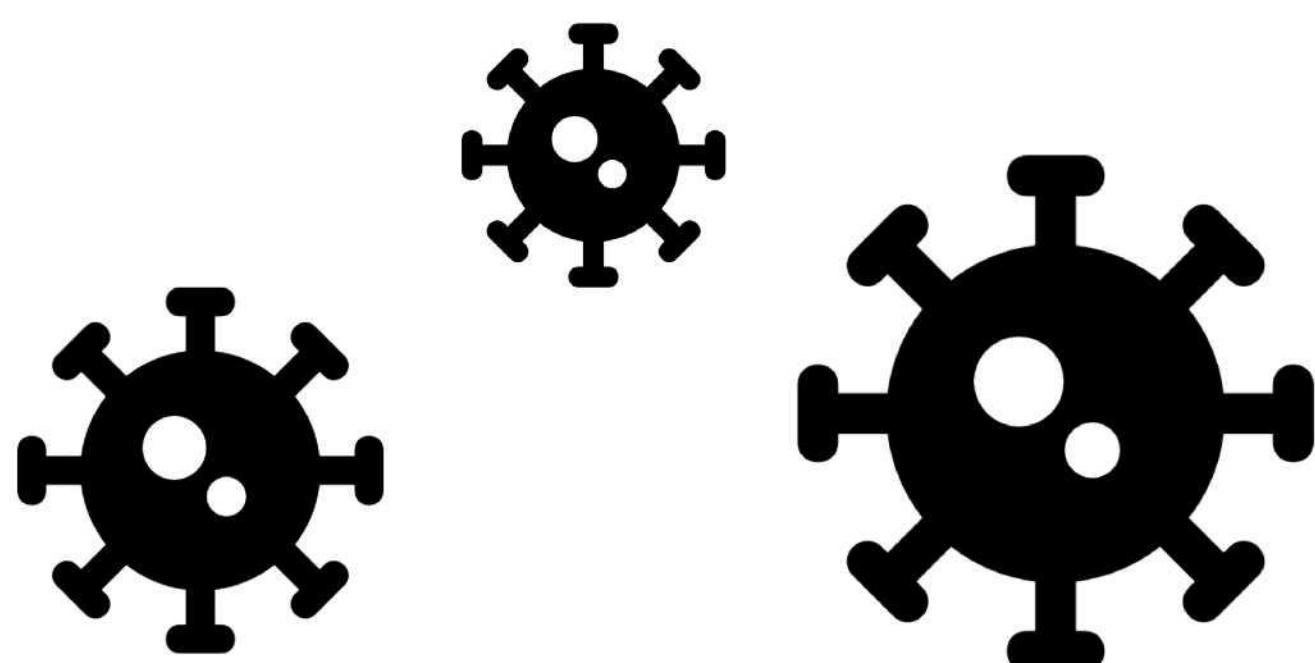


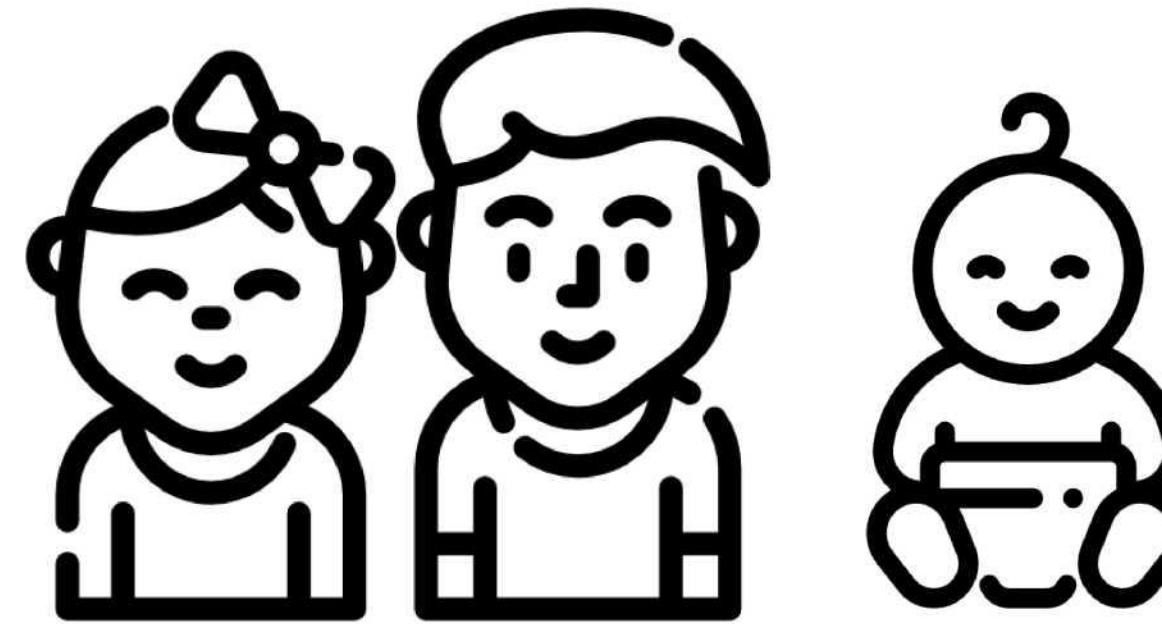


Rougeole (Rubeola)

Makambo ya solo



Rougeole eza maladi ya pema oyo epesamaka makasi na bato mosusu pe eutaka na virus. Babengaka yango pe rubeola. Rougeole epesamaka na bato mosusu na nzela ya kokosola pe ya likisé (éternuer).



Moto nionso akoki kobela rougeole. Kasi, bato moke penza bakoki kaka kozwa rougeole ata bazwi dose mibale ya mangwele. Rougeole eza likama makasi po na babébé pe bana ya mike.

Signs and Symptoms



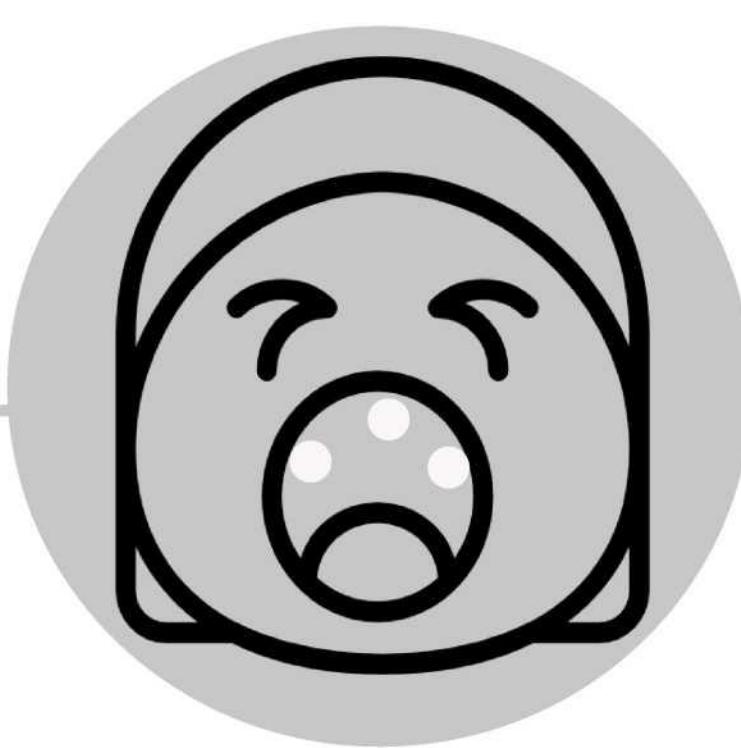
Tache



Fièvre ya makasi



Kosukosu



Ba tache ya mike ya pembe nakati ya munoko

Rougeole ekoki kobelisa fièvre makasi, kosukosu, pe tache. Mbala mingi ba taches ebandaka na elongi esika suki ebandi. Na sima epanzanaka na kingo, na nzoto(ntolo pe libumu), na maboko, na makolo pe na misapi. Ntango ba taches ebandaka, fièvre na nzoto ya moto ekoki kokoma kino koleka ba 104 degré Fahrenheit. Zolo motani pe kotanga, miso etondi na mpisoli eza pe bilembo na yango.

Mikolo mibale to misato sima ya kobima ya bilembo, ba taches ya mike ya pembe ekoki komonana na kati ya munoko. Mbala mingi bilembo ebimaka na eleko ya mikolo mwambe kino zomi na mibale sima ya kokutana na moto aza na maladi wana.

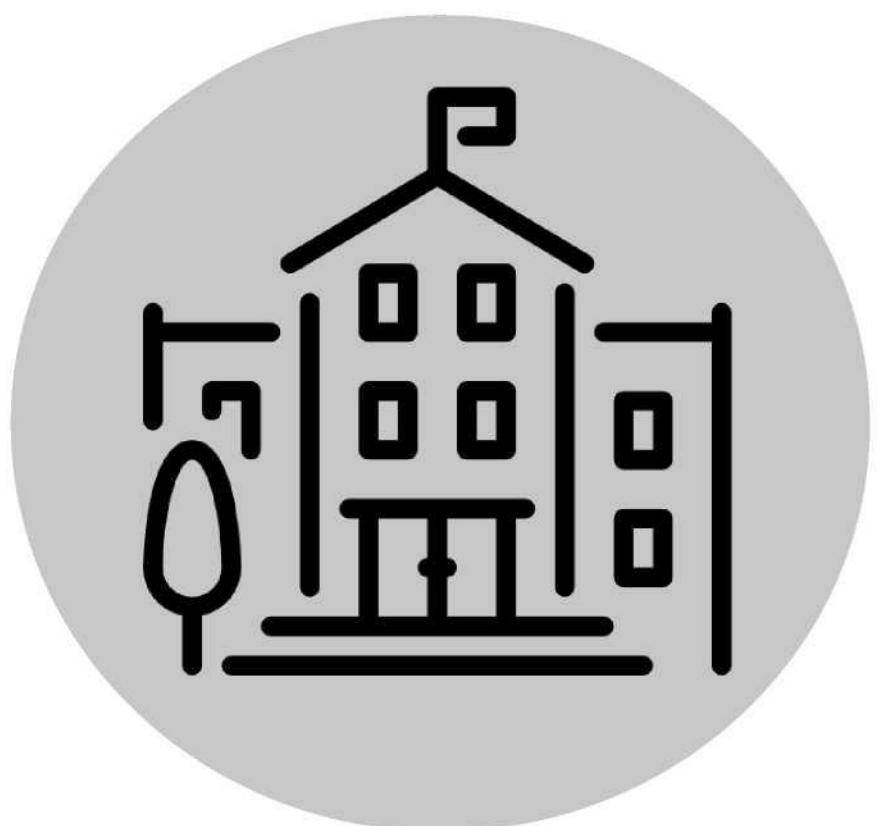


Solola na monganga na yo soki okanisi ozobela rougeole. Monganga na yo akoki kozwa mwa ndambo ya mayi ya zolo pe ya mongongo na yo po na kosala ekzame ya rougeole. Monganga na yo akoki pe kozwa makila po na kosala ekzame. Kisi ezalaka te po na rougeole.

Lopitalo, Kelasi, pe Bisika Babatelaka Bana



Bato oyo basalaka na balopitalo basengeli kozala na mikanda endimisi ete bakoki kozwa rougeole te. Po na yango basengeli kozwa mangwele to kosala ekzame na laboratoire.



Bana pe mikolo oyo baza na bilembo basengeli te kokende na lopitalo, na kelasi, to na mosala mokolo oyo ba taches ebandi pe mikolo minei oyo elandi



Ekoki kosenga ete bato oyo bazwi mangwele te pe bakutani na bato baza na maladi wana batikala na ndako na eleko ya molaï penza.

Komibatela



- Lolenge eleki malamu ya kokitisa likama ya kozwa rougeole eza kozwa mangwele (oyo babengaka mbala mingi MMR). Mangwele ya rougeole ezalaka penza makasi.
- Solola na monganga na yo po na koyeba soki oza na nzela.

Po na koyeba makambo mingi, kende na:



1. www.maine.gov/dhhs/measles
2. www.cdc.gov/measles

Okoki pe kobenga Maine CDC na 1-800-821-5821.