**Meeting name:** MaineMOM Advisory Group Meeting (#4)  
**Date of meeting:** December 15, 2020  
**Time:** 9:30am – 10:30am  
**Minutes prepared by:** Liz Remillard, Office of MaineCare Services  
**Location:** Zoom Video Conference and Call

### Meeting Objective
To review the Maine Maternal Opioid Misuse (MOM) Model expectations from the Center’s for Medicare and Medicaid Services (CMS), including data measures and screening requirements and advise on programmatic design and changes needed within the MaineCare program to support model design.

### Attendees
- **Co-Occurring Collaborative Serving Maine:** Catherine Chichester; **Maine CDC:** Kelley Bowden, Dara Fruchter, Tammy Hatch, Maryann Harakall, Ashley Olen, Hillary Williams; **Maine DHHS:** Amy Belisle, Joy Gould; **Maine Department of Labor:** Doug Dunbar, Laurie McDonald; **Maine Family Planning:** Evelyn Kieltyka; **MaineGeneral:** Ashley Tetreault; **MaineHealth:** Amanda Powell, Caroline Zimmerman; **Maine Medical Association:** Kayla Cole; **Maine State Legislature:** Representative Tiffany Roberts, District 6; **Mid Coast Hospital:** Maggie Jansson, Christine Wyman; **Northern Light:** Melissa Skahan, Crystal Richard; **Office of Behavioral Health:** Stephanie Kallio; **Office of MaineCare Services:** Olivia Alford, Kaley Boucher, Loretta Dutilt, Joanie Klayman, Rachel McLean, Alane O’Connor, Liz Remillard, Michaela Rice; **Penobscot Community Health Center:** Rachel York; **Tribal Public Health:** Kristi Ricker; **University of Maine:** Jennifer Maeverde; **University of New England:** Laura Knapik, Student; **University of Southern Maine:** Katherine Ahrens, Cathy McGuire

### Notes, Decisions, Issues
<table>
<thead>
<tr>
<th>Topic</th>
<th>Discussion</th>
<th>Follow-up</th>
</tr>
</thead>
</table>
| **MaineMOM and Maternal/Child Health Updates** | **MaineMOM upcoming activities:**  
- Execute contract for communication outreach vendor, Ethos from Westbrook, ME, in January 2021  
- Convene a DHHS advisory group of women in recovery in February 2021  
- MaineMOM ECHO series to begin in March 2021 |  
| **Plan of Safe Care Update** | **Plan of Safe Care (POSC) implementation plan:**  
- Intention of the POSC is for a mother and infant exposed to substances to receive a documented list of available services and referrals for their care.  
- Phase one of the POSC implementation of the begins January 1st, 2021  
  - The POSC will initially be completed by labor and delivery staff in the hospital setting and submitted along with the notification of a substance exposed infant and CradleME referral. | For more information or questions on the Plan of Safe Care, contact Ashley Olen, Plan of Safe Care Nurse, Ashley.olen@maine.gov or Dara Fruchter, Project Manager of Substance Exposed Infant and Maternal Substance Use |
- Phase two of the POSC implementation will focus on creation of the tool prenatally beginning early summer 2021

<table>
<thead>
<tr>
<th>MaineMOM Service Development</th>
<th>Overview of MaineMOM proposed services:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>MaineCare members living with opioid use disorder during pregnancy and up to 12 months postpartum are eligible for MaineMOM services</td>
</tr>
<tr>
<td></td>
<td>The MaineMOM Service will require a team-based approach to care with the following roles:</td>
</tr>
<tr>
<td></td>
<td>- Medication-Assisted Treatment Prescriber</td>
</tr>
<tr>
<td></td>
<td>- Perinatal Provider</td>
</tr>
<tr>
<td></td>
<td>- Nurse Care Manager</td>
</tr>
<tr>
<td></td>
<td>- Clinical Counselor</td>
</tr>
<tr>
<td></td>
<td>- Recovery Coach</td>
</tr>
<tr>
<td></td>
<td>- Patient Navigator</td>
</tr>
<tr>
<td></td>
<td>- Clinical Team Lead</td>
</tr>
<tr>
<td></td>
<td>Based on qualifications of an individual, one person may assume multiple roles on the MaineMOM team</td>
</tr>
<tr>
<td></td>
<td>Roles on the MaineMOM team may be coordinated between provider organizations</td>
</tr>
<tr>
<td></td>
<td>Proposed MaineMOM covered services include:</td>
</tr>
<tr>
<td></td>
<td>- Screening for co-occurring disorders and health-related social needs</td>
</tr>
<tr>
<td></td>
<td>- Development of the POSC</td>
</tr>
<tr>
<td></td>
<td>- Medication Assisted Treatment</td>
</tr>
<tr>
<td></td>
<td>- Group and individual counseling for OUD</td>
</tr>
<tr>
<td></td>
<td>- Recovery coaching services</td>
</tr>
<tr>
<td></td>
<td>- Referrals to and coordination with maternal and infant medical services</td>
</tr>
<tr>
<td></td>
<td>- Referrals to and coordination with community support, home visiting, and nutrition services for the member and the infant</td>
</tr>
<tr>
<td></td>
<td>- Educate enrollees on monitoring the newborn for neonatal opioid withdrawal after delivery and the mandatory notification to DHHS of all substance exposed infants</td>
</tr>
<tr>
<td></td>
<td>- Coordinate with DHHS child welfare services, if necessary</td>
</tr>
</tbody>
</table>

Prevention Coordination dara.fruchter@maine.gov
Provide resources and education on family planning and contraceptive care

- MaineMOM Providers are expected to partner with birthing hospitals who use evidence-based pain management protocols during delivery and that follow the Eat, Sleep, Console model of care for infants exposed to substances

MaineMOM provider and reimbursement structure:

- MaineMOM services can be provided in one location as an integrated service, inclusive of perinatal care or as a coordinated service between two or more entities.
  - In the coordinated model of care, one organization will be designated as the accountable organization for the members care and is responsible for distributing payment to partnered providers
  - Integrated services will be provided by one practice location and is accountable for coordinating all aspects of a member’s care
- MaineMOM Services will be reimbursed as a bundled per member per month payment for OUD treatment, recovery services, care management, and coordination of care to a single provider
- Prenatal, delivery, and postpartum services will be reimbursed as outlined in Sections 90 and 45 of the MaineCare Benefits Manual; providers will continue to bill through a global charge or fee-for-service
- The Office of MaineCare Services is currently drafting changes to the Medicaid state plan through a State Plan Amendment (SPA) to encompass MaineMOM Services, with an aim to finalize changes by June 2021

The SPA approval will initiate a rule making process for MaineMOM services within the MaineCare Benefits Manual, anticipating a final rule approval for early 2022

<table>
<thead>
<tr>
<th>Connecting with Opportunities</th>
<th>Connecting with Opportunities grant overview:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Contact Laurie McDonnell,</td>
</tr>
<tr>
<td>Department of Labor Initiative</td>
<td>In 2020 Maine Department of Labor received a two-year national health emergency dislocated worker grant (<a href="https://www.maine.gov/labor/bes/coi/">https://www.maine.gov/labor/bes/coi/</a>)</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>--------------------------------------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>The initiative is designed to find employment and/or education opportunities for individuals</td>
</tr>
<tr>
<td></td>
<td>• impacted by opioid use disorder</td>
</tr>
<tr>
<td></td>
<td>• not-impacted by opioid use disorder, but are interested and willing to train and work in treatment and recovery fields</td>
</tr>
<tr>
<td></td>
<td>Services included are one-on-one career guidance, assistance with education, training, skill development, case management services, financial assistance, and support from Peer Connectors with lived experience in recovery</td>
</tr>
<tr>
<td></td>
<td><strong>Contact information for services:</strong></td>
</tr>
<tr>
<td></td>
<td>• This grant is being administered by Maine’s three Workforce Development Boards and with services delivered through:</td>
</tr>
<tr>
<td></td>
<td>• Aroostook County Action Program (ACAP)</td>
</tr>
<tr>
<td></td>
<td>• Erin Benson, Program Supervisor: <a href="mailto:ebenson@acap-me.org">ebenson@acap-me.org</a>, 207-768-3045</td>
</tr>
<tr>
<td></td>
<td>• In partnership with the Northeastern Workforce Development Board serving: Aroostook County</td>
</tr>
<tr>
<td></td>
<td>• Eastern Maine Development Corporation (EMDC)</td>
</tr>
<tr>
<td></td>
<td>• Doug Dunbar, Program and Recovery Specialist, <a href="mailto:ddunbar@emdc.org">ddunbar@emdc.org</a></td>
</tr>
<tr>
<td></td>
<td>• Susan Cerini, Director Workforce Services: <a href="mailto:scerini@emdc.org">scerini@emdc.org</a>, 207-561-4044</td>
</tr>
<tr>
<td></td>
<td>• In partnership with the Northeastern Workforce Development Board serving: Hancock, Penobscot, Piscataquis, and Washington counties</td>
</tr>
<tr>
<td></td>
<td><strong>Labor Program Specialist, Employment Services, <a href="mailto:Laurie.E.McDonnell@maine.gov">Laurie.E.McDonnell@maine.gov</a></strong></td>
</tr>
<tr>
<td><strong>In partnership with the Central Western Maine Workforce Development Board serving:</strong> Androscoggin, Franklin, Kennebec, Oxford and Somerset Counties</td>
<td></td>
</tr>
<tr>
<td>---</td>
<td></td>
</tr>
<tr>
<td>o <strong>Workforce Solutions</strong></td>
<td></td>
</tr>
<tr>
<td>• David Wurm, Senior Director: <a href="mailto:David.Wurm@goodwillnne.org">David.Wurm@goodwillnne.org</a></td>
<td></td>
</tr>
<tr>
<td>• In partnership with Coastal Counties Workforce, Inc. serving: Cumberland, Knox, Lincoln, Sagadahoc, Waldo and York Counties</td>
<td></td>
</tr>
</tbody>
</table>

**Next MaineMOM Advisory Group Meeting: March 16, 2021**

*This program is managed by the Maine Department of Health and Human Services, Office of MaineCare Services Value-Based Purchasing Unit, funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS).*
Meeting name: MaineMOM Clinical Committee Meeting (#3)

Date of meeting: December 15, 2020  
Time: 11:00am – 12:00pm  
Minutes prepared by: Liz Remillard, Office of MaineCare Services  
Location: Zoom Video Conference and Call

Meeting Objective
To review the Maine Maternal Opioid Misuse (MOM) Model expectations from the Center’s for Medicare and Medicaid Services (CMS), including data measures and screening requirements and advise on programmatic design and changes needed within the MaineCare program to support model design.

Attendees
Aroostook Mental Health Services: Lorraine Chamberlain; CMHC: Peter Leighton; Group Recover Together: Gus Crothers; Maine CDC: Kelley Bowden, Dara Fruchter, Ashley Olen; Maine DHHS: Amy Belisle; Maine General: Kelley Harmon; Maine Health: Alane O’Connor; Mid Coast Hospital: Jamie Leavitt, Maggie Jansson, Christine Wyman; Maine Family Planning: Leah Coplon; Northern Light: Eric Brown, Sveva Brown; Office of MaineCare Services: Olivia Alford, Kaley Boucher, Fran Jensen, Rachel Mclean, Liz Remillard, Michaela Rice; Penobscot Community Health Center: Michelle Hansen, Noah Nesin; Pines Health: Traci Rogers; Redington Fairview Hospital: Natasha Lants, Sarah Tomasz; Spurwink: Ben Strick

Notes, Decisions, Issues

<table>
<thead>
<tr>
<th>Topic</th>
<th>Discussion</th>
<th>Follow-up</th>
</tr>
</thead>
</table>
| MaineMOM and Maternal/Child Health Updates | MaineMOM upcoming activities:  
• Execute contract for communication outreach vendor, Ethos from Westbrook, ME, in January 2021  
• Convene a DHHS advisory group of women in recovery in February 2021  
• Launch MaineMOM ECHO series to begin in March 2021 | |
| MaineMOM Proposed Services | Overview of MaineMOM proposed services:  
• MaineCare members living with opioid use disorder during pregnancy and up to 12 months postpartum are eligible for MaineMOM services  
• The MaineMOM Service will require a team-based approach to care with the following roles: | |
• Medication-Assisted Treatment Prescriber
  • Perinatal Provider
  • Nurse Care Manager
  • Clinical Counselor
  • Recovery Coach
  • Patient Navigator
  • Clinical Team Lead

• Based on qualifications of an individual, one person may assume multiple roles on the MaineMOM team
• Roles on the MaineMOM team may be coordinated between provider organizations

• Proposed MaineMOM covered services include:
  o Screening for co-occurring disorders and health-related social needs
  o Development of the Plan of Safe Care
  o Medication Assisted Treatment
  o Group and individual counseling for OUD
  o Recovery coaching services
  o Referrals to and coordination with maternal and infant medical services
  o Referrals to and coordination with community support, home visiting, and nutrition services for the member and the infant
  o Educate enrollees on monitoring the newborn for neonatal opioid withdrawal after delivery and the mandatory notification to DHHS of all substance exposed infants
  o Coordinate with DHHS child welfare services, if necessary
  o Provide resources and education on family planning and contraceptive care

• MaineMOM Providers are expected to partner with birthing hospitals who use evidence-based pain management protocols during delivery and that follow the Eat, Sleep, Console model of care for infants exposed to substances

MaineMOM provider and reimbursement structure:
• MaineMOM services can be provided in one location as an integrated service, inclusive of perinatal care or as a coordinated service between two or more entities
In the coordinated model of care, one organization will be designated as the accountable organization for the members care and is responsible for distributing payment to partnered providers.

- Integrated services will be provided by one practice location and is accountable for coordinating all aspects of a member’s care.
  - MaineMOM Services will be reimbursed as a bundled per member per month payment for OUD treatment, recovery services, care management, and coordination of care to a single provider.
  - Prenatal, delivery, and postpartum services will be reimbursed as outlined in Section 90 of the MaineCare Benefits Manual; providers will continue to bill through a global charge or fee-for-service.
  - The Office of MaineCare Services is currently drafting changes to the Medicaid state plan through a state plan amendment (SPA) to encompass MaineMOM Services, with an aim to finalize changes by June 2021.
  - The SPA approval will initiate a rule making process for MaineMOM services within the MaineCare Benefits Manual, anticipating a final rule approval for early 2022.

<table>
<thead>
<tr>
<th>Checklist for OUD Treatment with Pregnant Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>The MaineMOM initiative has developed a checklist to be used during clinical encounters with pregnant and postpartum members in treatment for opioid use disorder. This will be distributed in early 2021 for use.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Plan of Safe Care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Plan of Safe Care (POSC) implementation plan:</strong></td>
</tr>
<tr>
<td>- Intention of the POSC is for a mother and infant exposed to substances to receive a documented list of available services and referrals for their care.</td>
</tr>
</tbody>
</table>
| - Phase one of the POSC implementation of the begins January 1st, 2021.  
  - The POSC will initially be completed by labor and delivery staff in the hospital setting and submitted along with the notification of a substance exposed infant and CradleME referral. |
| - Phase two of the POSC implementation will focus on creation of the tool prenatally beginning early summer 2021. |

For more information or questions on the Plan of Safe Care, contact Ashley Olen, Plan of Safe Care Nurse, Ashley.olen@maine.gov or Dara Fruchter, Project Manager of Substance Exposed.
MaineMOM services include an expectation of a POSC for all members enrolled.

Next MaineMOM Advisory Group Meeting: March 16, 2021

This program is managed by the Maine Department of Health and Human Services, Office of MaineCare Services Value-Based Purchasing Unit, funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS).