**Meeting name:** MaineMOM Advisory Group Meeting (#1)  
**Date of meeting:** September 15, 2020  
**Minutes prepared by:** Liz Remillard, Office of MaineCare Services  
**Time:** 9:30am – 10:30am  
**Location:** Zoom Video Conference and Call

**Meeting Objective**
To review the Maine Maternal Opioid Misuse (MOM) Model expectations from the Center’s for Medicare and Medicaid Services (CMS), including data measures and screening requirements and advise on programmatic design and changes needed within the MaineCare program to support model design.

**Attendees**

*Maine CDC:* Kelley Bowden, Dara Fruchter, Tammy Hatch, Maryann Harakall, Hillary Williams;  
*Maine DHHS:* Amy Belisle;  
*Maine Family Planning:* Evelyn Kieltyka;  
*MaineGeneral:* Kelley Harmon, Ashley Tetreault;  
*MaineHealth:* Caroline Zimmerman;  
*Mid Coast Hospital:* Maggie Jansson, Christine Wyman;  
*Northern Light:* Crystal Richard;  
*Office of Behavioral Health:* Stephanie Kallio;  
*Office of MaineCare Services:* Olivia Alford, Kaley Boucher, Lily Fanburg, Rachel McLean, Alane O’Connor, Michelle Probert, Liz Remillard, Michaella Rice.;  
*Penobscot Community Health Center:* Rachel York;  
*Tribal Public Health:* Kristi Ricker;  
*University of Maine:* Jennifer Maeverde;  
*WIC Services:* Ginger Robert-Scott, Skye White

**Notes, Decisions, Issues**

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| **MaineMOM and Maternal/Child Health Updates** | MaineMOM Program Updates and Events:  
- Responses for the RFP for MaineMOM Communication and Outreach Vendor are due 9/29/2020.  
- Maternal Child Health and Substance Exposed Infant Conference will be held virtually on September 29th and 30th, fees may apply.  
- The first MaineMOM Clinical Office hour was held on September 4th. These collaborative calls will be held monthly on the first Friday from 7:30am-8:30am. It is an open clinical call for questions and discussion on substance use disorders in pregnancy and the implementation of the MaineMOM Model for MAT prescribers, OB care providers, nurses, behavioral health clinicians, and other members of the clinical care team. | RFP for communications and outreach; RFP communications and outreach available on maine.gov website [https://www.maine.gov/dafs/bbm/procurementservices/vendor/rfps](https://www.maine.gov/dafs/bbm/procurementservices/vendor/rfps) RFP# 202007123 |
## Plan of Safe Care Update

In March of 2020, a collaboration began within Maine’s Substance Exposed Infant Internal Workgroup, which includes the Center for Disease Control and Prevention, the Office of Children and Family Services, the Office of Behavioral Health, Family First, MaineMOM and the Commissioner’s Office, which led to the creation of a Universal Plan of Safe Care for all pregnant women in Maine.

Starting in 2021, the goal is to create a Plan of Safe Care prenatally for every pregnant woman in Maine, building a bridge of understanding and trust between those creating the Plan through conversation rooted in open ended questions, using destigmatizing language, and a stance of collaboration that leads to the actions necessary to meet any identified clinical and/or social needs a woman and her family may have prenatally. At birth, the infant’s needs will be integrated into the Plan of Safe Care and followed into the postpartum period.

Maine’s Universal Plan of Safe Care will support the many diseases and health challenges women navigate during and after pregnancy, including substance use disorder, elevating this Plan of Safe Care to support the health of all Maine women and their families.

For more information or question related to the Plan of Safe Care, contact Ashley Olen, Plan of Safe Care Nurse, Ashley.olen@maine.gov or Dara Fruchter, Project Manager of Substance Exposed Infant and Maternal Substance Use Prevention Coordination dara.fruchter@maine.gov.

## MOM Model Data Collection and Reporting Expectations

There was a review of the MOM Model data expectations from CMS which includes:

- Quarterly report of enrollees into the MaineMOM service model
- Depression and Tobacco screening
- Performance Milestones:
  - Continuity of pharmacotherapy
  - Gains in patient activation measure scores
  - Presence of health-related social needs screening
  - Maternal engagement in OUD treatment
  - Postpartum care and family planning

Data reporting is expected from each MOM clinical delivery site and collected at the point of care or from the electronic health record.

MaineMOM Program team will share CMS data expectations with all Care Delivery Partner contacts.
A consent form will be required for each enrollee to participate in MaineMOM, Care Delivery Partners shared that patients may be apprehensive to sign consent from DHHS.

As a part of CMS MOM Performance Milestone reporting, MaineCare is required to identify a Health-related Social Needs (HRSN) screening tool to be used by all Care Delivery Partners covering 6 domains: housing, transportation, food, utilities, family and community support, and interpersonal safety.

MaineCare proposed the CMS Accountable Health Communities HRSN screening tool for discussion. There was general agreement to utilize this tool as the standard MaineMOM HRSN tool.

Next MaineMOM Advisory Group Meeting: December 15, 2020

This program is managed by the Maine Department of Health and Human Services, Office of MaineCare Services Value-Based Purchasing Unit, funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS).
Meeting name: MaineMOM Clinical Committee Meeting (#2)  
Date of meeting: September 15, 2020  
Time: 11:00am – 12:00pm  
Minutes prepared by: Liz Remillard, Office of MaineCare Services  
Location: Zoom Video Call  

Meeting Objective  
To review Maine Maternal Opioid Misuse (MaineMOM) Model proposed clinical team and core functions, advising on the care delivery implications including promising practices and barriers.  

Attendees  
* Group Recover Together: Gus Crothers; Maine CDC: Kelley Bowden, Dara Fruchter; Maine DHHS: Amy Belisle; Maine Health: Alane O’Connor; Mid Coast Hospital: Jamie Leavitt, Maggie Jansson; Maine Family Planning: Leah Coplon; Northern Light: Eric Brown, Sveva Brown; Office of MaineCare Services: Olivia Alford, Lily Fanburg, Fran Jensen, Rachel Mclean, Liz Remillard, Michaela Rice; Penobscot Community Health Center: Michelle Hansen, Noah Nesin; Pines Health: Traci Rogers; Redington Fairview Hospital: Natasha Lants; Spurwink: Ben Strick;*  

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| **MOM Model Proposed Services** | MaineMOM Program Updates and Events:  
  • Responses for the RFP for MaineMOM Communication and Outreach Vendor are due 9/29/2020.  
  • Maternal Child Health and Substance Exposed Infant Conference will be held virtually on September 29th and 30th, fees may apply.  
  • The first MaineMOM Clinical Office hour was held on September 4th. These collaborative calls will be held monthly on the first Friday from 7:30am-8:30am. It is an open clinical call for questions and discussion on substance use disorders in pregnancy and the implementation of the MaineMOM Model for MAT prescribers, OB care providers, nurses, behavioral health clinicians, and other members of the clinical care team. | For an invitation or more information on the MaineMOM Friday Clinical Office Hours, contact rachel.mclean@maine.gov |
| **Plan of Safe Care**       | In March of 2020, a collaboration began within Maine’s Substance Exposed Infant Internal Workgroup, which includes the Center for Disease Control and Prevention, the Office of Children and Family Services, the Office of Behavioral Health, Family First, MaineMOM and the Commissioner’s Office, which led to the creation of a Plan of Safe Care. | For more information or question related to the Plan of Safe Care, contact Ashley Olen, Plan of Safe Care Nurse, Ashley.olen@maine.gov or Dara Fruchter, Project |
Universal Plan of Safe Care for all pregnant women in Maine.

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**MaineMOM Proposed Clinical Team**

The MaineMOM Clinical Team is derived from the Opioid Health Home Clinical team and additional roles and functions are proposed within the context of maternal health.

The proposed team roles and functions for the MaineMOM Clinical Team:

- Clinical Team Lead
- Medication Assisted Treatment Prescriber
- Perinatal Provider
- Nurse Care Manager
- Clinical Counselor
- Peer Recovery Coach
- Patient Navigator

As with other MaineCare Health Home models, one individual can fulfill multiple roles on the team depending on applicable credentials, experience, and job function. Additionally, positions on the team do not need to be employed by the organization can be fulfilled through

Manager of Substance Exposed Infant and Maternal Substance Use Prevention Coordination
dara.fruchter@maine.gov

For more information please contact
MaineMOM Program Manager, Liz Remillard,
liz.remillard@maine.gov
 contractual relationship with another organization or individual.

From the discussion potential barriers were identified regarding current practice staffing and issues on hiring staff with specific education and experience.

For detailed proposal of licensing and functions of each role, see the September 15, 2020 Advisory Group and Clinical Committee Meeting Presentation.

| MaineMOM Service Development: | The group discussed current barriers, practice needs, and innovations in delivering integrated/coordinated prenatal and substance use treatment including:
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<td>• Utilize prevention efforts to keep the children with their families in its early stages and potentially align with MaineMOM in the future.</td>
<td>• The discussion focused on the inclusion of Child Welfare case workers earlier in the pregnancy to support collaboration and relationship building prior to the delivery and notification of a substance exposed infant.</td>
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The December 15, 2020 Clinical Committee Meeting will focus on MaineMOM Covered Services.

Next MaineMOM Clinical Group Meeting: December 15, 2020

This program is managed by the Maine Department of Health and Human Services, Office of MaineCare Services Value-Based Purchasing Unit, funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS).