Maine Department of Education Webinar: April 26, 2023

# **Supporting All Students:** How the PBIS Framework is Inclusive for All

**CENTER ON PBIS**Positive Behavioral
Interventions & Supports

www.pbis.org

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- PBIS is effective for a wide range of student outcomes.
- Establishing a whole school prevention-based approach can improve behavior and help more students succeed, including students with disabilities – Tier 1 is for ALL students!
- There are many free resources available to help build systems to supportive inclusive practices for all students.



### Where are you in the implementation cascade?



Where are you in the process of implementation?









### Mark your calendar now

#### for the 2023 National PBIS Leadership Forum!

This two-day forum is designed to support school, state, regional, and local educational leaders, together with community and family partners, to increase the effectiveness of school environments through PBIS. Sessions and topicspecific strands will provide guidance and tools for strengthening prevention-based systems that support the social, emotional, and behavioral needs of students to ensure engagement in learning.

#### **Registration opens in May!**



The National PBIS Leadership Forum is a technical assistance activity of the Center on PBIS



2024 - Hyatt Regency Chicago - 3/6-3/9

2025 - Hyatt Regency St Louis at the Arch - 3/12-3/15

2026 - Hyatt Regency Minneapolis - 3/11-3/14

2027 - Manchester Grand Hyatt San Diego - 4/14-4/17



# **APBS.org**



# What?

Need to leverage our existing systems and build capacity using an evidencebased framework like **PBIS**!

### What is PBIS?

**Positive Behavioral Interventions and** Supports (PBIS) is an evidencebased multi-tiered framework for supporting students' behavioral, academic, social, mental health and well-being. When implemented with fidelity, the whole school approach creates positive, predictable, and safe learning environments that support everyone for success."



### **Create a Positive & Predictable Culture of Support**

To proactively support social, emotional, and behavioral (SEB) skill development and prevent and reduce challenging behavior, **implement culturally-relevant evidence-based practices** grounded in decades of behavioral science to:

- 1. Create safe, positive, and predictable environments
- 2. Teach critical SEB skills as the foundation for learning and support
- 3. Target behavior support for students displaying SEB risk to prevent on-going challenges
- 4. Individualize behavior support to reduce the likelihood of exclusionary discipline and increase the probability of success





# **Tier 1: Universal, Primary Prevention (All)**

### Tier 1 practices include:

- Collaborating with students, families, and educators to define positive school/program-wide expectations and prioritize appropriate social, emotional, and behavioral skills
- Aligning classroom expectations with school/program-wide expectations
- Explicitly teaching expectations and skills to set all students up for success
- Encouraging and acknowledging expected behavior
- Preventing and responding to unwanted behavior in a respectful, instructional manner
- Fostering school/program-family partnerships











# Why?

Need to work together to improve outcomes for **all** of our students, including the adults that work with them

### Section 1412 (a)(5) of the Individual with Disabilities Education Improvement Act (IDEIA, 2004)

"To the maximum extent appropriate, children with disabilities, including children in public or private institutions or other care facilities, are educated with children who are not disabled, and special classes, separate schooling, or other removal of children with disabilities from the regular educational environment occurs only when the nature or severity of the disability of a child is such that education in regular classes with the use of supplementary aids and services cannot be achieved satisfactorily."

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### Improved SEB Outcomes & Reduced Exclusionary Discipline for Students with Disabilities

When schools implement Tier 1 PBIS with fidelity:

- students, including SWDs, increase prosocial behavior and emotional regulation
- may be less likely to refer SWDs to alternative setting placements because of behavioral concerns
- educators may use fewer crisis responses
- SWDs experience fewer SEB challenges
  - (e.g., decreased clinical symptoms, internalizing and externalizing behavior, concentration problems)
- SWDs may receive fewer office discipline referrals
- SWDs may be less likely to experience suspension







### Improved Student Outcomes

Angus & Nelson, 2021; Horner et al., 2009; Lassen et al., 2006; Nelson et al., 2002)

#### prosocial behavior (Metzler et al., 2001; Nelson et al., 2002)

(Flannery et al., 2020\*; Freeman et al., 2015\*)

emotional regulation (Bradshaw, Waasdorp, & Leaf, 2012)

#### reduced bullying behaviors (Ross & Horner, 2009; Waasdorp, Bradshaw, & Leaf, 2012)

decreased rates of drug/alcohol use (Bastable et al., 2015\*; Bradshaw et al., 2012)

social & academic outcomes for SWDs

(Lewis, 2017; Tobin, Horner, Vincent, & Swain-Bradway, 2012)



### Reduced Exclusionary Discipline

#### office discipline referrals

(Bradshaw, Mitchell, & Leaf, 2010; Bradshaw et al., 2012; Bradshaw et al., 2021\* Elrod et al., 2022\*; Flannery et al., 2014\*; Freeman et al., 2015\*; Horner et al., 2005, Horner et al., 2009; Metzler et al., 2001; Nelson et al., 2002; Solomon et al., 2012)

#### suspensions

(Bradshaw, Mitchell, & Leaf, 2010\*; Freeman et al., 2015; \*Gage et al., 2018; Gage et al., 2019; Nelson, 1996; Nelson et al., 2002; Solomon et al., 2012)

#### restraint and seclusion

(Reynolds et al., 2016; Simonsen, Britton, & Young, 2010)

#### racial inequities

(Fox et al., 2021; Gion et al., 2022; McIntosh et al., 2018; McIntosh et al., 2021a; McIntosh et al., 2021b; Muldrew & Miller, 2021; Payno-Simmons, 2021; Swain-Bradway et al., 2019)



### Improved Teacher Outcomes

#### teacher efficacy & well-being

(Kelm & McIntosh, 2012; Ross & Horner, 2006; Ross, Romer, & Horner, 2012)

#### teacher-student relationships

(Condliffe et al., 2022)

#### student engagement & instructional time

(Algozzine & Algozzine, 2007; Condliffe et al., 2022; Flannery et al., 2020\*)

#### school culture & organizational health

(Bradshaw et al., 2008; Bradshaw et al., 2009; McIntosh et al., 2021; Meng et al., 2016)

#### climate & safety

(Elrod et al., 2022\*; Horner et al., 2009; McIntosh et al., 2021)

\* identifies research conducted in high schools

#### When Implementing Positive Behavior Interventions and Supports (PBIS) with Fidelity

### Positive Behavior Support (PBS) is Implemented Worldwide









# How?

Transform into a highly successful district or school by identifying needs, providing the supports and creating safe learning spaces that are equitable for all

### Recommendations for High Quality Inclusive Education





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effective coteaching

Soares, Harrison, Melloy, Baran & Mohlmann (2022)

Development

Knowledge

apacity

earn

### **Mission**

 PBIS Maine supports districts, schools and community-based organizations in developing sustainable systems of evidence-based practices that promote the behavioral, social-emotional and academic growth of all children.



A UMaine System Collaboration

MAINE

positive
behavioral
intervention &
supports









Tracey Whitlock

Anne Marie Adamson

## Maine PBIS **DOE Partners**



### Maine PBIS Coaches and Trainers

# PBIS of Maine (mainepbis.org)



# Tiered Model of School Supports and the Problem-Solving Process

#### **ACADEMIC and SEB SYSTEMS**

#### **Tier 3: Intensive, Individualized Interventions & Supports**

The most intense (increased time, narrowed focus, reduced group size) instruction and intervention based upon individual student need provided in addition to and aligned with Tier 1 & 2 academic and behavior instruction and supports.

#### Tier 2: Targeted, Supplemental Interventions & Supports

More targeted instruction/intervention and supplemental support in addition to and aligned with the core academic and behavior curriculum.

#### **Tier 1: Core, Universal Instruction & Supports**

General academic and behavior instruction and support provided to all students in all settings.

#### PBIS in the Classroom!

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#### **Academics and/or Behavior**



#### **Classroom Mirrors Tier 1 Supports for All Students**

- Uses data to make decisions
- Utilizes prevention strategies
- Teaches & reinforces appropriate behavior
- Supports effective classroom practices
- Utilizes effective response strategies
- Engages in progress monitoring & evaluation

Florida's State Transformation Team on Rtl (Dec. 3, 2009) Core Features of Implementing PBIS to Support All Students, including SWDs

- 1) Invest in prevention
- 2) Integrate classroom practices
- 3) Tier 1 is for all
- 4) All means all



SUPPORTING STUDENTS WITH DISABILITIES IN THE CLASSROOM WITHIN A PBIS FRAMEWORK

BRANDI SIMONSEN ROBERT F. PUTNAM KIMBERLY YANEK LAUREN L. EVANOVICH SACHA K. G. SHAW CYNTHIA SHUTTLETON KELSEY MORRIS BARBARA S. MITCHELL

September 2020



### **Top 10 Intervention Strategies**

Physical Environment	Design and Adapt The Physical Environment of the Classroom to Meet the Needs of All Students.
Teach Predictable Routines	Develop and Explicitly Teach Predictable Classroom Routines to Maximize Students' Ability to Independently Navigate the Classroom.
3-5 Positive Expectations	Post, Define, and Teach 3-5 Positive Classroom Expectations
Active Engagement	Promote Active Engagement with High Rates of Opportunities to Respond.
Prompts and Pre-Corrections	Provide Prompts, Pre-Corrections, and Other Reminders to Set Students Up for Success WITHIN A PBIS FRAMEWORK
Active Supervision	Engage in Active Supervision to Monitor Student Behavior September 2020
Behavior Specific Praise	Deliver Behavior Specific Praise and Other Strategies to Acknowledge Behavior that is Appropriate for the Context
Behavior Specific Error Corrections	Provide Behavior Specific Error Corrections and Other Strategies to Respond Instructionally to Behavior that is Inappropriate for the Context.
Favorable Ratio of 5:1	Ensure Each Student Experiences a Favorable Ratio of Positive to Negative Interactions (e.g., Praise to Corrections).
Fidelity and Outcome Data	Collect And Use Fidelity and Outcome Data to Guide Implementation and Differentiation of Practices

# Key Practices

- Develop, teach, review, remind, and reinforce predictable routines and expectations.
- 2. Use efficient and effective instructional strategies to maximize benefit.
- 3. If your student has more intensive needs, provide targeted or intensive support.
- 4. Enhance relationships between home and school to support your student (and each other).
- 5. If your student is not being successful, ask for help.

SUPPORTING STUDENTS WITH DISABILITIES AT SCHOOL AND HOME:

A Guide for Teachers to Support Families and Students



Positive Behavioral Interventions & Supports

National Center on INTENSIVE INTERVENTION

at American Institutes for Research

### 1. Develop, Teach, Review, Remind, and Reinforce Predictable Routines and Expectations

• Create a classroom environment (in person or online) that is a predictable, positive, and safe to support social, emotional, behavioral, and cognitive growth.



Develop predictable **routines** that work for your classroom, teach those clearly, and create reminders (written schedule, pictures) to help students follow routines

Design a **schedule** that alternates between challenging and easier tasks

Explicitly teach **positive school expectations** in the context of your classroom routines, and provide reminders of expectations at the start of new or difficult routines

- Provide positive feedback when students meet expectations
- Use positive calm redirections or corrective feedback, reminding the student what they should do, when students make mistakes or behave in ways not consistent with classroom expectations
- Provide more positive than corrective feedback (at least 5 positives for each corrective)





### 2. Use Efficient and Effective Instructional **Strategies to Maximize Benefit**

- Set challenging goals for students, use research-based approaches, collect and use data to drive adjustments to instruction, and celebrate successes.
  - Tip Teachei
- Use research-based instructional practices, like explicit instruction, to efficiently support students in developing and re-establishing basic skills
- Provide structured **practice** opportunities to ensure students develop fluency with basic skills



Consider using scripted direct instruction lessons to help students rapidly grow in areas targeted for skill development



PBIS Positive Behavioral Interventions & Sup

TENSIVE INTERVENTION

SUPPORTING STUDENTS

WITH DISABILITIES AT

A Guide for Teachers to Support Families and

**Students** 

SCHOOL AND HOME:

### 3. If Your Student has More Intensive Needs, Provide Targeted or Intensive Support

- To support students with more intensive support needs, target or individualize support, collect and use data to drive adjustments to instruction, and celebrate successes.
  - Teacher Tips
- Increase the structure, predictability, and reminders of expectations and strategies
- To provide targeted instruction, use **scripted direct instruction** materials to explicitly teach skills in identified areas, and use **research-based programs** that provide supplemental practice in needed areas
- To provide individualized instruction, follow a model (I do), lead (we do), and test (you do) format to show, practice, and provide feedback on individualized skills (e.g., appropriate behaviors targeted to replace challenging behaviors, following picture sequence to complete an activity)
- Increase practice opportunities for key skills during daily routines and provide feedback to support growth





# 4. Enhance Relationships Between Home and School to Support Your Student (and Each Other)

- Collaborating with your student and their family is important for their success. Establish a positive, open, and reciprocal relationship from the beginning; celebrate successes; and anticipate and address challenges.
  - Recognize the expertise that families and teachers bring
    - Families know their child's strengths and needs and know what has (and has not) worked in the past
    - Students know what they like and what works for them
    - Teachers have expertise in their content, instructional strategies, and what has worked with other students

- Ask questions to learn more about your student's history in school, and engage the family as an active partner in education
- Ask your student what they see as a need and what would be helpful
- Learn more about engaging and collaborating with families





Tips

Teacher



### 5. If Your Student is Not Being Successful, Ask For Help

• As described in practice 4, partner with your student's family in implementing practices 1-3. If your student needs additional support, ask for help from a mentor, school psychologist, social worker, counselor, or administrator in your school or district.

Teacher Tips

Request help to ensure you are implementing support as intended (i.e., with **fidelity**) and that supports are **contextually appropriate** for your student, their family, and your classroom



Request help to **adjust** supports to better meet the student's need

 Request help to identify additional need areas that may be preventing student from responding to current supports







Next Steps

### **MTSS/PBIS Foundational Systems**



• Regular meetings

Tier

Jniversal

- A commitment to establishing a positive and proactive schoolwide culture for all
- Ongoing use of data for continuous improvement
- Professional development plans
- Personnel evaluation plans



- An intervention team with a coordinator
- Content expertise
- Fidelity and outcome data are collected
- A screening process
  - to identify students needing Tier 2
  - support
  - Access to training and technical assistance



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S Positive Behavioral

Interventions & Supports

- Content support expertise
- Formal fidelity and outcome data are collected

ntensive

3 tiers does not always equate to 3 teams! Understand the functions required at each tier to determine how to best formulate your team(s).



SUPPORTING AND RESPONDING TO STUDENTS' SOCIAL, EMOTIONAL, AND BEHAVIORAL NEEDS: Evidence-Based Practices for Educators

PBIS Positive Behavioral Interventions & Supports

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January 2022



SUPPORTING AND RESPONDING TO EDUCATORS' CLASSROOM PBIS IMPLEMENTATION NEEDS: Guide to Classroom Systems and Data

PBIS Positive Behavioral Interventions & Supports

CENTER ON PBIS

January 2023

### **MTSS Framework in Classrooms**





November 2021

### **Practices that Work!**





POSITIVE GREETINGS AT THE DOOR
WHAT IS IT?
A routine to start class or the day with a positive interaction. It can include greeting students by name, shaking a student's hand, asking a short question, or making a friendly comment that communicates they welcome.
WHY DO IT?
Carefully subjects as they writer for cells prace intervence/schools a simplice and effectives may to create a measuring discussion. That is another instructions, living praceful on a such studie is large to use the care starts a shaken's school and you as possible rotatic. Likewase, an atfinished intervention of the end of the instruction of the starts and the start of the start of the start of the start of the important for instantices on expensions from (or control in the start of the line control discussion). As shown this possible previous, such expensions shaken's time control discussion, and control and the possible previous of the control resonant shaken's time control discussion, and controls possible previous previous and the control and the start. 2005 (2004) and the start of the st
HOW DO WE DO IT?
There are many ways that students can be greeted as they enter the classroom. Examples of greetings as provided below.
EASIC STEPS: Stard just invite or outside of the door and 1. Greet each subdent by name 2. Hove a short poolity enteraction (e.g., poster, friendly comment, question) 3. Direct them to the first activity
VARIATION E: • Offer the student a choice of handshoke, fist burns, high five, pinkle shake, etc.
VARIATION 2: Provide a quiet, independent entry activity (e.g., sum- up fluency activity, easy writing task) Circulate around the room, ensuring you have a positive greeting with each student.
VARIATION 3: • Today students in your class to be greeters or 'greeter leaden' • Souchers study with the teacher provide a greeteric to addriftuident in the morning • Students alternate the role of greeter every month or years
Position Behavioral Interventions 5. Seguents (PBD)



#### PBIS Positive Behavioral Interventions & Supports

#### Beginning to Address Equity in Tier 1

#### Systems

Earbit work has long been associated with the notion that exhaptional outcomes will improve if only paralitioners can provide the right support to the right student's providely there's right student's are students of color, students from marginalized groups, and students who are underarened by our anothal systems in general. The idea that' these students' could succeed if only we intervened is stortbighted and ultimately hummit to all students because it implies within-student problems and ignores the role of systems, including education, in outcomes. While it may be more confortable to paint to within-student causes for disparst automess, the reality is that devactional spatters have remained imply unchanged since their establishment over 100 years ago. These systems were created and maintained by repointing they likely college-educated in dide class educators and have a far greater impact on student's academic outcomes than most other factors. In recent years, COVID-related issues have served to magnity systemic integrities, subsequently increasing disparities in student outcomes.

May 2021

#### Where to Start

School teams can begin to address long-standing system inequalities like disparte outcomes in stretardance, participation, and advicensent in a number of ways. Regardless of where a team starts, there are core components that must be addressed in order to create change that will sustain over time. The PEBS cultural Brownesses Field disparts Reconsers for Trainans et Coatres (ER FMR display) provides teams with specific directions that are directly connected to the searchial features of Universal PBS 5 schural Brownesses Field display Connected to the searchial features of Universal PBS for schubal implementing PBS, we recommend using the TI Ion insearce the Ericary of PBS across tiers. The CR Field Guide provides a framework, process, and activities to determine the level of Infrances school staff spreamal operimiers. They are directly and advice tests for leadership teams to incorrorise student and many vice in meaningful and autherits. ways.

Data Points of Entry

One important way to begin this work is to closely examine systemic data. The Center on PBIS has published two documents entitled <u>Using Discipline Data within SWPBIS to Identify and Address</u> <u>Disproportionality: A Guide for School Teams</u> [McIntosh et al., 2014] and A 5-point Intervention Approach











August 2021

### **Resources to Support Tier 3**





#### Check out this article from Disability Scoop:

### https://www.disabilityscoop.com/2023/02/02/ed-department-urges-schools-to-limit-

#### suspensions-of-students-with-disabilities/30224/



#### Office of Special Education and Rehabilitative Services Blog U.S. Department of Education

#### Home Events Resources ED.gov/OSERS

Discipline Discussions: Our Discipline Policies Reflect Our Priorities

#### Discipline and Behavior Series

Our Discipline Policies Reflect Our Priorities



#### 1,591,473

This is the <u>total number of disciplinary removals</u> students with disabilities experienced over the 2019-20 school year. Each removal represents a child's time away from their typical learning environment: time away from their teachers, their peers, and their friends. For many children with disabilities, particularly those who find comfort in routines, it can be an uprooting and distressing experience. It is hard for a child to learn when they are removed from their class.



And yet, these data are not an anomaly. In fact, the number of disciplinary removals for children with disabilities has remained fairly consistent over the last decade (see <u>Previous</u> <u>Civil Rights Data Collection Reports</u>). I mentioned in my last blog, <u>Discipline Discussions</u>:

- In July 2022, OSERS issued the most comprehensive guidance on IDEA's discipline provisions since the law was reauthorized in 2004
  - a footnote included that OSERS intends to review its previously stated position regarding whether an FBA is an evaluation under IDEA
- Check out the new blog series to further explain topics of interest included in <u>OSEP's discipline/behavior guidance package</u> and to connect stakeholders to relevant resources to encourage the shift to proactively, positively and preventatively addressing challenging behavior.
  - What is a preventative model of addressing behavior? Is it effective?
  - What advice do you have for educators who want to move toward a preventative model for addressing behavior?
  - How can schools or early childhood programs begin to make a shift toward prevention using MTSS?
  - For schools or early childhood programs already embracing MTSS, how should they check to ensure they are implementing with fidelity?
  - How can schools and families work collaboratively to address the behavioral needs of a child?

### Five Guiding Principles

- Foster a sense of belonging through a positive, safe, welcoming, and inclusive school environment.
- Support the social, emotional, physical, and mental health needs of all students through evidence-based strategies
- Adequately support high-quality teaching and learning by increasing educator capacity
- Recruit and retain a diverse educator workforce
- Ensure the fair administration of student discipline policies in ways that treat students with dignity and respect



### The takeaways...

We organize our resources

> Using a multi-tiered approach

#### So, teachers AND students get help early

Actions based on outcomes (data!), not procedures

Utilize effective professional development strategies to develop skills

Maintain a prevention mindset



#### We do stuff that's likely to work

Use evidencebased interventions



And make sure they're successful

Progress monitor interventions

Use a problem-solving (continuous improvement) process

Increase levels of intensity as needed

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- The stakes are high and **NO ONE IS EXEMPT**!
- Get back to basics do what works and do it well!
- There are no quick fixes you'll make mistakes, so leverage existing systems and keep plugging away!
- There will be barriers to overcome invest in prevention and integrate practices to impact all!
- Build a diverse team that communicates well, respects differences, and maintains a data-based action plan!
- Acknowledge and celebrate the successes!



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