong with the person.
- Purpose is to affirm need for existing services.
- There is no tension between *what is* and *what can be*.
- A single process is mandated for everyone with the focus often being on filling out the correct forms.

### **Authentic PCP**

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- It is an ongoing process.
- The focus person, family members, friends and community members all contribute.
- The focus person is actively involved in determining ground rules, agendas, and who will be invited.
- Focuses on person's strengths, accomplishments, and interests.
- Purpose is to identify what supports will be needed to help the person achieve their goals.
- The individual and the team explore new ways of helping the person to achieve their dreams.
- The process is unique for everyone.