

AARP Age-Friendly State Kick-Off Meeting Minutes

<p>Date: November 19, 2019</p> <p>Time: 1:00 PM – 2:00 PM</p> <p>Location: 109 Capitol Street Androscoggin Conf. Room Augusta, ME</p> <p>Facilitator: Paul Saucier, Director, OADS</p>	<p>Agenda:</p> <p>Welcome, Photo & Introductions</p> <p>How is aging of the state impacting your department?</p> <p>What is an AARP Age-Friendly State?</p> <p>Why did Maine pursue the designation?</p> <p>What are the role and composition of the Steering Committee?</p> <p>How often to meet?</p> <p>Next Steps & Adjourn</p>
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Attendance:	
Bethany Beausang, Governor's Office	Karen Mason, OADS/DHHS
Dan Brennan, MaineHousing	Lori Parham, AARP
Randy Charette, DACF	Pat Pinto, AARP
Dan Cohen, OFI/DHHS	Michelle Probert, OMS/DHHS
Karen Fraser, DOL	Megan Russo, MDOT
Nina Fisher, MDOT	Paul Saucier, OADS/DHHS
Dawn Mealey, DOL	Michael Sauschuck, DPS
James Moorhead, OADS/DHHS	Denise Lord, MaineHousing
Jeanne Lambrew, DHHS	Joseph Zamboni OADS/DHHS
Denise Osgood, Maine CDC/DHHS	

Welcome – Jeanne Lambrew, Commissioner, Maine Department of Health and Human Services

The goal of this initiative is to identify ideas and take steps, to not just promote age-friendly and safe communities, but exciting communities, where older adults lead active lives, work, and have volunteering opportunities. Thanks to DHHS/OADs and AARP for steering this project.

- Welcome, Photo & Introductions** – Paul Saucier, Director, Office of Aging and Disability Services, DHHS
- How is aging of the state impacting your department?
 - Discussion
 - Need education & training, we have a target rich environment for wrong-doers- DPS
 - Need new, affordable housing & to help Mainers stay in their homes when possible- MaineHousing
 - Need to help Mainers stay in the workforce as long as they want, as hearing and vision change- DOL
 - Need early diagnosis of dementia, understand caregiver impacts, & focus on primary care- DHHS/CDC
 - Need to listen to communities & stakeholders, increase access to services & coordination- DHHS/OADS
 - Farmers & farmland need to be protected & increase recreation opportunities for all- DACF
 - Improve health delivery system, increase quality care & promote access awareness- DHHS/OMS

What is an AARP Age-Friendly State? Why did Maine pursue the designation? - Lori Parham & Pat Pinto, AARP

- This is part of the World Health Organization's international effort to create age-friendly cities
- Eight (8) domains were created by this process to help think about how to shape efforts
- Maine is the 6th State to obtain this designation, but it will have the highest profile in terms of participation
- AARP has over 200,000 members in ME, age 50+, who are committed to improving Maine for the future
- Our goal is to think about what Maine should look like in 5, 10, & 15 years, & take those steps
- The Age-Friendly designation is a multi-year process, that assesses the domains, and creates goals
- 69 Maine municipalities are working on this process and they also have data that can inform the work
- Year one (1) should focus on assessment, decision-making and planning
- However, work towards shorter term successes is important while the longer-term goals are in progress
- This is not just about needs, but resources and underutilized opportunities
- We need to identify achievable outcomes and work together towards these goals

What are the role and composition of the Steering Committee? How often to meet? Karen Mason, DHHS/OADS

- Shared sign-in sheet to designate representative from each Dept., and began discussion
- What is the role and composition of our group?
 - This group will be the Steering Committee
 - The Steering Committee will review drafts before they are made public
 - How do we involve stakeholders? Are they part of this group or a sub-group?
 - Discussion
 - AARP says this is done differently in each state, up to Maine to decide
 - Subgroup(s) of stakeholders will inform the Steering Committee
 - Subgroup named the "Age Friendly State Advisory Committee"
 - Steering Committee should meet quarterly (every 3 months)
 - Age Friendly State Advisory Committee should meet regularly (6 weeks post Steering Comm. meetings)
 - Stakeholders groups should be limited in size (Departments will nominate)
 - How do we identify achievable outcomes?
 - Discussion
 - This group will need to review data and establish priorities
 - This work should start before next meeting
 - Please send your priorities to OADS who will synthesize
 - Action Items
 - ❖ Departments need to identify stakeholders by December 13th
 - ❖ OADS will prepare for Steering Committee to meet again in January 2020
 - And identify a date in March for the first meeting of the Age Friendly State Advisory Committee
 - ❖ An invite should be made to the Attorney General's Office
 - ❖ OADS will work with AARP to obtain AmeriCorps Vista volunteers to provide support to the effort

Next Steps and Adjourn – Paul Saucier, DHHS/OADS

Closing – Paul Saucier, DHHS/OADS