

Family First Prevention Services Evidenced Based Practice Proposed Service Array 12/2020

Evidence Based Service	Target Age	Rating IV-E Clearinghouse	Funding Details	Implementation
Substance Use Disorder Services				
Methadone Maintenance Therapy	Age 18+ Under 18 consent	Promising	-MaineCare funds service delivery. -Funded by Federal Grant Funds and State Funds for uninsured.	Office of Behavioral Health provides oversight of programs and payment for those not covered by MaineCare.
Mental Health Services				
Functional Family Therapy (FFT)	11-18 years old	Well-Supported	-MaineCare funds service delivery. -Future consideration of Title IV-E and State General Funds for expansion.	Consider expansion of providers in Maine through assessment of geographical and population needs in year 3 of this 5-year plan.
Multisystemic Therapy (MST)	12-17 years old	Well-Supported	-MaineCare funds service delivery. -Future consideration of Title IV-E and State General Funds for expansion.	Consider expansion of providers in Maine through assessment of geographical and population needs in year 3 of this 5-year plan.
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	5-17 years old	Promising	-MaineCare funds service delivery. -State funds supported training.	123 Providers in Maine were trained in 2020 and are completing certification.
The Incredible Years	4-8 years old	School Aged & Toddler Basic: Promising	-MaineCare funds service delivery. -IV-E and State General Funds- to fund training for child welfare cases.	Expand providers in Maine through assessment of geographical and population need to serve child welfare cases.
Parent Child Interaction Therapy (PCIT)	2-7 years old	Well-Supported	-MaineCare funds service delivery. -IV-E and State General Funds- to fund training for child welfare cases.	Expand providers in Maine through assessment of geographical and population need to serve child welfare cases.
Triple P- Positive Parenting Program	0-16 years old	Promising (some models)	-MaineCare funds service delivery. -IV-E and State General Funds- to fund training for child welfare cases.	Expand providers in Maine through assessment of geographical and population need to serve child welfare cases.
In Home Parent Skill Building Services				
Parents as Teachers (PAT)	0-5 years old	Well-Supported	-Title IV-E and State General Funds to fund service delivery and training.	Currently PAT is provided through MIECHV (0-3). Expand service delivery to serve 0-5.
Homebuilders	0-18 years old	Well-Supported	-Title IV-E and State General Funds to fund service delivery and training.	Development and implementation of this new program statewide.
Kinship Navigator Services				
No programs are being proposed at this time.	N/A	None	-Use of IV-E and State General Funds to fund in the future.	Once evidenced based Kinship Navigator Services are identified, Maine will explore implementation through IV-E.