## Fifth Disease

Fact Sheet



Fifth disease is a mild rash illness caused by parvovirus B19. It is more common in children than adults.





Parvovirus B19 spreads through coughing and sneezing. It can also spread through blood.

## **Common Signs and Symptoms**



Signs and symptoms also include a runny nose, joint pain, and joint swelling. The most recognized symptom is a red rash on the face called "slapped cheek" rash. Some people develop a second rash on their chest, buttocks, or arms and legs.

## Prevention



Wash hands with soap and water



 Cover your nose and mouth with a tissue or sleeve when coughing or sneezing

## For More Information

Visit www.cdc.gov/parvovirusb19.

You can also call Maine CDC at 1-800-821-5821.

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