

MDS-ALS: The Mini-Series Session #2

Case Mix Team
August 2020



MDS-ALS Mini-series #2


MDS-ALS Training: Agenda

- Basic Assessment Tracking Form
- Section S: Setting the ARD
- Section S: Completing the assessment
- Section A
- Section B, C, and D
- Section F, H, and I
- Section K, L, and N
- Section O and Q
- Section R, T, and U
- Discharge Tracking form
- Submission of Assessments

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MDS-ALS Assessment Tool

Section by Section

 Means payment item

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MDS-ALS Payment Items for Adult Family Care Homes

MDS-ALS Payment Item	Description
B3	Cognitive Skills for Daily Decision-Making
E1a-E1r	Indicators of Depression, Anxiety, and/or Sad Mood
G1aa-G1ga	ADL Self-Performance (excluding stairs)
G2	Bathing Self-Performance
G5Aa-G5Ai	IADL Self-Performance
H4	Use of Incontinent Supplies
O5F	Self-Administered Medications: Over-the Counter Meds
O6	Medication Preparation and Administration
P10	Physician Orders

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Section S: Assessment Information and Signatures

SECTION S. ASSESSMENT INFORMATION

1. PARTICIPATION IN ASSESSMENT	a. Resident:	<input type="checkbox"/> 0. No	<input type="checkbox"/> 1. Yes
	b. Family:	<input type="checkbox"/> 0. No	<input type="checkbox"/> 1. Yes <input type="checkbox"/> 2. No Family
	c. Other Non-Staff:	<input type="checkbox"/> 0. No	<input type="checkbox"/> 1. Yes <input type="checkbox"/> 2. None

2. SIGNATURES OF PERSONS COMPLETING THE ASSESSMENT:

a. Signature of Assessment Coordinator (sign on line above)

b. Date Assessment Coordinator signed as complete

- -
Month Day Year

c. Other Signatures	Title	Sections	Date
d.			Date
e.			Date

3. CASE MIX GROUP

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1. RESIDENT NAME	a. (First)	b. (Middle Initial)	c. (Last)	d. (Jr/Sr)
2. GENDER	<input type="checkbox"/> 1. Male <input type="checkbox"/> 2. Female			
3. BIRTHDATE	<input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <small>Month Day Year</small>			
4. RACE/ETHNICITY <i>(Check only one.)</i>	<input type="checkbox"/> 1. American Indian/Alaskan Native <input type="checkbox"/> 4. Hispanic <input type="checkbox"/> 2. Asian/Pacific Islander <input type="checkbox"/> 5. White, not of Hispanic origin <input type="checkbox"/> 3. Black, not of Hispanic origin <input type="checkbox"/> 6. Other			
	5. SOCIAL SECURITY and MEDICARE NUMBERS <i>(C in 1st box if no med. no.)</i>			
	a. Social Security Number: <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> b. Medicare number (or comparable railroad insurance number): <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			
6. FACILITY NAME AND PROVIDER NO.	a. Facility Name			
	b. Provider No. <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			
7. MAINECARE NO.	<i>(Record a "+" if pending, "N" if not a MaineCare recipient)</i> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			

Section AA: Identification Information.

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Face Sheet: Background Information
 Completed at the time of the resident's initial **admission** to the facility.

Section AB: Demographic Information
 Section AC: Customary Routine
 Section AD: Face Sheet Signatures and dates

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Section A: Identification and Background information

1.	RESIDENT NAME	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">a. (First)</td> <td style="width: 30%;">b. (Middle Initial)</td> <td style="width: 20%;">c. (Last)</td> <td style="width: 20%;">d. (Jr/Sr)</td> </tr> </table>	a. (First)	b. (Middle Initial)	c. (Last)	d. (Jr/Sr)																																								
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2.	SOCIAL SECURITY and MEDICARE NUMBERS <small>(C in 1st box if no med. no.)</small>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="11">a. Social Security Number</td> </tr> <tr> <td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td> </tr> <tr> <td colspan="11">b. Medicare number (or comparable railroad insurance number)</td> </tr> <tr> <td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td> </tr> </table>	a. Social Security Number																						b. Medicare number (or comparable railroad insurance number)																					
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3.	FACILITY NAME AND PROVIDER NO.	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>a. Facility Name</td> <td style="border-bottom: none;"> </td> </tr> <tr> <td>b. Provider No.</td> <td style="border-bottom: none;"> </td> </tr> <tr> <td colspan="2" style="border-top: none;"> </td> </tr> </table>	a. Facility Name		b. Provider No.																																									
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4.	MAINECARE NO.	<p style="font-size: small;"><i>[Record a "+" if pending, "N" if not a MaineCare recipient]</i></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td> </tr> </table>																																												
5.	ASSESSMENT DATE	<p style="text-align: center; font-size: small;">Last day of observation period</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td><td style="width: 4px;"> </td> </tr> <tr> <td colspan="3" style="text-align: center; font-size: x-small;">Month</td> <td colspan="4" style="text-align: center; font-size: x-small;">Day</td> <td colspan="4" style="text-align: center; font-size: x-small;">Year</td> </tr> </table>											Month			Day				Year																										
Month			Day				Year																																							
6.	REASON FOR ASSESSMENT	<p style="font-size: small;">(Check primary reason for assessment)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"><input type="checkbox"/> 1. Admission assessment</td> <td style="width: 50%; border: none;"><input type="checkbox"/> 4. Semi-Annual</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> 2. Annual assessment</td> <td style="border: none;"><input type="checkbox"/> 5. Other (specify)</td> </tr> <tr> <td colspan="2" style="border: none;"><input type="checkbox"/> 3. Significant change in status assessment</td> </tr> </table>	<input type="checkbox"/> 1. Admission assessment	<input type="checkbox"/> 4. Semi-Annual	<input type="checkbox"/> 2. Annual assessment	<input type="checkbox"/> 5. Other (specify)	<input type="checkbox"/> 3. Significant change in status assessment																																							
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Section B: Cognitive Patterns



1.	MEMORY	(Recall of what was learned or known) a. Short-term memory OK—seems/appears to recall after 5 minutes <input type="checkbox"/> 0. Memory OK <input type="checkbox"/> 1. Memory problem b. Long-term memory OK—seems/appears to recall long past <input type="checkbox"/> 0. Memory OK <input type="checkbox"/> 1. Memory problem
2.	MEMORY/RECALL ABILITY	(Check all that resident was normally able to recall during last 7 days) <input type="checkbox"/> a. Current season <input type="checkbox"/> d. That he/she is in a facility/home <input type="checkbox"/> b. Location of own room <input type="checkbox"/> e. NONE OF ABOVE are recalled <input type="checkbox"/> c. Staff names/faces
3.	COGNITIVE SKILLS FOR DAILY DECISION-MAKING (Check only one)	(Made decisions regarding tasks of daily life) <input type="checkbox"/> 0. INDEPENDENT —decisions consistent/reasonable <input type="checkbox"/> 1. MODIFIED INDEPENDENCE —some difficulty in new situations only <input type="checkbox"/> 2. MODERATELY IMPAIRED —decisions poor; cues/supervision required <input type="checkbox"/> 3. SEVERELY IMPAIRED —never/rarely made decisions
4.	COGNITIVE STATUS (Check only one)	Resident's cognitive status or abilities now compared to resident's status 180 days ago (or since admission if less than 180 days). <input type="checkbox"/> 0. No change <input type="checkbox"/> 1. Improved <input type="checkbox"/> 2. Declined

Modified Cognitive Skills	If value B3>0 then Score=1, otherwise score =0
B3 Cognitive skills for daily decision-making	

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SECTION C. COMMUNICATION/HEARING PATTERNS

1.	HEARING (Check only one.)	(With hearing appliance, if used) <input type="checkbox"/> 0. HEARS ADEQUATELY —normal talk, TV, phone <input type="checkbox"/> 1. MINIMAL DIFFICULTY when not in quiet setting <input type="checkbox"/> 2. HEARS IN SPECIAL SITUATIONS ONLY —speaker has to adjust tonal quality and speak distinctly <input type="checkbox"/> 3. HIGHLY IMPAIRED —absence of useful hearing
2.	COMMUNICATION DEVICES/TECHNIQUES	(Check all that apply during last 7 days.) <input type="checkbox"/> a. Hearing aid, present and used <input type="checkbox"/> b. Hearing aid, present and not used regularly <input type="checkbox"/> c. Other receptive communication techniques used (e.g., lip reading) <input type="checkbox"/> d. NONE OF ABOVE
3.	MAKING SELF UNDERSTOOD (Check only one.)	(Expressing information content—however able) <input type="checkbox"/> 0. UNDERSTOOD <input type="checkbox"/> 1. USUALLY UNDERSTOOD —difficulty finding words or finishing thoughts <input type="checkbox"/> 2. SOMETIMES UNDERSTOOD —ability is limited to making concrete requests <input type="checkbox"/> 3. RARELY/NEVER UNDERSTOOD
4.	ABILITY TO UNDERSTAND OTHERS (Check only one.)	(Understanding information content—however able) <input type="checkbox"/> 0. UNDERSTANDS <input type="checkbox"/> 1. USUALLY UNDERSTANDS —may miss some part / intent of message <input type="checkbox"/> 2. SOMETIMES UNDERSTANDS —responds adequately to simple, direct communication <input type="checkbox"/> 3. RARELY/NEVER UNDERSTANDS

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SECTION D. VISION PATTERNS

1.	VISION <small>(Check only one.)</small>	<p><small>(Ability to see in adequate light and with glasses if used)</small></p> <p><input type="checkbox"/> 0. ADEQUATE—sees fine detail, including regular print in newspapers/books</p> <p><input type="checkbox"/> 1. IMPAIRED—sees large print, but not regular print in newspapers/books</p> <p><input type="checkbox"/> 2. MODERATELY IMPAIRED—limited vision; not able to see newspaper headlines, but can identify objects</p> <p><input type="checkbox"/> 3. HIGHLY IMPAIRED—object identification in question, but eyes appear to follow objects</p> <p><input type="checkbox"/> 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects</p>
2.	VISUAL APPLIANCES	<p>a. Glasses, contact lenses <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes</p> <p>b. Artificial eye <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes</p>

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SECTION F. PSYCHOSOCIAL WELL-BEING

1.	SENSE OF INITIATIVE/ INVOLVEMENT <small>(Check all that apply.)</small>	<p><input type="checkbox"/> a. At ease interacting with others</p> <p><input type="checkbox"/> b. At ease doing planned or structured activities</p> <p><input type="checkbox"/> c. At ease doing self-initiated activities</p> <p><input type="checkbox"/> d. Establishes own goals</p> <p><input type="checkbox"/> e. Pursues involvement in life of facility (e.g., makes/keeps friends; involved in group activities; responds positively to new activities; assists at religious services)</p> <p><input type="checkbox"/> f. Accepts invitations into most group activities</p> <p><input type="checkbox"/> g. NONE OF ABOVE</p>
2.	UNSETTLED RELATIONSHIPS <small>(Check all that apply.)</small>	<p><input type="checkbox"/> a. Cover/opens conflict with or repeated criticism of staff</p> <p><input type="checkbox"/> b. Unhappy with roommate</p> <p><input type="checkbox"/> c. Unhappy with residents other than roommate</p> <p><input type="checkbox"/> d. Openly expresses conflict/anger with family/friends</p> <p><input type="checkbox"/> e. Absence of personal contact with family/friends</p> <p><input type="checkbox"/> f. Recent loss of close family member/friend</p> <p><input type="checkbox"/> g. Does not adjust easily to change in routines</p> <p><input type="checkbox"/> h. NONE OF ABOVE</p>
3.	LIFE-EVENTS HISTORY <small>(Check all that apply.)</small>	<p>Events in past 2 years</p> <p><input type="checkbox"/> a. Serious accident or physical illness</p> <p><input type="checkbox"/> b. Health concerns for other person</p> <p><input type="checkbox"/> c. Death of family member or close friend</p> <p><input type="checkbox"/> d. Trouble with the law</p> <p><input type="checkbox"/> e. Robbed/physically attacked</p> <p><input type="checkbox"/> f. Conflict laden or severed relationship</p> <p><input type="checkbox"/> g. Loss of income leading to change in lifestyle</p> <p><input type="checkbox"/> h. Sexual assault/abuse</p> <p><input type="checkbox"/> i. Child custody issues</p> <p><input type="checkbox"/> j. Change in marital/partner status</p> <p><input type="checkbox"/> k. Review hearings (e.g., forensic, certification, capacity hearing)</p> <p><input type="checkbox"/> l. NONE OF ABOVE</p>

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Note: this section has a **14-day** look back period.



1. CONTINENCE SELF-CONTROL CATEGORIES <i>(Code for resident's PERFORMANCE OVER ALL SHIFTS)</i>		
0. CONTINENT —Completes control (includes use of indwelling urinary catheter or ostomy device that does not leak urine or stool)		
1. USUALLY CONTINENT —BLADDER, incontinent episodes once a week or less; BOWEL, less than weekly		
2. OCCASIONALLY INCONTINENT —BLADDER, 2 or more times a week but not daily; BOWEL, once a week		
3. FREQUENTLY INCONTINENT —BLADDER, tended to be incontinent daily, but some control present (e.g. on day shift); BOWEL, 2-3 times a week		
4. INCONTINENT —Had inadequate control BLADDER, multiple daily episodes; BOWEL, all (or almost all) of the time		
a. BOWEL CONTINENCE	Control of bowel movement, with appliance or bowel continence programs, if employed	
b. BLADDER CONTINENCE	Control of urinary bladder function with appliances (e.g. foley) or continence programs, if employed	
2. BOWEL ELIMINATION PATTERN	Bowel elimination pattern regular—at least one movement every three days	Diarrhea Fecal Impaction Resident is independent NONE OF ABOVE
	Constipation	
3. APPLIANCES and PROGRAMS	Any scheduled toileting plan	a. Did not use toilet room/commode/urinal
	Bladder retraining program	b. Pads/briefs used
	External (condom) catheter	c. Enemas/irrigation
	Indwelling catheter	d. Ostomy present
	Intermittent catheter	e. NONE OF ABOVE
		f.
4. USE OF INCONTINENCE SUPPLIES <i>(Check only one.)</i>	Resident's management of incontinence supplies (pads, briefs, ostomy, catheter) in last 14 days .	
<input type="checkbox"/> 0. Always continent		
<input type="checkbox"/> 1. Resident incontinent and able to manage incontinence supplies independently.		
<input type="checkbox"/> 2. Resident incontinent and receives assistance with managing incontinence supplies.		
<input type="checkbox"/> 3. Resident incontinent and does not use incontinence supplies.		

Management of Incontinence Supplies		If H4=0, Score=0; If H4=1, Score=1; If H4=2, Score=2; If H4=3, Score=0
H4	Ability to manage incontinent supplies	

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POP QUIZ !

0 - Continent – Complete control

1 - Usually Continent – Bladder, incontinent episodes occur once a week or less. Bowel incontinent episodes occur less than once a week.

2 - Occasionally Incontinent – Bladder incontinent episode occur two or more times a week but not daily. Bowel incontinent episodes occur once a week.

3 - Frequently Incontinent – Bladder, tended to be incontinent daily, but some control present (e.g., on day shift) Bowel, 2-3 times a week.

4 - Incontinent – Bladder incontinent episodes occur multiple times daily. Bowel incontinence is all (or almost all) of the time.

A. Mr. Q was taken to the toilet after every meal, before bed, and once during the night. He was never found wet.

B. Mr. R had an indwelling catheter in place during the entire 14-day assessment period. He was never found wet.

C. Although she is generally continent of urine, every once in a while (about once in two weeks) Mrs. T doesn't always make it to the bathroom in time after receiving her daily diuretic pill

D. Late in the day when she is tired, Mrs. A sometimes (but not all days) has more episodes of urinary incontinence.

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Section I: Diagnosis

All diseases and conditions must have physician documented diagnosis in the clinical record.

Do not include conditions that have been resolved or no longer affect the resident's functioning or service plan.

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Section K: Oral and Nutritional Status

SECTION K. ORAL/NUTRITIONAL STATUS	
1. ORAL PROBLEMS <i>(Check all that apply.)</i>	<input type="checkbox"/> a. Mouth is "dry" when eating a meal <input type="checkbox"/> b. Chewing Problem <input type="checkbox"/> c. Swallowing Problem <input type="checkbox"/> d. Mouth Pain <input type="checkbox"/> e. NONE OF ABOVE
2. HEIGHT AND WEIGHT	Record (a.) height in inches and (b.) weight in pounds. Base weight on most recent measure in last 30 days; measure weight consistently in accord with standard facility practice—e.g., in a.m. after voiding, before meal, with shoes off, and in nightclothes. a. HT (in.) <input type="text"/> <input type="text"/> b. WT (lb.) <input type="text"/> <input type="text"/>
3. WEIGHT CHANGE	a. Unintended weight loss—5% or more in last 30 days; or 10% or more in last 180 days <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes b. Unintended weight gain—5% or more in last 30 days; or 10% or more in last 180 days <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes
4. NUTRITIONAL PROBLEMS OR APPROACHES <i>(Check all that apply.)</i>	<input type="checkbox"/> a. Complains about the taste of many foods <input type="checkbox"/> b. Regular or repetitive complaints of hunger <input type="checkbox"/> c. Leaves 25% of food uneaten at most meals <input type="checkbox"/> d. Therapeutic diet <input type="checkbox"/> e. Mechanically altered (or pureed) diet <input type="checkbox"/> f. Noncompliance with diet <input type="checkbox"/> g. Eating disorders <input type="checkbox"/> h. Food allergies (specify) _____ <input type="checkbox"/> i. Restrictions (specify) _____ <input type="checkbox"/> j. NONE OF ABOVE

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Section L: Oral / Dental Status

SECTION L. ORAL/DENTAL STATUS	
1. ORAL STATUS AND DISEASE PREVENTION <i>(Check all that apply.)</i>	<input type="checkbox"/> a. Has dentures or removable bridge <input type="checkbox"/> b. Some/all natural teeth lost—does not have or does not use dentures (or partial plates) <input type="checkbox"/> c. Broken, loose or carious teeth <input type="checkbox"/> d. Inflamed gums (gingiva); swollen or bleeding gums; oral abscesses; ulcers or rashes <input type="checkbox"/> e. Daily cleaning of teeth/dentures or daily mouth care—by resident or staff <input type="checkbox"/> f. Resident has difficulty brushing teeth or dentures <input type="checkbox"/> g. NONE OF ABOVE

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Section N: Activity Pursuit Patterns

SECTION N. ACTIVITY PURSUIT PATTERNS	
1. TIME AWAKE	<i>(Check appropriate time periods over last 7 days)</i> Resident awake all or most of time (i.e., naps no more than one hour per time period) in the: <input type="checkbox"/> a. Morning <input type="checkbox"/> b. Afternoon <input type="checkbox"/> c. Evening <input type="checkbox"/> d. Night (Bedtime to A.M.) <input type="checkbox"/> e. NONE OF ABOVE
2. AVERAGE TIME INVOLVED IN ACTIVITIES <i>(Check only one.)</i>	<i>(When awake and not receiving treatments or ADL care)</i> <input type="checkbox"/> 1. Most—more than 2/3 of time <input type="checkbox"/> 2. Some—from 1/3 to 2/3 of time <input type="checkbox"/> 3. Little—less than 1/3 of time <input type="checkbox"/> 4. None
3. PREFERRED ACTIVITY SETTINGS	<i>(Check all settings in which activities are preferred)</i> <input type="checkbox"/> a. Own room <input type="checkbox"/> b. Day/activity room <input type="checkbox"/> c. Outside facility (e.g., in yard) <input type="checkbox"/> d. Away from facility <input type="checkbox"/> e. NONE OF ABOVE
4. GENERAL ACTIVITY PREFERENCES	<i>(Check all PREFERENCES whether or not activity is currently available to resident)</i> <input type="checkbox"/> a. Cards/other games <input type="checkbox"/> b. Crafts/arts <input type="checkbox"/> c. Exercise/sports <input type="checkbox"/> k. Gardening or plants <input type="checkbox"/> l. Talking or conversing <input type="checkbox"/> m. Helping others

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Section O: Medications

SECTION O. MEDICATIONS

1.	NUMBER OF MEDICATIONS	(Record the number of different medications used in the last 7 days; enter "0" if none used)	<input type="text"/>	<input type="text"/>
2.	NEW MEDICATIONS	(Resident currently receiving medications that were initiated during the last 90 days)	<input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes	
3.	INJECTIONS	(Record the number of DAYS injections of any type received during the last 30 days; enter "0" if none used.)	<input type="text"/>	<input type="text"/>
4A.	DAYS RECEIVED THE FOLLOWING MEDICATION	(Record the number of DAYS during the last 7 days; enter "0" if not used. Note—enter "1" for long-acting meds used less than weekly)	<input type="checkbox"/> a. Antipsychotic <input type="checkbox"/> d. Hypnotic <input type="checkbox"/> g. Insulin <input type="checkbox"/> b. Antianxiety <input type="checkbox"/> e. Diuretic <input type="checkbox"/> c. Antidepressant <input type="checkbox"/> f. Aricept	
4B.	PRN MEDICATIONS	Does resident have a prescription for any PRN medication for a mental, emotional or nervous condition, or behavioral problem?		
		<input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes		

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Section O: Medications



5.	SELF-ADMINISTERED MEDICATIONS	Did resident self-administer any of the following in the last 7 days: (Check all that apply)
		<input type="checkbox"/> a. Insulin <input type="checkbox"/> e. Glucosan <input type="checkbox"/> b. Oxygen <input type="checkbox"/> f. Over-the-counter Meds <input type="checkbox"/> c. Nebulizers <input type="checkbox"/> g. Other (specify) _____ <input type="checkbox"/> d. Nitroglycerin <input type="checkbox"/> h. NONE OF ABOVE
6.	MEDICATION PREPARATION AND ADMINISTRATION	Did resident prepare and administer his/her own medications in last 7 days? (Check only one.)
		<input type="checkbox"/> 0. No Meds <input type="checkbox"/> 1. Resident prepared and administered NONE of his/her own medications. <input type="checkbox"/> 2. Resident prepared and administered SOME of his/her own medications. <input type="checkbox"/> 3. Resident prepared and administered ALL of his/her own medications.

Self-Administration of Medications		If O5f=1, Score = 0; Otherwise Score = 1;
O5f	Self-administration of over the counter medications	
Medication Preparation and Administration		If O6=0, Score=1; If O6=1, Score=2; If O6=2, Score=1; If O6=3, Score=0;
O6	Did resident prepare and administer any of his/her own medications	

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Section Q: Service Planning

SECTION Q. SERVICE PLANNING

1.	RESIDENT GOALS <i>(Check all areas in which resident has self-identified goals)</i>	<input type="checkbox"/> a. Health promotion/wellness/exercise <input type="checkbox"/> b. Social involvement/making friends <input type="checkbox"/> c. Activities/hobbies/adult learning <input type="checkbox"/> d. Rehabilitation—skilled <input type="checkbox"/> e. Maintaining physical or cognitive function <input type="checkbox"/> f. Participation in the community <input type="checkbox"/> g. Other (specify) _____ <input type="checkbox"/> h. No goals
2.	CONFLICT	a. Any disagreement between resident and family about goals or service plan? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes b. Any disagreement between resident/family and staff about goals or service plan? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes

Note: this item refers to **Resident self-identified goals**

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Section R: Discharge Potential

SECTION R. DISCHARGE POTENTIAL

1.	DISCHARGE POTENTIAL	a. Does resident or family indicate a preference to return to community? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes b. Does resident have a support person who is positive towards discharge? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes c. Has resident's self-sufficiency changed compared to 6 months or since admission, if less than 6 months? <input type="checkbox"/> 0. No change <input type="checkbox"/> 1. Improved <input type="checkbox"/> 2. Declined
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Section T: Preventive Health

SECTION T. PREVENTIVE HEALTH/HEALTH BEHAVIORS

1. PREVENTIVE HEALTH (Check all the procedures the resident received during the past 12 months)

<input type="checkbox"/> a. Blood pressure monitoring	<input type="checkbox"/> g. Breast exam or mammogram
<input type="checkbox"/> b. Hearing assessment	<input type="checkbox"/> h. Pap smear
<input type="checkbox"/> c. Vision test	<input type="checkbox"/> i. PSA or rectal exam
<input type="checkbox"/> d. Dental visit	<input type="checkbox"/> j. Other (specify) _____
<input type="checkbox"/> e. Influenza vaccine	
<input type="checkbox"/> f. Pneumococcal vaccine (ANY time)	

Note: 12-month look back period for preventive health measures.

MDS-ALS Training

Section U: Medications list

SECTION U. MEDICATIONS LIST

List all medications given during the last 7 days. Include medications used regularly less than weekly as part of the resident's treatment regimen.

1. List the medication name and the dosage

2. RA (Route of Administration). Use the appropriate code from the following list:

1 = by mouth (PO)	3 = intramuscular (IM)	5 = subcutaneous (SubQ)	7 = topical	9 = enteral tube
2 = sublingual (SL)	4 = intravenous (IV)	6 = rectally	8 = inhalation	10 = other

3. FREQ (Frequency): Use the appropriate frequency code to show the number of times per day that the medication was given.

PR = (PRN) as necessary	8H = (q8h) every eight hours	5D = five times a day	5W = five times every week
1H = (qh) every hour	1D = (qd or ha) once daily	1W = (Q/Week) once every week	6W = six times every week
2H = (q2h) every two hours	2D = (BID) two times daily	2W = twice every week	1M = (Q/Month) once every month
3H = (q3h) every three hours	(includes every 12 hours)	3W = three times every week	2M = twice every month
4H = (q4h) every four hours	3D = (TID) three times daily	QD = every other day	C = continuous
6H = (q6h) every six hours	4D = (QID) four times daily	4W = four times every week	O = other

4. PRN-n (prn — number of doses): If the frequency code is "PR", record the number of times during the past 7 days that each PRN medication was given. Do not use this column for scheduled medications.

5. DRUG CODE: Enter the National Drug Code (NDC). The last two digits of the 11-digit NDC define package size and have been omitted from the codes listed in the manual Appendix E. If using this Appendix, the NDC should be entered left-justified (the first digit of the code should be entered in the space farthest to the left of the NDC code column). This should result in the last two spaces being left blank.

1. Medication Name and Dosage	2. RA	3. Freq	4. PRN-n	5. NDC Codes
EXAMPLE: Coumadin 2.5 mg	1	1W		
Digoxin 0.125 mg	1	1D		
Humulin R 25 Units	5	1D		
Robitussin 15cc	1	PR	2	

MDS-ALS Training: Discharge Tracking Form

SECTION 01. IDENTIFICATION INFORMATION

1. RESIDENT NAME
a. (Print) b. (Middle Initial) c. (Last) d. (PSN)

2. GENDER
 1. Male 2. Female

3. BIRTHDATE
Month Day Year

4. RACE/ETHNICITY
 1. American Indian/Alaskan Native 5. White, not of Asian/Pacific Islander
 2. Asian/Pacific Islander Hispanic origin
 3. Black, not of Hispanic origin 4. Hispanic

5. SOCIAL SECURITY AND MEDICARE NUMBERS
a. Social Security Number
b. Medicare number (or comparable national insurance number)

6. FACILITY NAME AND PROVIDER NO.
a. Facility Name
b. Provider No.

7. MAINECARE NO.
(Record a "u" if pending, "N" if not a MaineCare recipient)

8. REASON FOR ASSESSMENT
6. Discharged
7. Discharged prior to completing initial assessment

SECTION 03. ASSESSMENT/DISCHARGE INFORMATION

1. DISCHARGE STATUS
Code for resident disposition upon discharge:
1. Private home/care with no home health services
2. Private home/care with home health services
3. Another residential care facility (specify)
4. Nursing home (specify)
5. Adult care home
6. Psychiatric hospital, MFCDO facility
7. Rehabilitation hospital
8. Deceased
9. Other (specify)

2. DISCHARGE DATE
Date of death or discharge
Month Day Year

3. SIGNATURES OF PERSONS COMPLETING THE ASSESSMENT
a. Signature Title Date
b. Signature Date
c. Signature Date

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MDS-ALS Submission

MUSKIE SCHOOL OF PUBLIC SERVICE

Minimum Data Set (MDS) Technical Information

Welcome to Maine's Minimum Data Set (MDS) Technical Information Site

This site provides technical information related to the family of MDS resident assessment instruments used by MaineCare (Maine's Medicaid program). The University of Southern Maine (USM) Cutler Institute for Health and Social Policy maintains this site on behalf of the Maine Department of Health and Human Services (DHHS).

The family of MDS resident assessment instruments includes Minimum Data Sets for:

- Nursing facilities (MDS 3.0)
- Residential care facilities (MDS-RCA)
- Adult family care homes (MDS-ALS)

The information stored at this site is intended to assist:

1. State and Provider staffs with the most current MDS information and resources
2. Computer software designers in meeting State requirements concerning the encoding and electronic transmission of MDS assessments

Website Contents List

- Nursing Home Links
- State of Maine Case Mix Page
- Residential Care (Level IV PNMI) Links
- Adult Family Care Homes Links

Project Staff

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Email: MDS3.0.DHHS@maine.gov

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<https://usm.maine.edu/muskie/minimum-data-set-mds-technical-information>

MDS-ALS Training: Submission

<https://sms.muskie.usm.maine.edu/>

Maine MDS Submission Management System

Welcome to the Maine MDS Submission Management System

Username

Password

If you have technical questions regarding this system please contact Catherine Gunn at 207-780-5576

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MDS-ALS Training: Submission

If you do not submit electronically:

If you do not use software to complete your MDS-ALS, you cannot submit electronically.

You must submit to Catherine via *fax* at: **(207) 228-8083**

DO NOT SUBMIT MDS VIA EMAIL – this is a HIPAA violation and you will be notified

OR

Submit to Catherine via *mail (USPS)*

Please label the envelope specifically to Catherine Gunn and mark **CONFIDENTIAL**

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MDS-ALS Training: Submission

RCF Report
MDS-RCA Final Validation Report

Facility Name	FACILITY		Provider ID	123456789	Facility ID	00000
Import Date:	# Records Processed	# Records Rejected	# Records Accepted			
3/19/2014	4	1	3			

Rejected Assessments

SSN	Resident Name	Reason For Assessment (A6/D1_8)	Assessment Date	Payment RUG Group	CaseMix / Payment Weight
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RCF Report
MDS-RCA Final Validation Report

Facility Name	FACILITY		Provider ID	123456789	Facility ID	00000
Import Date:	# Records Processed	# Records Rejected	# Records Accepted			
3/19/2014	4	1	3			

Accepted Assessments

SSN	Resident Name	Reason For Assessment (A6/D1_8)	Assessment Date	Payment RUG Group	CaseMix / Payment Weight
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MDS-ALS Training

What should you do if you find a pattern of incorrect RUG groups between your MDS and the final validation?

- Call your vendor
- Make sure you are checking your validation reports regularly!

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MDS-ALS Training

What if my *software* shows an assessment has been accepted?

- Check your state validation report from SMS to confirm acceptance or rejection
- Software acceptance means your software is accepting the assessment as ready for submission through SMS.

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MDS-ALS Training

Questions?

This completes session #2 of the MDS-ALS Mini-Series.
Email the help desk to register for training sessions, forum calls or to
send questions for the forum call.

MDS3.0.dhhs@maine.gov

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MDS-ALS Training

Reminders:

Quarterly **Res Care Forum Calls** in March, June, September, and December; Call the MDS help desk to register. *We hope to implement an Adult Family Care Home Forum Call soon.*

ASK questions!

ASK more questions!

Attend training as needed

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Case Mix Team Contact Information

- **MDS Help Desk:** 624-4095 or toll-free: 1-844-288-1612
MDS3.0.DHHS@maine.gov
- **Lois Bourque, RN:** 592-5909
Lois.Bourque@maine.gov
- **Debra Poland RN:** 215-9675
Debra.Poland@maine.gov
- **Emma Boucher RN:** 446-2701
Emma.Boucher@maine.gov
- **Christina Stadig RN:** 446-3748
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- **Sue Pinette, RN:** 287-3933 or 215-4504 (cell)
Suzanne.Pinette@maine.gov

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Questions?

**Sue Pinette RN, RAC-CT,
Case Mix Manager
207-287-3933**



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