

Teaching Skills that Matter for Success in Life and Work

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Objectives



Content:

- Explore the 9 central skills for success in life and work
- Hear an overview of the Teaching Skills that Matter project and related toolkit
- Explore how toolkit lessons emphasize central skills and can be adapted for multiple levels of learners

Social:

- Work with a small group to define the central skills and discuss why they are important to life and work.
- Share your ideas about the central skills in the chat.

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Let's get warmed up...

- What are some "soft skills" important for success in life and work?

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Why do these
skills matter?

World Economic Forum Report (2020)
highlighted skills needed for changing
economy and world

- Problem Solving
- Self Management
- Working with People
- Technology Use

Takes 1-2 months to learn these skills with
intentional practice

Source: <https://www.weforum.org/agenda/2020/10/top-10-work-skills-of-tomorrow-how-long-it-takes-to-learn-them/>

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Teaching Skills that Matter Initiative

- Federal initiative– Office of Career Technical and Adult Education
- Research-based toolkit designed by adult educators
- Focuses on the critical skills and relevant topics for learners' success in life and work



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Components of TSTM: 9 Central Skills



- Adaptability & willingness to learn
- Communication
- Critical thinking
- Interpersonal skills
- Navigating systems
- Problem solving
- Processing & analyzing information
- Respecting differences & diversity
- Self-awareness

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Let's dig in!

- Introduce yourself (name, role, school).
- Choose a notetaker and reporter.
- With your group, discuss...
 - What does the skill mean to you?
 - Why is it an important skill for life and work?
 - What are some examples of application of the skill in life and work?



4 minutes

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Lightning
share!



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Components of TSTM: 5 Topic Areas



- Civics education
- Digital literacy
- Financial literacy
- Health literacy
- Workforce preparation

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Components of TSTM: 3 Approaches



- Integrated & contextualized learning
- Problem-based learning
- Project-based learning

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Teaching Skills that Matter



WHAT IT IS...

- A resource to support the integration of the skills that matter into instruction
- High-quality lessons
 - Able to be modified
 - Relevant and authentic topics
 - Using evidence-based approaches
- Aligned with CCRS and ELPS

WHAT IT IS NOT...

- A complete curriculum
- Intended to be taught in order and "as is"

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Teaching the Skills That Matter Toolkit

The TSTM Toolkit was developed by adult education experts to support teachers in using approaches that work to help students gain the skills that matter. The toolkit has seven sections:

- The Overview section introduces the key toolkit components;
- Five topic-based sections each including an issue brief, a case study, lesson plans, and an annotated bibliography; and
- The Other Tools and Resources section, which has additional tools and resources to support the integration of the skills into your instruction.



[Overview](#)



[Civic Education](#)
(Tab 1)



[Digital Literacy](#)
(Tab 2)



[Financial Literacy](#)
(Tab 3)



[Health Literacy](#)
(Tab 4)



[Workforce Preparation](#)
(Tab 5)



[Other Tools and Resources](#)
(Tab 6)

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Health Literacy: What is Good Health? Lesson Plan



NRS Level(s): Low Beginning ESL

Lesson Title: What is Good Health?	Approximate Length of Lesson: 2 hours
<p>Instructional Objective (written in teacher language primarily derived from content standards and includes evidence of mastery):</p> <p>By the end of this lesson, the students will be able to:</p> <ul style="list-style-type: none"> • Identify several healthy activities and less healthy activities. • Talk about ways to stay healthy as well as barriers to good health, using key phrases to clarify meaning and to extend polite conversation. • Write (as time and proficiency allow) about healthy activities. • Begin thinking about healthy living in terms of categories (nutrition, lifestyle, health care, etc.). 	<p>Learning Target Statements (written in student-friendly language and helps learners reflect on what they are able to do as a result of the lesson) for learners' exit tickets, learning logs, or reflection:</p> <ul style="list-style-type: none"> • I can talk about healthy and unhealthy activities with my classmates. • I can name something that's good to do "in moderation." • I can name categories of health. • I can write about my healthy activities. • I can find trustworthy health information on the internet.

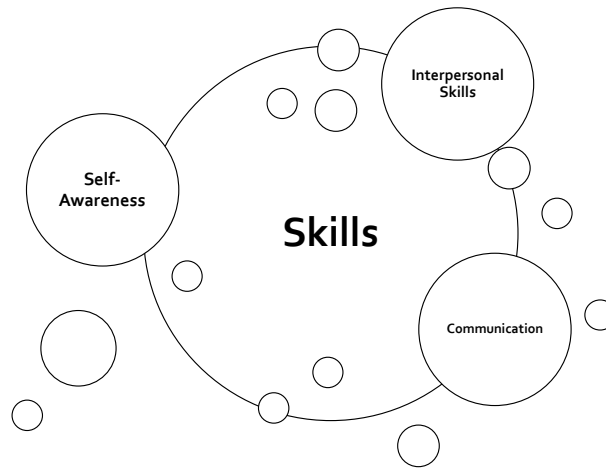
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Adapting Lessons

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What is Good Health?

Multilevel
Multilingual Class



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What is Good Health?



Original Lesson

- Students generated ideas for “What is healthy?”
- Practiced vocabulary through series of activities with partners
- Mingle grid with two general questions about health
- Class concept map with results of mingle activity

Adapted Lesson

- Provided prompts and photographs
- Practiced vocabulary through activities with whole group
- Learners interviewed each other with more specific information
- Charted responses and discussed—practiced asking and answering questions

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Skills Emphasized

Communication & Self-Awareness

Drink coffee.



Drink water.



Smoke



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Skills Emphasized

Communication & Interpersonal Skills

Let's ask questions to find out more about your health.

1. How many hours do you sleep at night?
2. How many meals do you eat?

	F	R	C	T	A
sleep	8	7	7	8	7
meals	2	2	2	3	3
junk food	sometimes	sometimes	sometimes	sometimes	Once a week
vegetables	yes	yes	yes	yes	yes
smoke	no	no	no	no	no
exercise	yes	yes	sometimes	yes	yes

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Adulting Topics

Written for adult learners, **but** topics are relevant for learners middle school and up.



Community involvement, working with local schools, First Amendment rights



Social media, cultural stereotypes, workplace safety, safety signs



Purchasing a car, money management, cash flow, eating healthy on a budget,



O*Net interest profiler, local labor market information, classroom code of conduct, workplace performance outcomes



Health information and the internet, what is good health?, patient-doctor communication

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Moving TSTM forward...

- Adult Education Training for Teachers (fall 2023)
- Community of Practice
- Newsletter
- "How to Be a Learner Course"



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Questions?

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