Inhalant Abuse Check List

• **Kitchen**
  - Whipped cream
  - Whippets (Nitrous oxide cartridges)
  - Pam
  - Insecticides
  - Spray (aerosol) cleaners

• **Basement or workshop**
  - WD40
  - Fabric protector (Scotch Guard)
  - Paint, cans or spray (especially gold or silver spray paint)
  - Paint thinner
  - Mineral spirits
  - Toluene
  - Paint remover, stripper
  - Lacquer thinner
  - Contact cement
  - Solvent-based caulking
  - Contact cleaner
  - Turpentine

• **School and art supplies**
  - Correction fluid
  - Correction fluid thinner
  - Permanent magic markers
  - Dry erase markers
  - Contact cement
  - Rubber cement
  - Ducco cement, airplane or model glue
  - Spray adhesive
  - Computer gas duster

• **Bathroom**
  - Hair spray
  - Air freshener
  - Nail polish and nail polish remover
  - Spray deodorant
  - Spray cleaners
  - Asthma inhaler

• **Garage**
  - Gasoline
  - Coleman stove fuel
  - Propane (from barbeque grills, portable torches)
  - Carburetor cleaner
  - Charcoal starter fluid
  - Starter fluid
  - Flat tire repair aerosol cans (“Fix-A-Flat”)

• **Miscellaneous**
  - Any spray (aerosol) cans
  - Mothballs
  - Freon
  - Air conditioners
  - Refrigerators
  - Halon (from fire extinguisher)
  - Gas cigarette lighters
  - Gas cigarette lighter refills (butane)
  - Lighter fluid
  - Dry cleaning fluid and spot removers

• **Anesthetics**
  - Nitrous oxide
  - “Whippets” (mini-tanks)
  - Whipped cream cans
  - Ether
  - Chloroform

• **Nitrites**
  - Amyl nitrite
  - Butyl nitrite

**Examples of Paraphernalia**

- Plastic bags
- Paper bags
- Rags
- Toilet paper tubes stuffed with tissues
- Empty soda cans
- Empty cologne or perfume bottles
- Balloons (Nitrous oxide)
- Tanks (Nitrous oxide)

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