




# Testing for HIV, STIs, & Viral Hepatitis in Pregnancy

## RECOMMEND TESTING FOR ALL INDICATED POPULATIONS ON AN OPT-OUT BASIS

- [Maine law](#) (2011) requires all clinicians to include an HIV test in the standard set of prenatal screening and medical tests.
- [Maine law](#) (2023) requires all clinicians to include HIV testing when conducting tests for other STIs.

Test	Initial Prenatal Visit 	Third Trimester 	Labor and Delivery 	Patients Presenting to Care or at Delivery with No Prenatal Care
<b>Syphilis</b>	All pregnant persons, each pregnancy	All pregnant persons (ACOG)/Pregnant persons at increased risk (CDC). <sup>1</sup>	All pregnant persons (ACOG)/Pregnant persons at increased risk (CDC). <sup>1,4</sup>	All pregnant persons
<b>HIV</b>	All pregnant persons, each pregnancy	Pregnant persons at increased risk <sup>2</sup>	Pregnant persons at increased risk	All pregnant persons
Consider HIV pre-exposure prophylaxis/PrEP <sup>3</sup>				
<b>Hepatitis B</b>	All pregnant persons, each pregnancy	Not routinely indicated	Pregnant persons at increased risk	All pregnant persons
<b>Hepatitis C</b>	All pregnant persons, each pregnancy	Pregnant persons at increased risk	Pregnant persons at increased risk	All pregnant persons
<b>Chlamydia</b>	All pregnant persons less than 25 years of age, pregnant persons at increased risk	All pregnant persons less than 25 years of age, pregnant persons at increased risk	Not routinely indicated	All pregnant persons
<b>Gonorrhea</b>	All pregnant persons less than 25 years of age, pregnant persons at increased risk	All pregnant persons less than 25 years of age, pregnant persons at increased risk	Not routinely indicated	All pregnant persons

### PEOPLE AT INCREASED RISK

- Injection drug users and their sex partners
- People who exchange sex for drugs, money, goods, or services
- People who are sex partners of HIV-infected persons
- People who have had a new or more than one sex partner, or who have had an STI during this pregnancy

### Sources

U.S. CDC: [Screening Recommendations](#)  
ACOG: [Screening for Syphilis in Pregnancy](#)



More information about test interpretation and treatment

### Footnotes:

- 1) Ideally at 28 weeks gestation
- 2) Ideally before 36 weeks gestation
- 3) If HIV testing is negative and the pregnant person has ongoing risk of exposure to HIV.
- 4) This includes persons who deliver a stillborn infant. Infants should not be discharged from the hospital until there is documentation that the birthing person has been tested for syphilis at least once in this pregnancy.