



# Legionella:



## Maintaining humidifiers and CPAP machines

- Humidifiers and CPAP machines can host *Legionella* bacteria and transfer it to your lungs through the fine mist of water.
- *Legionella* can grow in almost any system or equipment containing nonsterile water, such as tap water.

Perform these activities regularly:

- ☐ Clean your equipment per the manufacturer's instructions to keep it free of bacteria.

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- ☐ Empty and clean tanks daily. Allow to dry between uses.

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- ☐ Fill your tank with distilled water or water that you boiled for one minute and then let cool down.

