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PUBLIC HEALTH ADVISORY

To: Health Care Providers
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Update on Cyclosporiasis Cases in Maine

As of August 7, 2026, the Maine Department of Health and Human Services' Center for Disease Control and Prevention (Maine CDC) has identified 27 confirmed and probable cases of cyclosporiasis in 2026. Ten of those cases are among individuals who consumed produce in Maine directly associated with the multistate iceberg lettuce [recall](#). As a result, Maine now meets the current national definition for inclusion in the multistate outbreak.

Maine clinicians should consider testing for cyclosporiasis in addition to other parasites, bacteria, and viruses for patients experiencing severe or prolonged [gastrointestinal symptoms](#). The Maine CDC's Health and Environmental Testing Laboratory (HETL) does not conduct tests for *Cyclospora*. Clinicians should seek out commercial testing.

The Maine CDC encourages Maine residents and visitors to reduce their risk by thoroughly washing fresh produce under clean running water before eating and by following [safe food handling practices](#). It is important to thoroughly wash produce even if it is labeled as prewashed. Chemically disinfecting or sanitizing produce might not fully eliminate *Cyclospora*, but cooking produce to a temperature of at least 158 °F can kill the parasite.

Cyclosporiasis is a reportable disease in Maine. Disease reports should be made through electronic laboratory reporting. For questions about cyclosporiasis, clinicians can call 1-800-821-5821.

For more information on the U.S. CDC response to cyclosporiasis, please see the Maine CDC HAN health advisory [U.S. CDC: Domestically Acquired Cyclosporiasis Cases in Multiple U.S. States \(July 15, 2026\)](#).