Maine wants to improve community services that support older people. Maine’s Office of Aging and Disability Services wants to hear from Mainers who are 55 years and older about services and supports that help us stay in our homes and communities for as long as possible as we age.

In a few days, you will receive another email like this one. It will include a link that lets you take part in a very important study about the kinds of help older people may need. The Muskie School of Public Service at the University of Southern Maine (USM) is conducting the statewide study on behalf of Maine’s Office of Aging and Disability Services. The information and feedback you and others provide will help Maine improve community services in the years ahead.

Hundreds of people like you will be asked to share their experiences and opinions about getting older. While the study is completely voluntary (you don’t have to do it), the findings will help the State focus on the areas that are of greatest concern to you and other older Mainers. Your individual responses are confidential and will be combined with the responses from everyone else who takes the survey. When you receive the email, please click on the link to participate in the survey and let us know what is important to you.

The email will arrive in about 3 days. You may contact the Office of Aging and Disability Services or look on our website for more information about this study. The website is www.maine.gov/dhhs/oads. If you have any questions, you may contact James Moorhead, Aging Services Manager, Office of Aging and Disability Services. The main office number is 207-287-9200.

Thank you in advance for your help. We look forward to hearing your thoughts and ideas for improving Maine as a place for all of us to live as we age.

Sincerely,