

## Residential Treatment Consultation Guide

It is the expectation that **before applying** for Intensive Temporary Residential Treatment, a youth's team will have explored all other community and home-based options. This guide should be used as a reference for case managers/case workers before making contact with KEPRO staff. For youth without a case manager, the treating clinician may utilize this guide.

AND

The Youth and Family has been informed and consulted about the risks and benefits of temporary residential treatment..

### Youth and Family Perspective

- The youth and family may choose to submit a statement related to the eligibility criteria. Please discuss this with the youth and family.

### Educational Planning

You have reviewed the Educational Planning Guide and Included the youth's current school in discussions about potentially applying for ITRT. Find the guide at <https://www.maine.gov/dhhs/ocfs/cbhs/provider/itrt.html>

### Your most up to date Biopsychosocial Assessment and Service Plan should reflect the following:

- Assessment of strengths and needs of youth and family
  - o How has this been used?
- Current Behavior/Symptoms (within the past 2 months only)
  - o Frequency, intensity, and duration of each behavior
  - o How has the team kept track of these behaviors accurately?
  - o Have the behaviors occurred across multiple settings?
  - o Why does the team feel there is an increase in behaviors at this time? What is happening for the child/family?
- Natural Supports
  - o Who are they (name and relationship to youth/family)?
  - o Genogram and or Ecomap.
  - o How are natural supports being used now?
  - o How could they be used differently? Include here a discussion of the barriers to using these differently.
- Professional Supports
  - o What do you have in place now (include school)?
  - o What have you had in the past? When?
  - o How do current providers talk/collaborate?
  - o What has worked/what has not worked?
  - o What treatment modalities have been used? Has the team considered a different treatment provider or approach (such as MST, ABA, FFT, TF-CBT, MATCH, DBT, or Incredible Years)?
  - o Why not intensive in-home services instead of intensive temporary treatment?

Service Plan

- Has the service plan been updated based on the current treatment assessment?
- Reflects what has been attempted in response to the increase in behaviors?

**If the Service Plan reflects a need for residential treatment:**

- The referent, member/guardian and treatment team should review the eligibility criteria found in the MaineCare Rule for Sect. 97, found at <http://www.maine.gov/sos/cec/rules/10/ch101.htm> to determine whether an application for Intensive Temporary Residential Treatment is appropriate.
  
- Review the Residential treatment brochure at <https://www.maine.gov/dhhs/ocfs/cbhs/provider/documents/ITRTbrochure11-18.pdf> with team, family and child (as appropriate) to include:
  - Risks and benefits of residential treatment
  - Family treatment expectations
  - Short lengths of stay
  
- The case manager/case worker supervisory has been consulted
  - What was the result of this consultation?