

# Cwalo Gangi ma tye ki Lutino ma tino ka nongo kony kamukene



onyo go nama cim  
207-287-3991

## Purgam pa WIC Ma kwako kit Cam (WIC)

WIC konyo mon ma yac, mon ma doto lutino, ki dong lutino ma tye ki mwaka ma romo 5, medo ki mukene ma ki gwoko agwoka. WIC obedo kony ma ber pi cam bene miyu cam ma ber pi yot kom, pwony ma kwako kit cam, kony ma kwako doto lutino ki dong cwalo dano ka nongo kony ki kamukene.



onyo go nama cim  
877-770-8883

Miyo kony bot Lutino ma tino  
ma tye ki peko ma gengo gi  
dongo ma ber / Konyo Lutino  
ma tino wek gu dong ma ber



## Dul ma konyo Lutino ma tye ki Goro Me Yot Kum (CSHN)

Dul ma konyo Lutino ma tye ki Goro Me Yot Kum tiyu karacek ki jo gang pa lutino ma tye ki goro me yot kum ma mwaka gi kato 22 ku. Dul ma konyo Lutino ma tye ki Goro Me Yot Kum (CSHN) konyo gangi ki dul nongo jami ma mite pi konyo latin gi. Lutic romo ka pwonyo gangi ki jemi me yot kom ma patpat, kupu gi wek gu nong kony ma ber.



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1-888-644-1130

## Maka Maber ma konyo ka cwalo dano nongo kony kamukene



## Pulan me Kony ma Ber (POSC)

Pulan pa Maine ma kwako Kony ma Ber tye ikin la mi kony me yot kum onyo kit kony mukene, min ki/onyo lu gwok mukene, neno teko pa gang ki ngo ma mite, jemi ma ber me tic ki bene ngo ma romo time ma konyo lutino ma kum gi obale ki bene gangi gi. Pulan me Gwok ma Ber bene tye ki yub me cwalo dano kamukene wek gu nong kony onyo mino ngec ma mite me konyo gangi me neno kit ma gin tye kwede la ngec.



## Dul me Maine Bene gangi gi

Maine Bene gangi gi obedo dul pa dano ma konyo mon ma yac ki bene lunyodo ma pwud gu nywal anywala. Dano ma mino kony ikin gang obi kupe kwedi wek gu nong ngec ki jemi mukene ma romo konyo yot kum pa latini ki bene gangi weng.



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## Pwonyo Dano Lok ma Kwako Yot kum (PHN)

Lutic me yot kum me Maine CDC pwonyo dano ki lok ma kwako yot kum ikin gang. Latic me Yot kum ma Pwonyo Dano Lok ma Kwako romo cero bot Mon ma yac ki ma dong onywala medo ki lutino ma pwud ki nywalo anywala ki mukene ma romo dwe 12. Ka ce itye ki lapeny ma kwako yot kumi onyo pa latini, iromo gono nama cim pa Maka Maber ci ileg naci icawa mo kiken.

## Kony ma kwako yot kum ma Maine miyo

Kony ma kwako yot kum ma Maine miyo (CoverME.gov) miu ngec ma kwako kony me yot kum pi Maine bene gangi gi ma wel ne yot. Iromo bene nongo kit coc ma kwako dul ma nonge kama in itye iye wek okonyi ka ngeyo kama obi tunu iye ci ityek kwac ma meri.

Ka imitu ka menyo kod me QR, yap kamera ki cimi. Ci wek ocim  
kod me QR ma imitu ka menyo. Mo kit coc me ngec ma tye iwi  
maraya — di ci ibi cero wa kama ngec nonge iye.  
Dul eni konyo dano weng.

