These services are NOT THERAPY. They are NOT TREATMENT. Speak with a healthcare professional trained in Psychological First Aid to help you manage stressors during the COVID-19 Pandemic. The Maine FrontLine WarmLine will be available until further notice.

Responding to the COVID-19 pandemic can be extremely stressful for healthcare workers. Your peers are here for you! Call 207-221-8196 between 8 A.M. - 8 P.M. to connect with support. Scan the code to call now!

Your peers are here for you.

Call 207-221-8196 or Text “Frontline” to 898-211 to connect with support 8am–8pm 7 days/wk

SCAN THE CODE TO CALL NOW.

For more information on Crisis and Treatment resources go to: https://www.maine.gov/dhhs/samhs/coronavirus.shtml