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## Maine Health Alert Network (HAN) System

### PUBLIC HEALTH ADVISORY

**To:** All HAN Recipients  
**From:** Dr. Isaac Benowitz, State Epidemiologist  
**Subject:** Updated Rule for the Control of Notifiable Diseases and Conditions  
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## Updated Rule for the Control of Notifiable Diseases and Conditions

The Maine Center for Disease Control and Prevention (Maine CDC) updated Maine's Control of Notifiable Diseases and Conditions Rule (10-144 CMR Chapter 258). The amended rule went into effect on June 4, 2025. This rule includes the Notifiable Diseases and Conditions List, which specifies the diseases and conditions that clinicians and clinical laboratories are required to report to the Maine CDC. Recent changes improve the Maine CDC's ability to prepare for, investigate, and respond to single occurrences, clusters, outbreaks, and epidemics of communicable, environmental, and occupational diseases and to public health threats and emergencies.

### Recently Adopted Changes to the Notifiable Disease List include:

- **Additions**
  - COVID-19
  - *Enterococcus* spp. resistant to daptomycin, linezolid, and vancomycin (DLVRE)
  - *Enterococcus* spp. resistant to linezolid and vancomycin (LVRE)
  - Monkeypox virus (the cause of mpox)
  - Per- and polyfluoroalkyl substances (PFAS) detectable in serum
- **Removals**
  - Acid-Fast Bacillus smears
  - Rabies Post-Exposure Prophylaxis (PEP) (Rabies PEP is still recommended but not reportable)
- **Changes & clarifications**
  - Eastern Equine Encephalitis (EEE) upgraded to Category I (Immediately Reportable)
  - Hepatitis C (acute and chronic test results)
  - *Staphylococcus aureus* non-susceptible to vancomycin (VRSA) (only if MIC  $\geq$  8 $\mu$ g/ml)
  - Name change of *Borrelia miyamotoi* to Hard Tick Relapsing Fever
  - Added a requirement to submit isolates or clinical specimens to the Maine Health and Environmental Testing Lab (HETL) for confirmation, typing, and/or antibiotic sensitivity for
    - Jamestown Canyon Virus, La Crosse virus, and other California Serogroup viruses

- Eastern Equine Encephalitis (EEE)
- *Enterococcus* spp.
- Hantavirus
- Powassan
- West Nile

The Maine CDC relies on public health partners, including clinicians and clinical laboratories, to report all occurrences of notifiable diseases. In addition to the updates to Maine's list of reportable diseases and conditions, the rule is strengthened by clarifying Maine Department of Health and Human Services' enforcement authority (e.g., fine imposition) for failure to comply with reporting requirements. Without such surveillance data and timely reports, trends cannot be accurately monitored; unusual occurrences of diseases (such as outbreaks) might not be detected, impacting the State's ability to appropriately respond; and the effectiveness of control and prevention activities cannot be easily assessed.

Maine is a dual reporting state. This means those with knowledge of the notifiable condition have a responsibility to report (not just laboratories), including:

- clinicians, including veterinarians;
- medical laboratories, including veterinary medical laboratories;
- health care facilities, including nursing homes and clinics;
- childcare facilities;
- correctional facility medical departments;
- educational institution administrators or owners;
- local health officers.

Please review the entire [Control of Notifiable Diseases and Conditions Rule](#).