What Is Vocational Rehabilitation? The Division of Vocational Rehabilitation, also known as "VR," assists individuals who have disabilities to get and keep a job. VR works with adults, as well as with eligible students to coordinate information and resources as they transition to the world of work.

To be eligible for VR Services you must:

- Have a documented disability that prevents you from getting or keeping a job.
- Need VR services to keep a job (Eligibility must be determined in 60 days. Medical records can usually provide the necessary documentation.)

If you are receiving Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) based on a disability and have an interest in working, you are presumed eligible for VR services.

How Do I Apply?

For more information go to: [https://www.maine.gov/rehab/dvr/Application-DVR/DVR-Application.shtml](https://www.maine.gov/rehab/dvr/Application-DVR/DVR-Application.shtml)

This web page includes the VR application and orientation video as well as a health checklist. Please view the video prior to applying. You can print the VR application and health checklist directly from the web page. Fill out both forms as best as you can, sign them and mail them to the BRS office closest to you (see web page for list of offices.)

If you do not have access to a computer and printer you may contact the BRS administrative office and request that an application be mailed to you.

What About My Employment Goals?

Your VR counselor will work with you to decide what jobs best fit your interests and skills. You'll also consider where you live, the current job market, and what transportation is available.

What Services Does VR Provide?

Every person’s employment plan is different. VR will consider any service you need to achieve the agreed upon vocational goal.

As you identify careers, VR can provide information about the skills and training you need. If training is necessary, VR may help with the cost of the program.

VR may buy tools, uniforms, or basic equipment needed to start a job. Sometimes VR can assist with payment for some medical/psychological services. If you need a Job Coach (on the job support), VR will provide one. Generally, services end 90 days after you start working.

How Much Will this Cost?

It does not cost you anything to apply for services. There is no charge for testing, vocational evaluation, counseling, or job placement assistance. If found eligible for services, depending upon your income and expenses, your counselor may ask you to contribute to the cost of VR services. VR cannot pay for any services you received before you applied to VR, or any services not agreed upon with your counselor and written in your individualized plan for employment.

Client Assistance Program (CAP), a program of C.A.R.E.S., Inc. CAP is an advocacy program that provides information and assistance to individuals who are applying for, or receiving VR services. CAP exists to answer your questions, clarify the VR process, and if necessary, represent you to help resolve a problem or concern. For more information about CAP, call: 207-377-7055 • 1-800-773-7055 • TTY users call Maine Relay 711.

C.A.R.E.S., Inc., 134 Main St, Suite 2C, Winthrop ME 04364 [WWW.Careinc.org](http://WWW.Careinc.org)

The Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to individuals upon request. Programs are provided as a proud partner of the American Job Center Network.