TALK TO YOUR PATIENTS about the MenB Vaccine

If your patient has not received BOTH the MenACWY and MenB vaccines, he or she is not fully vaccinated against the most common form of bacterial meningitis in adolescents and young adults.



OUR CHALLENGE

Few physicians are talking to their patients about the Meningitis B vaccine.

The Centers for Disease Control and Prevention (CDC) recommends that 11-to-12-year-olds <u>should</u> get a dose of the MenACWY vaccine, with a booster dose at 16, and many states and colleges require it.

It also suggests that 16-23-years-olds <u>may</u> get the MenB vaccine – leaving the decision to be made at the individual level with a healthcare provider.¹

However, according to a recent study published in Pediatrics, 49% of pediatricians and 69% of family physicians did not discuss the MenB vaccine with their patients during routine visits for 16-to-18-year-olds.²

More than 80% of parents didn't know about the MenB vaccine³ according to another recent study, and 83% of 17-year-olds have NOT received at least one dose of the MenB vaccine.⁴

A 2016 Policy Statement from the American Academy of Pediatrics states that "pediatricians are encouraged to discuss the availability of the MenB vaccine with families."⁵





Meningitis B can attack without warning and can KILL IN AS LITTLE AS 24 HOURS.⁶

70%

of all **MENINGOCOCCAL CASES** in the U.S. among 16-to-23-year-olds are due to Meningitis B.⁷



100% of COLLEGE OUTBREAKS since 2011 are due to Meningitis B.⁸



HIGHER AVERAGE ANNUAL INCIDENCE of Meningitis B among college students.⁹

30+

COLLEGES AND UNIVERSITIES had Meningitis B cases between 2008 and October 2019.^{10,11}

> HOW CAN WE HELP?

ABOUT US

We each lost our young, healthy daughters too soon to Meningitis B, a disease that is now preventable through vaccination. High school senior Kimberly, 17, died one week before her graduation. College sophomore Emily, 19, died just 36 hours after her first symptoms.

While both had received the MenACWY vaccine, the MenB vaccine was not yet available to help protect them from Meningitis B. Since then, The Kimberly Coffey Foundation and The Emily Stillman Foundation have come together to launch the Meningitis B Action Project so other families don't needlessly suffer the same fate. Like most parents, we thought our daughters were fully protected against meningococcal meningitis. *They were not.*

WHAT CAN YOU DO?

Proactively talk to your patients about meningococcal meningitis and the *two* types of vaccines - MenACWY and MenB - to help prevent it.

WE HAVE SEVERAL RESOURCES TO HELP YOU DO IT.



We are also happy to share our stories at local events or webinars. If we can be of any support, please don't hesitate to contact us at **info@meningitisbactionproject.org.**

Thank you for your ongoing commitment to protect your patients, for your support and for all that you do,

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