

Janet T. Mills
Governor

Sara Gagné-Holmes
Commissioner



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
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Penquis Public Health Council

February 5th, 2025
9:00 am – 10:30am

[Zoom](#)

(Zoom information included on the next page)

Attendance:

Heidi LeBlanc, COO Penquis

Matt Donahue, Heart of Maine United Way

Lisa Adkins - Penquis -

Erik daSilva, Bicycle Coalition of Maine.

Nikki Williams, 211 Maine

Roxane Dubay, Bangor Public Health Tobacco Prevention and Treatment

Jane Danforth, Director of Grants and Community Wellness, Millinocket Regional Hospital

Jessica Fogg, Maine CDC

Jennifer Laferte-Carlson, Northern Light Medical Center

Laura Lacasse, Eastern Maine Medical Center

Thomas Malcom, Town of Millinocket Health and Safety Officer

Lisa Adkins, Penquis Administrative Services Manager.

Cindy Grass, Public Health Nursing ME CDC

Rachel Robbins, ME CDC

Meeting Minutes

9:00 – 9:10am

- **Welcome and Agenda Review**
- Introductions and recruiting more members. Please reach out to Rachel for any inquiries regarding membership.

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9:10 – 9:25am

- **Find Help → Northern Light**
 - **Presented by Jennifer Laferte-Carlson and Laura Lacasse**
 - The presentation was sent via email. Organizations not listed are encouraged to contact Jen and Laura at:
 - jlafertecarlson@northernlight.org
 - llacasse@northernlight.org

9:25 – 9:55am

2-1-1 Overview

- **Nikki Williams, 211 Maine Program Director**
 - Provided insights into the services offered by 2-1-1 Maine and discussed their impact on connecting people to vital community resources.

9:55 – 10:00am

- Break

10:00 – 10:25am

- **Member Updates:**
 - **Jennifer Laferte-Carlson**
 - Offered Psychological First Aid training. Interested members can contact Jen at jlafertecarlson@northernlight.org for more information.
 - **Jane Danforth**
 - Announced the Help Desk at the Millinocket Memorial Library, which offers a local resource database. Jane is working on connecting Katahdin Resources and will connect with Jen or Laura to get these resources listed on Find Help.
 - The Help Desk can be reached at 207-447-4076 (M-F, 10am-5pm) or via MillinocketLib.org/HelpDesk.
 - **Cindy Grass**
 - Noted an increase in older adults needing services and highlighted that nursing students are visiting from Thursday to Sunday.
 - Raised concerns about older adults' comfort level using digital tools like 2-1-1 and suggested alternative ways to access services.
 - **Lisa Adkins**

- Connected with Olivia Scott, the Community Resource Navigator at Bangor Public Library. She can be reached at 922-6065 or via olivia.scott@bangorpubliclibrary.org for resource coordination.
- **Heidi Leblanc**
 - Announced updates to DEI language on their website to comply with the executive order for continued funding. They are also offering heat assistance at the moment.
- **Jessica Fogg**
 - Shared contact information for Edie Smith from Senator King's office at edie_smith@king.senate.gov.
- **Matt Donohue**
 - Discussed the BUNDLE early childhood project, which is expanding into Waldo, Washington, and Hancock counties. He and Cindy will connect to involve nurses in supporting this effort.
- **Laura Lacasse**
 - Announced a Youth Summit focused on mental health and a DEI panel discussion.
 - Also mentioned Acadia's HOPE Day event on May 18th, which will address mental health topics.
- **Rachel Robbins**
 - Reminded the group of the in-person Public Health Council meeting scheduled for May 7th.

Wrap Up & Adjourn

- Review of action items, future meetings, and closure of the meeting.

Zoom connection Information:

Penquis Public Health Council Meetings

February 5th, 2025

May 7th, 2025, In-Person

Penquis in Bangor Baxter Conference Room
262 Harlow St. Bangor, ME 04401 (time may vary)

August 6th, 2025

November 5th, 2025

Rachel Robbins PHE, CDC is inviting you to a scheduled Zoom meeting.

Topic: Penquis Public Health Council Meeting

Time: 09:00 AM - 10:30 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://mainestate.zoom.us/j/87591568912>

Meeting ID: 875 9156 8912

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