Prevent Hepatitis A: Get Vaccinated!

What is Hepatitis A?

Hepatitis A is a contagious liver disease caused by the hepatitis A virus.











Dark urine or diarrhea



Loss of appetite



Yellow eyes or skin



Feeling very tired

How can I prevent Hepatitis A?



The best way to prevent hepatitis A infection is to get vaccinated. Talk with a health care provider about the hepatitis A vaccine!

Wash your hands with soap often.





Avoid sharing needles and other drug materials. Use new needles or reuse your own materials every time you use.



For more information: Visit the Center for Disease Control and Prevention website: <u>www.cdc.gov/hepatitis/hav/</u>

Visit the Maine CDC website: <u>www.maine.gov/dhhs/hepatitis</u>

