





TESTING FOR HIV, STIs, and VIRAL HEPATITIS

RECOMMEND OPT-OUT TESTING FOR ALL INDICATED POPULATIONS

- [Maine law](#) (2011) requires health care providers to include an HIV test in the standard set of prenatal screening and medical tests.
- [Maine law](#) (2023) requires all health care providers to include HIV testing when conducting tests for other STIs.

Test	Sexual exposures 	Drug use 	Pregnant Persons 	Universal 
HIV	Routine screening	Routine screening	All pregnant persons, each pregnancy	At least once for all patients 13-64 years old
Consider HIV pre-exposure prophylaxis/PrEP ²				
Hepatitis C Virus (HCV)	May be recommended ¹	Routine screening	All pregnant persons, each pregnancy	At least once for all patients 18 years old and older
Hepatitis B Virus (HBV)	Routine screening	Routine screening	All pregnant persons, each pregnancy	At least once for all patients 18 years old and older
Syphilis	Routine screening	Not indicated	All pregnant persons, each pregnancy	Not routinely indicated
Chlamydia	Routine screening	Not indicated	All pregnant persons, each pregnancy	Not routinely indicated
Gonorrhea	Routine screening	Not indicated	All pregnant persons, each pregnancy	Not routinely indicated
REPEAT SCREENING MAY BE INDICATED ³				

PEOPLE AT INCREASED RISK

- People who use drugs (injection, intranasal, or crack pipes) or share drug prep equipment
- People with multiple or anonymous sex partners, or who exchange sex for drugs, money, goods, or services
- Male-to-male sexual contact
- People diagnosed or treated for STIs
- People who have sex with someone living with HIV, someone at increased risk for HIV, or whose sexual history is unknown
- People who have been incarcerated (jail or prison)

Sources

U.S. CDC: [Screening Recommendations](#)
ACOG: [Screening for Syphilis in Pregnancy](#)



More information about test interpretation and treatment

Footnotes:

- 1) Offer to people who have male-to-male sexual contact and/or have had sex with a known HCV-infected person
- 2) If HIV testing is negative and the person has ongoing risk of exposure to HIV
- 3) Repeat screening may be recommended for anyone with ongoing risk behaviors (including in pregnant persons)