**Meeting name:** MaineMOM Clinical Committee Meeting  
**Date of meeting:** September 21st, 2021  
**Time:** 8:00am-9:00am  
**Minutes prepared by:** Michaela Rice  
**Location:** Zoom

### Meeting Objective
Discuss and receive feedback on MaineMOM service policy options and inform MaineMOM clinical care teams about how to connect MaineMOM patients to supportive services through CradleME referral system.

### Attendees
- Aroostook Mental Health Center: Jemelie McCorison; Groups Recover Together; Rhonda Selvin; Maine CDC: Hillary Williams; Tammy Hatch; Maine CDS: Jamie Michaud; Maine Children’s Trust Inc.: Gillian Roy; Maine DHHS: Amy Belisle, Angie Bellefleur, Ashley Olen, Carrie Louch, Fran Jensen, Ginger Roberts-Scott, Joanie Klayman, Kaley Boucher, Liz Remillard, Michaela Rice, Michelle Probert, Olivia Alford, Rachel McLean, Sam Blanchard; MaineHealth: Alane O’Connor, Amanda Powell, Caroline Zimmerman, Margy O’Hare; Maine General: Kelly Wheeler; MidCoast: Judy Marblestone; Pines Health: Jessica Bouley; The Opportunity Alliance: Michelle Hansen; Sarah Corbett

### Notes, Decisions, Issues

<table>
<thead>
<tr>
<th>Topic</th>
<th>Discussion</th>
<th>Follow-up</th>
</tr>
</thead>
</table>
| Delivery & Payment Options for MaineMOM Services | MaineMOM Services and Eligibility:  
- MaineMOM services include access to comprehensive substance use treatment, including group counseling and recovery coaching services, access to perinatal care, including family planning, and screening for and care coordination to meet health-related social needs.  
- To be eligible for MaineMOM services, you must have an Opioid Use Disorder (OUD) diagnosis and be eligible to receive prenatal care and postpartum care. Enrollees are still eligible even if they have had a miscarriage, termination of pregnancy, or adoption.  

**MaineMOM Service Delivery Options:**  
- **MaineMOM Integrated Services:** Comprehensive OUD treatment with integrated access to perinatal care and care coordination to meet health related social health needs.  
- **Substance Use Care Coordination Services:** Comprehensive perinatal care and coordinated access to OUD treatment, including buprenorphine and Suboxone products as well as methadone treatment. The perinatal site is responsible for care coordination to meet health related social health needs.  
- **Perinatal Care Coordination Services:** Comprehensive OUD treatment and coordinated access to perinatal care. The OUD site is responsible | There will be interested partner meetings to discuss definitions on integrated MaineMOM services to inform policy development. Office of MaineCare Services will be reaching out to attendees to discuss the definition of integrated services. |

Commented [AO1]: This reads as if the person has to be eligible for 12 months post end of pregnancy which doesn’t really make sense in the way we normally think about eligibility. For example, there’s no way a person will know if they are eligible to receive postpartum care 12 months later.

Commented [AO2]: Just a note that sometimes people are picky because the combination product (suboxone) is actually both buprenorphine/naloxone
for care coordination to meet health related social health needs.

### Connecting Patients with CradleME and Available Services

<table>
<thead>
<tr>
<th>CradleME:</th>
<th>Partners working with birthing families can make a CradleME referral by visiting <a href="https://cradleme.org">CradleME.org</a></th>
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</thead>
<tbody>
<tr>
<td>- CradleME is a referral system for all birthing families in Maine. CradleME can connect families with a Public Health Nurse, Maine Families Home Visitor, Women, Infants, and Children (WIC) services, Child Development Services (CDS), and MaineMOM services.</td>
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<td>- CradleME referrals can be submitted prenatally through the postpartum/parenting years.</td>
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<td>- The CradleME request form is located on the CradleME website: <a href="https://cradleme.org/">https://cradleme.org/</a></td>
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<td>Public Health Nursing:</td>
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<td>- Public Health Nursing serves people of all ages, any patient who has unmet needs, both medical and social.</td>
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<tr>
<td>- Public Health Nursing can be made on behalf of the parent or child and offers in-home support during the prenatal and postpartum periods.</td>
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<td>Maine Families Home Visiting:</td>
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<td>- Maine Families is a home visiting program that is voluntary. This program is available to families across the state of Maine.</td>
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<td>- Eligibility includes families prenatally up to 3 months of age.</td>
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<td>- All visitors have a bachelor’s degree and are trained in child development and parenting; visitors can also connect families with community resources. Visitors are there to support the family; pregnancy, birth, feeding, newborn care, sleep, health, and safety. Each visit includes play and preparing the child and parents to engage with each other.</td>
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<td>WIC:</td>
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<td>- WIC is a supplemental nutrition program and improves health outcomes in participants that includes healthy food benefits, nutritional education, breastfeeding promotion and support, and referrals.</td>
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Commented [AO3]: Spell out WIC and CDS.
- Income must be 185% of the Federal Poverty Guidelines. If the person has MaineCare, SNAP, or TANF, they qualify for WIC as well.
- WIC can offer free access to Registered Dieticians, International Board-Certified Lactation Consultants, and peer counselors and provides supplies like breast pumps, nursing pads and bras.

**Child Development Services (CDS) Early Intervention Program:**
- CDS offers early intervention for infants and toddlers from birth to the age of three with developmental delays, disabilities, and families.
- The Early Intervention Program offers no-cost support to the primary care giver of an infant, offering in-home education on strategies to promote the child’s development. Rather than having families come to them, they go to families. All substance exposed infants are automatically eligible for this program, developmental concerns or not.

**Next Virtual Meeting:** Tuesday, December 14th, 2021, at 8am

*This program is managed by the Maine Department of Health and Human Services, Office of MaineCare Services Delivery System Reform Unit, funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS).*
Meeting name: MaineMOM Advisory Group Meeting
Date of meeting: September 21st, 2021
Time: 9:00am-10:00am
Minutes prepared by: Michaela Rice
Location: Zoom

Meeting Objective
Discuss and receive feedback on MaineMOM service policy options.

Attendees
Kepro: Kelly Parnell; Maine CDC: Dana Fruchter, Hillary Williams, Lexi Perry; Maine DHHS: Amy Belisle, Ashley Olen, Ginger Roberts-Scott, Joanie Klayman, Kaley Boucher, Liz Remillard, Loretta Dutil, Michaela Rice, Olivia Alford, Rachel McLean; MaineGeneral: Anne Conners; MaineHealth: Alane O’Connor, Amanda Powell, Caroline Zimmerman, Katie Mauro, Megan Howe; MidCoast: Maggie Jansson, Maud van de Wiele; NorthernLight: Melissa Skahan; Pines Health: Jessica Bouley; Portland Recovery: Nicole Proctor; University of Maine System: Jennifer Maeverde, Katherine Ahrens

Notes, Decisions, Issues

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<td>Delivery &amp; Payment Options for MaineMOM Services</td>
<td><strong>MaineMOM Services and Eligibility:</strong>&lt;br&gt;• MaineMOM services include access to comprehensive substance use treatment, including group counseling and recovery coaching services, access to perinatal care, including family planning, and screening for and care coordination to meet health-related social needs.&lt;br&gt;• To be eligible for MaineMOM services, you must have an Opioid Use Disorder (OUD) diagnosis and be eligible to receive prenatal care and postpartum care 12 months from the end of pregnancy date. Enrollees are still eligible even if they have had a miscarriage, termination of pregnancy, or adoption.</td>
<td>There will be interested partner meetings to discuss definitions on integrated MaineMOM services to inform policy development. Office of MaineCare Services will be reaching out to attendees to discuss the definition of integrated services.</td>
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<td><strong>MaineMOM Service Delivery Options:</strong>&lt;br&gt;• <strong>MaineMOM Integrated Services:</strong> Comprehensive OUD treatment with integrated access to perinatal care and care coordination to meet health related social health needs.&lt;br&gt;• <strong>Substance Use Care Coordination Services:</strong> Comprehensive perinatal care and coordinated access to OUD treatment, including buprenorphine and methadone treatment. The perinatal site is responsible for care coordination to meet health related social health needs.&lt;br&gt;• <strong>Perinatal Care Coordination Services:</strong> Comprehensive OUD treatment and coordinated access to perinatal care. The OUD site is responsible for care coordination to meet health related social health needs.</td>
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Coordinating with Case Management Providers:

- Because MaineMOM offers care coordination services, it is considered a duplicative service with other MaineCare case management services including Targeted Case Management for special populations. This technically means, MaineCare cannot reimburse for these services concurrently. However, MaineCare can allow a pass-through payment for MaineMOM providers to reimburse a case management agency for their services.
- Attendees expressed an interest in having an opportunity for MaineMOM to include a pass-through payment option for case management for certain populations, including homelessness, HIV+ status, and serious and persistent mental illness.

Safe Medication Storage and Disposal Pilot with MaineMOM

Safe Medication and Disposal Pilot:

- The Office of MaineCare Services has partnered with the Maine CDC Substance Use Prevention team to purchase locked medication storage containers and disposal bags.
- MaineMOM sites can access storage containers to distribute for free to MaineMOM patients. A request form will be created in mid-October for distribution.
- Attendees expressed that offering the Northern New England Poison Center information as a part of this distribution will be important.

The Office of MaineCare Services will distribute a request form for MaineMOM sites to request medication safe storage containers in Mid-October.

Next Virtual Meeting: Tuesday, December 14th, 2021, at 9am

This program is managed by the Maine Department of Health and Human Services, Office of MaineCare Services Delivery System Reform Unit, funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS).