Maine Y-OQ® Clinical Webinar

Using the Y-OQ® and OQ®-Analyst in Clinical Supervision and CQI Efforts

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Big Picture Issues

- Balancing needs of clients, clinicians, and provider systems
- Facilitating growth of clients in spite of challenging circumstances
Context: Purposes of Supervision

1. Monitoring/Evaluation
   - [First, Do No Harm]
   - Client Well-being
   - Supervisee Competence
Purposes of Supervision (cont.)

2. Supervisee Training
   • Educating and guiding supervisee’s clinical practice
   • [Supervisor in teaching role]
Purposes of Supervision (cont.)

3. Supervisee Support
   • Facilitating supervisee personal and professional well-being
   • [Supervisor in supportive/mentor role]
Using the Y-OQ® in Supervision

- Caseload alert status at a glance
- Y-OQ® scores/alert status in case notes
- Therapists come prepared to discuss yellow/red alert cases
  - Critical items
  - Potential barriers to progress (MST principle)
  - TSM results and resources
- Examples
Take Home

- The Y-OQ® helps bring more of the client’s voice into the supervision session
- The Y-OQ® and TSM help focus supervision on actionable areas that are most likely to make a difference
Y-OQ® and CQI

- YOQ as one component of overarching CQI effort
- Aggregate Y-OQ® scores: possibilities and pitfalls
- Change categories
- Timely review of Y-OQ® reports
“Big Picture”