

MDS-RCA Section G:

Self-Performance is what a resident actually performs/accomplishes of his/her ADLs; not what she is capable or perceived to be capable of performing/accomplishing.

The ADL index score is determined as follows:

ADL Function	Self-Performance	ADL Score
Bed Mobility (G1aa) Transfer (G1ba)	Independent	0
Locomotion (G1ca)	Supervision	1
Dressing (G1da)	Limited Assistance	2
Eating (G1ea)	Extensive assistance	3
Toilet Use (G1fa)	Total Dependence	4
Personal Hygiene (G1ga)	Activity did not occur	4

Total the scores for each ADL function listed. The score ranges from 0 to 28 for each resident.

