**WELL CHILD VISIT**

**Name**

**ID NUMBER**

**CURRENT MEDICATIONS**

See other side for current medication list

**DRUG ALLERGIES**

See growth chart.

**BF = Bright Futures Priority Item**

### History

- **BF** Previsit Questionnaire reviewed
- **BF** Child has a dental home
- **BF** Child has special health care needs
- **BF** Concerns/questions raised by
  - **None**
  - **Addressed (see other side)**
- **BF** Follow-up on previous concerns
  - **None**
  - **Addressed (see other side)**
- **BF** Medication Record reviewed and updated

### Social/Family History

- **BF** Family situation
  - **Single Parent**
- **BF** Parents working outside home:
  - **Mother**
  - **Father**
- **BF** Child care:
  - **Yes**
  - **No**
  - **Type**
- **BF** Changes since last visit
  - **Heat source**
  - **BF** Tobacco Exposure

### Review of Systems

- **= NL**
- **Date of last visit**
- **Changes since last visit**
- **Nutrition**
  - **Off bottle**
  - **Nutrition, balanced, eats with family**
  - **Source of water**
  - **Vitamins/Fluoride**
  - **Elimination:**
    - **Toilet Training:**
      - **Yes**
      - **No**
- **In process**
- **Sleep:**
  - **Behavior/Temperament:**
    - **Physical activity**
    - **Playtime (60 min/day)**
    - **Yes**
- **No**
- **Screen time (<2 hrs/day)**
- **Development** (if not reviewed in Previsit Questionnaire)
  - **Structured developmental screen**
  - **NL**

### Developmental Screening Tool

- **ASQ score**
  - **pass**
  - **refer**
- **Peds score**
  - **pass**
  - **refer**
- **Autism-specific screen**
  - **NL**
- **MCHAT Part I score**
  - **pass**
  - **refer**
- **MCHAT Part II (only if Part I fails) score**
  - **pass**
  - **refer**
- **PHYSICAL DEVELOPMENT**
  - **Sticks small blocks (5-6)**
  - **Kicks a ball**
  - **Walks up and down stairs one step at a time alone while holding wall or railing**
  - **Walks a ball overhead**
  - **Jumps up**
  - **Turns book pages 1 at a time**
  - **COMMUNICATIVE**
    - **When talking, puts 2 words together**
      - **(eg, "my book")**
  - **SOCIAL-EMOTIONAL**
    - **Copies things that you do**
    - **Plays pretend**
    - **Plays alongside other children**
  - **COGNITIVE**
    - **Names 1 picture**
      - **(eg, cat, dog, ball)**
    - **Follows 2-step commands**

### Anticipatory Guidance

- **ASSESSMENT OF LANGUAGE DEVELOPMENT**
  - **Model appropriate language**
  - **Daily reading**
  - **Following 1-2 step commands**
  - **Listen and respond to child**
- **TEMPERAMENT AND BEHAVIOR**
  - **Praise, respect**
  - **Help express feelings**
  - **Self-expression**
  - **Playing with other children**
  - **Your child’s behavior**
- **TOILET TRAINING**
  - **When child is ready**
  - **Plan for frequent toilet**
  - **Breaks**
  - **Personal hygiene**
- **TV VIEWING**
  - **Limit TV viewing to no more than 1-2 hours/day**
  - **TV alternatives: reading, games, singing**
  - **Encourage physical activity**

### Bright Futures

- **SAFETY**
  - **Car safety**
  - **Seat**
  - **Helmet**
  - **Supervise outside**
  - **Guns**
### Plan

#### Current Medications

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#### Oral Health

- **Oral health risk assessment**: [ ] Completed
  - [ ] Low
  - [ ] Mod
  - [ ] High
- **Has a dental home**: [ ] Yes [ ] No
- **Dental fluoride varnish applied**: [ ] Yes [ ] No
- **Dental Visit in Past Year**: [ ] Yes [ ] No
- **Well water testing**: [ ] Yes [ ] No

#### MaineCare Member Support Requested

- [ ] Transportation to appointments
- [ ] Find dentist
- [ ] Find other provider
- [ ] Make doctor’s appointment
- [ ] Public Health Nurse referral
- [ ] Family aware

#### Laboratory/Screening results

- Hearing screen: [ ] Previously done
  - [ ] Yes
  - [ ] No
- **PPD / Lead**
  - [ ] PPD done
  - [ ] Date completed
  - [ ] Lead drawn in office
  - [ ] Lead test ordered / date done
  - [ ] Lead results
  - [ ] Lead range
    - [ ] <10
    - [ ] 10-14
    - [ ] 15-19
    - [ ] >19
- **Anemia**
  - [ ] Hgb/Hct ordered / date done
  - [ ] Hgb/Hct result: Hgb [ ] Hct
  - [ ] Referral at 6 months if still anemic

#### Narrative Notes

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**Notes:**

- Doctor’s appointment
- Public Health Nurse referral
- Family aware
- BF referral to BF
- Follow-up/Next Visit

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**WIC** recommends anemia testing at 9-12 months with re-test in 6 months (15 to 18 months). If normal, re-test annually to age 5. If abnormal, re-test every 6 months; convert to annual testing once normal result is obtained. WIC may perform anemia testing.

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**NOTE:**

- All children enrolled in MaineCare should be lead tested at 1 year old and at 2 years old. All other children should be tested at these ages, unless lead risk assessment indicates they are not at risk for lead exposure.

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**Examining Nurse:**

[Signature]

**Date:**