



# Acute Hepatitis A

## Maine Surveillance Report | 2022

### Case Information:

64

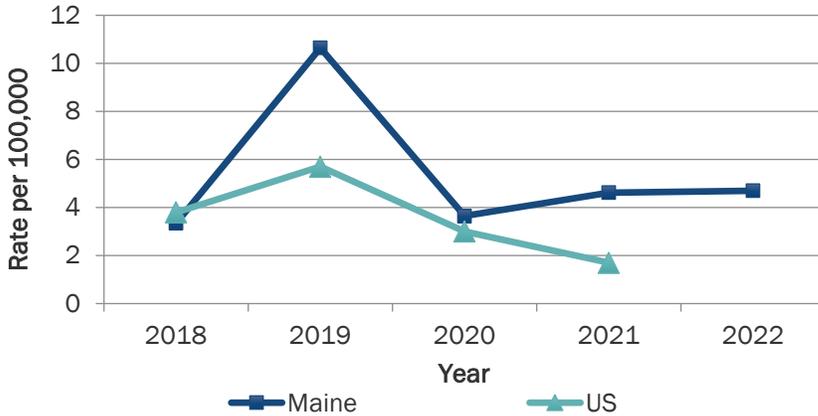
patients diagnosed with acute hepatitis A

4.6

cases per 100,000 people

28%

increase since 2021



### Demographics:



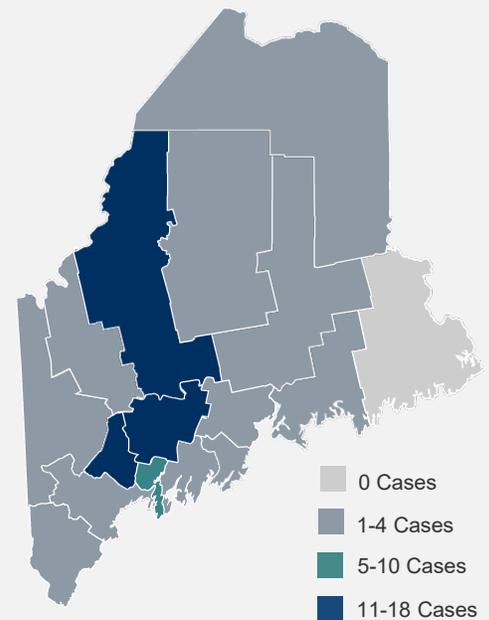
55% of patients were male

36 years old on average

98% White

2% Black or African American

### Geography:



### Risk Factors:



54%

of cases reported injection or non-injection drug use



6%

Were people with multiple sex partners



16%

Were experiencing houselessness

### Patient Outcomes:



42% of patients were hospitalized

- All patients had symptoms, including abdominal pain, vomiting, diarrhea, nausea, fever, headache and dark urine.
- 100% of patients had elevated liver enzyme lab results
- 64% of patients had jaundice
- None of the patients were fully vaccinated

### Prevention:

- Get vaccinated against hepatitis A
- Always wash your hands with soap and water after using the bathroom, changing a diaper, and before preparing, serving, or eating food.
- People who have hepatitis A should not be preparing or serving food, or caring for the elderly or for young children, until at least 2 weeks have passed since the first sign of hepatitis A illness.

For more information visit:

<https://www.cdc.gov/hepatitis/hav/index.htm>

<http://www.maine.gov/dhhs/hepatitis>

All cases of hepatitis A must be reported to Maine CDC within 48 hours of recognition or strong suspicion of disease.

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