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## Maine Health Alert Network (HAN) System

### PUBLIC HEALTH ADVISORY

**To:** Health Care Providers  
**From:** Dr. Puthiery Va, Maine CDC Director  
**Subject:** Expanded Measles Vaccination Recommendations for Domestic Travel  
**Date / Time:** Friday, April 11, 2025, at 9:20AM  
**Priority:** **High**  
**Pages:** 2  
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#### Summary

As of April 3, 2025, the U.S. CDC had been [notified](#) of 607 confirmed cases of measles across 22 states and jurisdictions. Measles is an airborne, extremely infectious, potentially severe rash illness. Since January 1, 2025, 12% of reported measles cases in the United States have been hospitalized. At the time of sending this HAN, the [U.S. CDC](#) has confirmed two measles deaths in 2025.

The risk of measles infection remains low for most people in Maine given high rates of MMR immunization in the state. Likewise, across the United States, risk of infection remains low due to high immunization coverage in most communities and rapid case identification and response efforts underway. The measles, mumps, rubella (MMR) vaccination is safe, effective, and the best way to protect against measles and measles-associated complications.

#### Updated Recommendations

Given the ongoing spread of measles cases in the U.S., the Maine CDC is expanding vaccination recommendations beyond current U.S. CDC recommendations for children who may be traveling to a region with a known active measles outbreak. Changes are underlined in the text below. The Maine CDC recommends:

- **Infants 6-11 months old** should receive a dose of MMR if they are traveling internationally or traveling domestically to a region with a [known active measles outbreak](#). (Please note that this early dose does not count toward the normal series.)
- **Everyone 12 months and older** should receive two doses of a measles containing vaccine, if they are not already vaccinated or immune and they are traveling internationally or traveling domestically to a region with a known active measles outbreak.
  - Acceptable evidence of immunity against measles includes at least one of the following:
    - Written documentation of adequate vaccination

- Laboratory evidence of immunity
  - Laboratory confirmation of measles
  - Birth in the United States before 1957
- **Individuals who received a [measles](#) vaccine between 1963 to 1967** are encouraged to speak with their doctor to determine if additional vaccination is needed. Individuals known to have received an inactivated dose measles vaccine should receive a single dose of MMR. Five percent of people who received measles vaccine between 1963 and 1967 received an inactivated vaccine.

## Reporting Reminder

Measles is reportable to the Maine CDC upon provider suspicion of illness. To report, call 800-821-5821.

For more information:

- [Maine CDC: Measles](#)
- [U.S. CDC: Measles cases and outbreaks](#)
- [Texas DSHS: measles outbreak updates](#)
- [Maine CDC Health Advisory: U.S. CDC: Expanding Measles Outbreak in Texas and New Mexico and Guidance for the Upcoming Travel Season \(March 14, 2025\)](#)